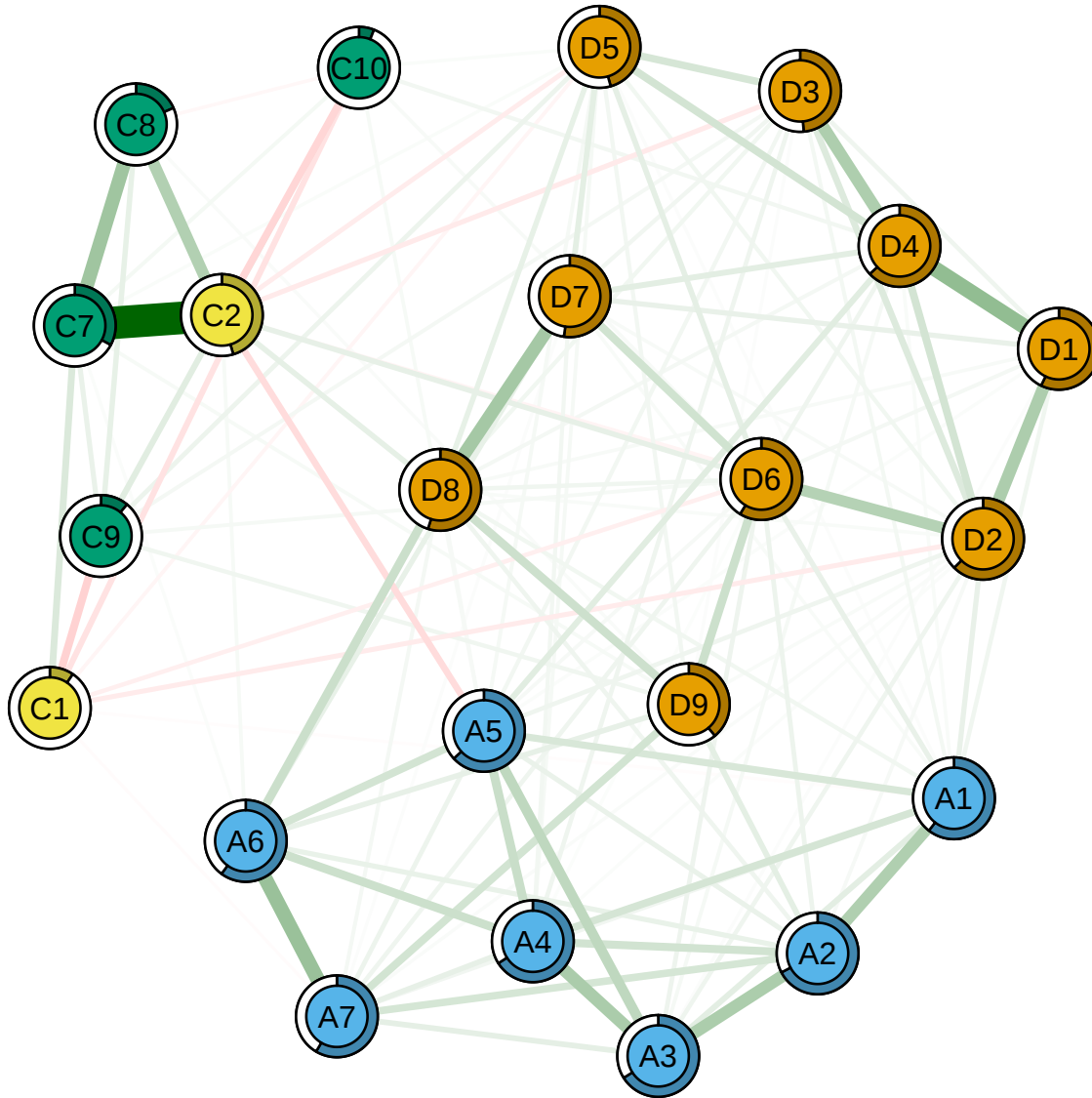




Depressive symptoms

- D1: Anhedonia
- D2: Sad Mood
- D3: Trouble sleeping
- D4: Fatigue or little energy
- D5: Poor appetite or overeating
- D6: Guilty
- D7: Trouble concentrating
- D8: Moving slowly or restless
- D9: Suicidal thoughts

Anxiety symptoms

- A1: Nervousness
- A2: Uncontrollable worry
- A3: Excessive Worry
- A4: Trouble relaxing
- A5: Restlessness
- A6: Irritability
- A7: Feeling afraid

lifestyle factors

- C7: Tobacco use
- C8: Alcohol consumption
- C9: Habitual diet rhythm
- C10: Physical exercise frequency

Covariates

- C1: Age
- C2: Gender