

Supplementary Materials

Table S1 Vocabulary

German word	Japanese word	German word	Japanese word
Braten	yakiniku	wohlhabend	yūfuku
Garderobe	kurōku	Foto	shashin
Urlaub	kyūka	Geschenk	okurimono
Bildung	kyōyō	Brille	megane
Küche	daidokoro	reden	hanasu
Höhe	takasa	kochen	tsukuru
Schere	hasami	Marke	burando
schlafen	nemuru	lernen	manabu
erwidern	kotaeru	unbekannt	shiranai
abweichen	soreru	Angler	tsuribito
fühlen	kanjiru	beharrlich	nebarizuyoi
zierlich	kyasha	freundlich	yasashii
Eltern	ryōshin	fordern	motomeru
weiblich	onnarashii	finden	mitsukeru
Mahnung	keikoku	Schrank	todana
Fehler	machigai	unheimlich	monosugoku
färben	someru	deutlich	wakariyasui
Kerze	rōsoku	beweglich	ugokaseru
Paradies	rakuen	Gehalt	kyūryō
Pflanze	shokubutsu	unregelmäßig	fukisoku

Figure S2 Cumulative delays in start time of the learning period across days

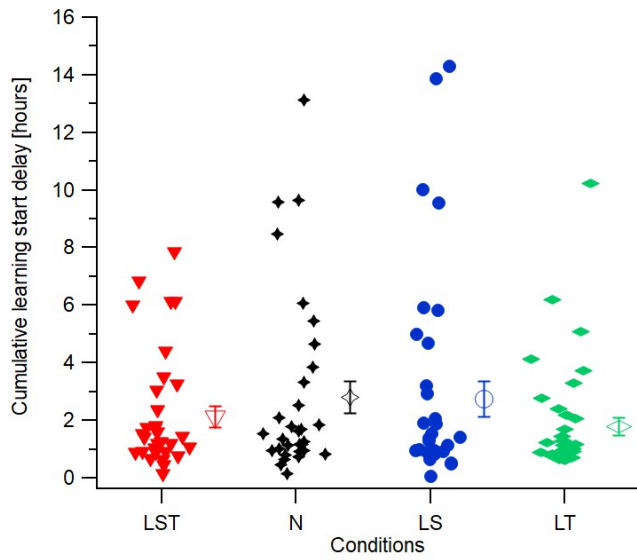


Figure S2: Cumulative delays in start time of the learning period across days. The different conditions (LST in red, N in black, LS in blue and LT in dashed green) are displayed on the x-axis. The time in hours is shown on the y-axis. Each filled icon represents one participant. The grand means (larger unfilled icons) $\pm$ SEMs are displayed on the right-hand side of each cloud of icons. Shown are all participants of the corrected data.