

Table 1 Baseline characteristics

Variable	COPD (n=15)
Demographics	
Sex, n males (%)	10 (66.7)
Age [years]	64.6±6.50
Height [cm]	165.1±7.88
Weight [kg]	64.5±9.36
BMI [kg/m ²]	23.6±2.23
Ex-smokers (%)	9 (60)
Pack-years [smoker/ex]	22.0±20.07
Medication	
LAMA (%)	2 (13.3)
LABA (%)	3 (20)
LABA+LAMA (%)	10 (66.7)
GOLD classification	
I	0
II	6
III	4
IV	5
GOLD category	
A	1
B	7
C	2
D	5
Pulmonary function	
FEV ₁ [L]	1.1±0.63
FEV ₁ [% pred]	44.4±21.30
FVC [L]	2.2±1.03
FEV ₁ / FVC [%]	54.4±11.72
SVC [L]	2.3±0.98
PEF [L/s]	3.1±2.00

Enumeration data are presented as n, n (%), and measurement data are presented as mean±SD unless otherwise stated. BMI: body mass index; LAMA: long-acting muscarinic antagonists; LABA: long-acting beta₂-agonist; FEV₁: forced expiratory volume in 1 s; FVC: forced vital capacity; SVC: slow vital capacity; PEF: peak expiratory flow.