

Prevalence of Use of Smart Devices in Children Aged Five Years or Less and Associated Factors in Kuwait

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A. Socio-demographics :

1. Gender:

☐₁ Male

☐₂ Female

2. Age of Father: _____ years

3. Age of Mother: _____ years

4. Nationality:

☐₁ Kuwaiti

☐₂ Non-Kuwaiti Arab

☐₃ Non-Kuwaiti Non-Arab

5. Marital status:

☐₁ Married

☐₂ Divorced /Separated

☐₃ Widow/Widower

6. Highest educational level of each parent:

A) Father

☐₁ Reads and writes only

☐₂ High school or less

☐₃ Diploma

☐₄ Bachelor's Degree

☐₅ Higher education

B) Mother

☐₁ Reads and writes only

☐₂ High school or less

☐₃ Diploma

☐₄ Bachelor's Degree

☐₅ Higher education

7. Total family income per month:

☐₁ Less than 500 KD

☐₃ 1001-2000KD

☐₂ 500-1000 KD

☐₄ More than 2000KD

8. Governate:

☐₁ Farwaniya

☐₃ Al-Asimah

☐₅ Mubarak Alkabeer

☐₂ Hawalli

☐₄ Jahra

☐₆ Ahmadi

9. Number of children: _____

B. Children less than 2 years old use of smart devices (Mobile, laptops, ipads):

10. Do you have a child less than 2 years old?

☐₁ Yes

☐₂ No. Proceed to question 19

11. Do you have a child less than 2 years old with special needs?

☐₁ Yes

☐₂ No

12. Has your less than 2 years old child/children ever used a smart device/s?

☐₁ Yes

☐₂ Used to, but stopped

☐₃ No, proceed to question 19

13. Does your less than 2 years old child/children use smart device/s on daily basis?

☐₁ Yes

☐₂ No

14. How many hour/s on average does your less than 2 years old child/children spend using smart device/s?

☐₁ 1 hour or less per day

☐₂ More than 1 hour per day

15. When does your less than 2 years old child/children use smart device/s?

Before bed

☐₁ Yes

☐₂ No

During meal time

☐₁ Yes

☐₂ No

During transportation

☐₁ Yes

☐₂ No

During free time

☐₁ Yes

☐₂ No

Other times

☐₁ Yes,

☐₂ No

please specify:.....

16. Why do you give your less than 2 years old child/children smart device/s?

Because you are busy

☐₁ Yes

☐₂ No

Because your child asks for it

☐₁ Yes

☐₂ No

To calm him down

☐₁ Yes

☐₂ No

Other reasons

☐₁ Yes,

☐₂ No

17. What activity does your less than 2 years old child/children do on the smart device/s?

Videos

☐₁ Yes

☐₂ No

Photographs & use camera

☐₁ Yes

☐₂ No

Games

☐₁ Yes

☐₂ No

Educational programs

☐₁ Yes

☐₂ No

Video calling

☐₁ Yes

☐₂ No

18. Do you restrict your less than 2 years child/children use of smart device/s according to:

☐₁ Time and content

☐₂ Content only

☐₃ Time only

☐₄ None

C. Children 2-5 years old use of smart devices:

19. Do you have child 2-5 years?

☐₁ Yes

☐₂ No, proceed to question 28

20. Do you have a child 2-5 years old with special needs?

☐₁ Yes

☐₂ No

21. Has your 2-5 years old child/children ever used a smart device/s?

☐₁ Yes

☐₂ Used to, but stopped

☐₃ No, proceed to question 28

22. Does your 2-5 years old child/children use smart device/s on daily basis?

☐₁ Yes

☐₂ No

23. How many hour/s on average does your 2-5 years old child/children spend using smart device/s?

☐₁ 1 hour or less per day

☐₂ More than 1 hour per day

24. When does your 2-5 years old child/children use smart device/s?

Before bed ☐₁ Yes ☐₂ No
During mealtime ☐₁ Yes ☐₂ No
During transportation ☐₁ Yes ☐₂ No
During Free time ☐₁ Yes ☐₂ No
Other times ☐₁ Yes, ☐₂ No
please specify:.....

25. Why do you give your 2-5 years old child/children smart device/devices?

Because you are busy ☐₁ Yes ☐₂ No
Because your child asks for it ☐₁ Yes ☐₂ No
To calm him down ☐₁ Yes ☐₂ No
Other reasons ☐₁ Yes, ☐₂ No

26. What activity does your 2-5 years old child/children do on the smart device/s?

Videos ☐₁ Yes ☐₂ No
Photographs & use camera ☐₁ Yes ☐₂ No
Games ☐₁ Yes ☐₂ No
Educational programs ☐₁ Yes ☐₂ No
Video calling ☐₁ Yes ☐₂ No

27. Do you restrict your 2-5 years old child/children use of smart device/s according to:

☐₁ Time and content ☐₂ Content only ☐₃ Time only ☐₄ None

D. Parent use of smart devices and their knowledge:

28. Do you have a smart device?

☐₁ Yes ☐₂ No. Proceed to question 31

29. How many hours on average do you spend on smart device/s per day?

☐₁ Less than 2 hours ☐₂ 2-4 ☐₃ More than 4

30. Do you use your smart device around your children?

☐₁ Always ☐₂ Sometimes ☐₃ Never

31. Do you know that smart devices use at early age might harm your child?

☐₁ Yes ☐₂ No

Thank you very much for your participation!