

	Strategy 1 n=163	Strategy 2 n=233	P-value
Maternal age (years; mean $\pm$ SD)	32.2 $\pm$ 5	32.0 $\pm$ 5	0.78
BMI (kg/m ² ; mean $\pm$ SD)	22.9 $\pm$ 4	23.7 $\pm$ 5	0.09
Spontaneous conception (n, %)	157 (96)	227 (97)	0.53
Chronic hypertension (n, %)	9 (6)	13 (6)	0.98
Pre-gestational diabetes (n, %)	2 (1.2)	2 (0.9)	0.72
Smoking (n, %)	25 (15)	31 (13)	0.56
Pre-eclampsia (n, %)	26 (16)	37 (16)	0.91
GDM (n, %)	9 (6)	25 (11)	0.07
FGR (n, %)	40 (25)	138 (59)	<0.001
Early diagnosis ($\leq$ 32 weeks) (n, %)	119 (73)	196 (84)	0.007
Gestational age at birth (weeks; median $\pm$ IQR)	37 (35-39)	37 (35-39)	0.76
Birth weight (gr.; mean $\pm$ SD)	2,331 $\pm$ 709	2,333 $\pm$ 609	0.99
Cesarean sections (n, %)	101 (62)	139 (60)	0.64

Table 1 Baseline characteristics of the population.

SD= Standard Deviation. BMI= Body mass index. GDM= Gestational diabetes. FGR= Fetal growth restriction. Early diagnosis= Diagnosis of low fetal weight ≤ 32 weeks. Late diagnosis= Diagnosis of low fetal weight > 32 weeks. IQR= Interquartile range. gr= grams.