

1 **A women’s perspective**

2 **Table 1 Inclusion criteria**

Complaints fitting with DSM-5 criteria	Somatic symptoms	Breast tenderness, joint or muscle pain, bloating, weight gain
	Psychological symptoms	Mood swings, irritability, being depressed, loss of interest, concentration or energy, change in appetite
Occurring cyclically	Occurring in luteal phase and disappearing at the onset of menses	Start between ovulation and menstruation; and symptom-free on which day of menstruation
Being able to communicate in Dutch or English		

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