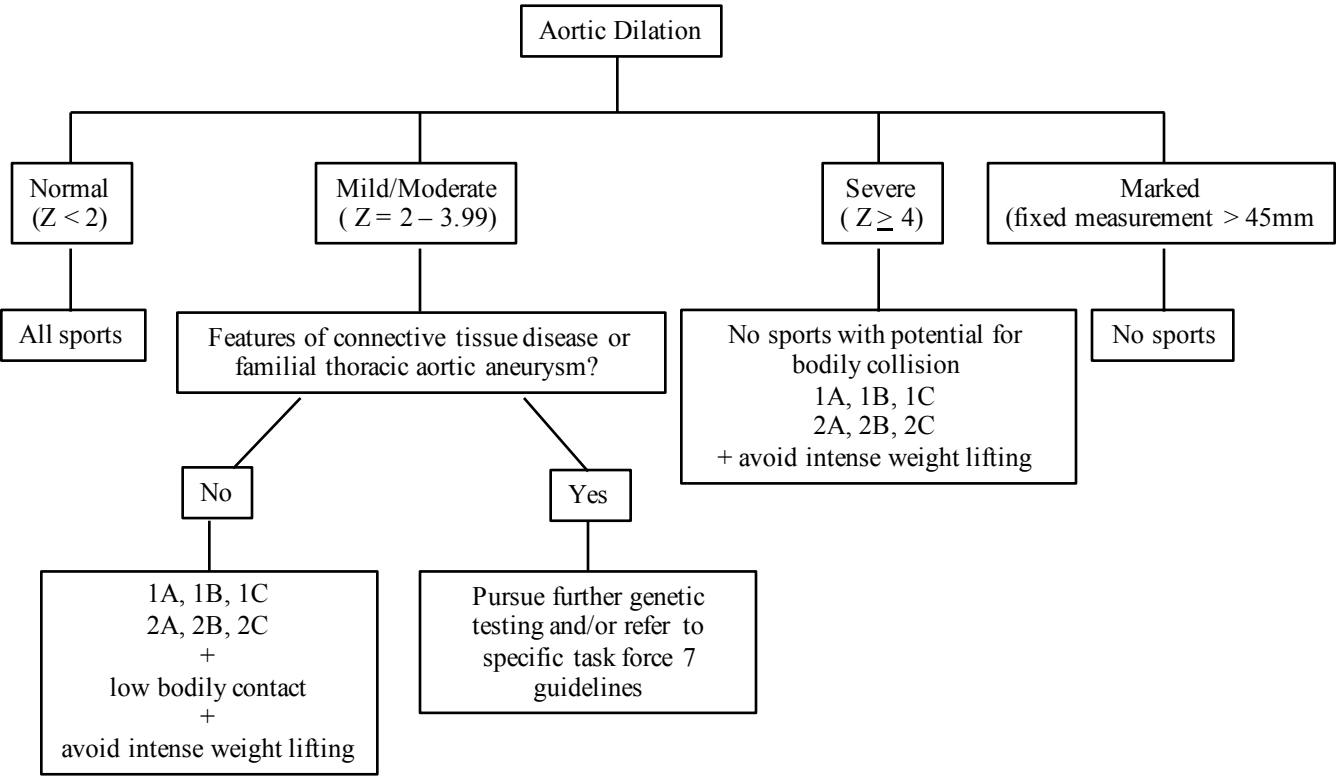
C)


Aortic Dilation
Normal (Z < 2)
Mild/Moderate (Z = 2 – 3.99)
Severe (Z ≥ 4)
Marked (fixed measurement > 45mm
All sports
Features of connective tissue disease or familial thoracic aortic aneurysm?
No sports with potential for bodily collision
1A, 1B, 1C
2A, 2B, 2C
+ avoid intense weight lifting
No sports
No
Yes
1A, 1B, 1C
2A, 2B, 2C
+
low bodily contact
+
avoid intense weight lifting
Pursue further genetic testing and/or refer to specific task force 7 guidelines