Effectiveness of deep hyperthermia combined with dynamic traction in the treatment of knee osteoarthritis

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Supplementary Table 1. Alder classification criteria

Grade	Ultrasound manifestations
0	With no color blood flow signal.
1	With few (1–2) dotty blood flow signals.
2	With 3–4 dotty blood flow signals, or short linear signal, and distributed over less than 1/2 of the synovium area.
3	With rich branchy or reticular blood flow signals, and distributed over 1/2 of the synovium area.