Parameter	Mean (standard deviation)
Number of subjects (eyes; right/left)	37 (72; 36/36)
Age (years)	51.3 (12.9)
AL (mm)	24.3 (1.0)
Spherical equivalent refraction (diopters)	−1.55 (2.02)
Best-corrected decimal visual acuity	1.5 (0.9 ~ 1.5)*
Central corneal thickness (μm)	515 (29)
Corneal curvature (mm)	7.75 (0.28)
IOP (mmHg)	13.6 (0.8)
Disc area (mm^2)	2.21 (0.37)
VF_{mean} (dB)	30.3 (1.1)
$VF_{4TestPoints}$ (dB)	33.0 (0.8)
CpRNFLT (μm)	106.8 (8.7)
$GCIPLT_{4TestPoints}$ (μm)	87.8 (6.4)

Table 1. Summary of subjects' characteristics.

The data are expressed as the mean (standard deviation). VF_{mean} , mean visual field (VF) sensitivities (dB) of 52 test points of the HFA 24-2 test; $VF_{4TestPoints}$, mean VF sensitivity of the central 4 test points of the HFA 24-2; cpRNFLT, circumpapillary retinal nerve fiber layer thickness measured and averaged over the entire circumference of the circle with a diameter of 3.4 mm centered on the barycenter of clinical disc; $GCIPLT_{4TestPoints}$, mean ganglion cell-inner plexiform layer thicknesses in a circular retinal area with a diameter of 0.6 mm (approximately 2 degrees of the visual angle) corresponding to the four central test points of the HFA 24-2, adjusted for RGC displacement according to Drasdo *et al.* [25]. All measured values listed were obtained at the baseline examination.

*Median (range).

Item	Estimate*	Standard error	*p* value
Intercept	13.9	2.7	<0.001
Duration=time (years)	-0.121	0.019	<0.001
VF_{mean} at baseline (dB)	0.604	0.058	<0.001
VF_{mean} at baseline × duration	-0.111	0.005	<0.001
Age at baseline (years)	-0.021	0.005	<0.001
Age at baseline × duration	-0.009	0.002	<0.001
AL (mm)	-0.022	0.061	0.725
AL × duration	0.006	0.020	0.777

Table 2. Factors contributing to the aging-related changes in VF_{mean} in normal Japanese subjects.

$VF_{mean,}$ mean visual field sensitivity of 52 test points of the HFA 24-2 test; VF_{mean} at baseline × duration, interaction between VF_{mean} at baseline and duration (time lapse from the baseline measurement); age at baseline ×duration, interaction between age and duration (time lapse from the baseline measurement); AL × duration, interaction between AL and duration (time lapse from the baseline measurement). *Estimated coefficient value.

Item	Estimate*	Standard error	*p* value
Intercept	21.9	3.42	<0.001
Duration=time (years)	-0.185	0.027	<0.001
$VF_{4TestPoints}$ at baseline (dB)	0.432	0.070	<0.001
$VF_{4TestPoints}$ × duration	-0.143	0.031	<0.001
Age at baseline (years)	-0.028	0.006	<0.001
Age at baseline × duration	-0.010	0.002	<0.001
AL (mm)	-0.063	0.068	0.356
Al × duration	-0.010	0.029	0.729

Table 3. Factors contributing to aging-related changes in $VF_{4TestPoints}$ in normal Japanese subjects.

$VF_{4TestPoints,}$ mean VF sensitivity of the central four test points of the HFA 24-2 test; $VF_{4TestPoints}$ at baseline × duration, interaction between $VF_{4TestPoints}$ at baseline and duration (time lapse from the baseline measurement); age at baseline × duration, interaction between baseline age and duration (time lapse from the baseline measurement); AL × duration, interaction between AL and duration (time lapse from the baseline measurement). *Estimated coefficient value.

Item	Estimate*	Standard error	*p* value
Intercept	5.48	1.94	0.005
Duration=time (years)	0.067	0.072	0.352
CpRNFLT at baseline (μm)	1.00	0.009	<0.001
CpRNFLT at baseline × duration	0.001	0.010	0.934
Age at baseline (years)	-0.025	0.006	<0.001
Age at baseline × duration	-0.021	0.006	0.001
Axial length (mm)	-0.153	0.071	0.030
Axial length × duration	-0.132	0.075	0.078
Disc area (mm^2)	-0.619	0.181	<0.001
Disc area × duration	−0.128	0.192	0.505

Table 4. Factors contributing to aging-related changes in the cpRNFLT in normal Japanese subjects.

CpRNFLT, circumpapillary retinal nerve fiber layer thickness measured and averaged over whole circumference of the circle with a diameter of 3.4 mm centered on the barycenter of clinical disc; cpRNFLT at baseline × duration, interaction between the cpRNFLT at baseline and duration (time lapse from the baseline measurement); age at baseline × duration, interaction between baseline age and duration (time lapse from the baseline measurement); AL × duration, interaction between AL and duration (time lapse from the baseline measurement); disc area × duration, interaction between disc area and duration (time lapse from the baseline measurement). *Estimated coefficient value.

Item	Estimate*	Standard error	*p* value
Intercept	4.69	1.16	<0.001
Duration=time (years)	-0.064	0.040	0.114
$GCIPLT_{4TestPoints}$ at baseline (μm)	0.992	0.006	<0.001
$GCIPLT_{4TestPoints}$ at baseline × duration	-0.008	0.007	0.238
Age at baseline (years)	-0.025	0.003	<0.001
Age at baseline × duration	-0.010	0.0034	0.004
AL (mm)	-0.092	0.039	0.019
AL ×duration	-0.056	0.041	0.174
Disc area (mm^2)	-0.191	0.097	0.048
Disc area × duration	-0.188	0.102	0.067

Table 5. Factors contributing to aging-related changes in the $GCIPLT_{4TestPoints}$ in normal Japanese subjects.

$GCIPLT_{4TestPoints}$, the mean of ganglion cell-inner plexiform layer thicknesses in a circular retinal area with a diameter of 0.6 mm (corresponding to about 2 degrees of visual angle) in the four central test points of the HFA 24-2 test, adjusted for RGC displacement according to Drasdo et al. [25] $GCIPLT_{4TestPoints}$ at baseline × duration, interaction between the $GCIPLT_{4TestPoints}$ at baseline and duration (time lapse from the baseline measurement); age at baseline × duration, interaction between baseline age and duration (time lapse from the baseline measurement); AL × duration, interaction between AL and duration (time lapse from the baseline measurement); disc area × duration, interaction between disc area and duration (time lapse from the baseline measurement). *Estimated coefficient value.