

	Unit	Weight (kg)	Notes
Food Wastes	1 bowl	0.25	From BHWs
	1 cup	0.2	From BHWs
Paper wastes			
paper bag from grocery stores (brown)	1 pc	0.0395558	
tissue	1 pc	0.03	30gsm
tissue core	1 pc	0.0053904	
receipt	1 pc	0.002	
typewriting	1 pc	0.006666667	80gsm
Boxes			
shoe boxes	1 pc	0.3	regular shoes (Milano)
pizza	1 pc	0.153	Pizza hut 13"
soap	1 pc	0.0095099	Silka
milk	1 pc	0.153	apply pizza box's weight
cheese	1 pc	0.0087278	Eden
cake	1 pc	0.153	apply pizza box's weight
fruit juices	1 pc	0.153	apply pizza box's weight
Plastics			
Pet bottles			
500 mL	1 pc	0.056	apply coke 1.75
1 L	1 pc	0.056	apply coke 1.75
4L	1pc	0.056	apply coke 1.75
Wilkins (16 L)	1 pc	0.056	apply coke 1.75
Coke 1.75L	1 pc	0.056	
Soft plastics			
shampoo	1 pc	0.0026558	Sunsilk
plastic bag	1 pc	0.0006074	for take out food
sando bag small	1 pc	0.001982	stripes
sando bag big	1 pc	0.002	
toothpaste	1 pc	0.0034247	Half Colgate
soap	1 pc	0.0006839	Safeguard

laundry soap	1 pc	0.0008858	Half tide
seasoning (ajinomoto, magic sarap)	1 pc	0.000763	Magic sarap
Soy sauce	1 pc	0.0031328	Datu puti
noodles	1 pc	0.0012888	Payless
chips	1 pc	0.004373	Piatos
juice tetra pack	1 pc	0.0059758	Zesto
biscuits	1 pc	0.0010406	Cream-o
home-made biscuits	1 pc	0.0009725	
small mixed nuts	1 pc	0.0005605	Dingdong
candies	1 pc	0.0001579	Lush
coffee	1 pc	0.0012128	Kopiko
hotdogs	1 pc	0.0012128	apply coffee
dishwashing soap	1 pc	0.0012128	apply coffee
disposable cups	1 pc	0.0023167	
Hard plastics			
shampoo bottle	1 pc	0.06	Sunsilk 350mL
bleach	1 pc	0.045	Zonrox 500mL
lotion	1 pc	0.04	Vaseline 100mL
deodorant	1 pc	0.035	White Result 75mL
moisturizer	1 pc	0.035?	
powder	1 pc	0.02	Johnson's 50g
seasoning	1 pc	0.048	
Soy sauce	1 pc	0.048	Silver Swan 1L
dishwashing soap	1 pc	0.045	apply bleach
laundry soap	1 pc	0.045	apply bleach
plastic utensils	1 pc	0.0025246	spoon
bucket	1 pc	0.6	white approx. 20L
monoblock	1 pc	1.4	without back rest
Glass Wastes			
oil/seasoning	1 pc	0.23	Oil
Sauce	1 pc	0.25	Mang Tomas 325g
liquor	1 pc	0.275	San Miguel Light 330mL

Metals			
Canned goods	1 pc	0.039	Master Sardines