Co-design adaptations during the COVID-19 pandemic

An online workshop to share experiences and explore what was lost and gained

Co-Design
beyond pandemics

Background

The pandemic led to rapid adaptations in participatory practices and techniques, as well as loss, limitations and delays in co-design – particularly impacting marginalized and equity-seeking groups. During the COVID19- pandemic, the urgency with which design researchers and practitioners moved to adapt project timelines and techniques, and the need to share knowledge in this regard, are reflected in the number of informal knowledge exchange opportunities that arose over the last two years.

Through this project, a group of design researchers from Canada, UK and USA have come together to identify resilient and new practices that hold promise for enabling co-design in health, while equity and inclusion are enhanced. As a group, we aim to capture and synthesize emerging practices and adaptations that have impacted the field of co-design in health, specifically addressing issues of equity, diversity, and inclusion, with new guidance on techniques that can endure beyond the pandemic. An on-going learning from these works.

For this project, we will conduct three online workshops in five time zones: 1) to exchange knowledge and gather information around participatory adaption during the pandemic (1st workshop), 2) to develop theories we identified through previous research methods (what happened, why it happened, and what the enablers/barriers were) (2nd workshop), and 3) to identify resources of project outputs that need developing for building capacity for community of practice members (3rd workshop).

This workshop focuses on your story, adaptations, gains/successes, failures/losses, and what you want to hear.

Note that a consent form was sent to you, and participation in the workshop indicates your consent. All non-confidential data and outputs will be openly shared.

Story sharing

Co-design efforts may have been curtailed, or adapted and evolved because of social distancing and other restrictions during the COVID19- pandemic. Some people were included and others excluded by new ways of working. These new ways of doing co-design activities may have enhanced or amplified certain qualities of co-design, or they may have restricted some features of co-design. The purpose of this event is to share:

1. Experiences of co-design adaptations during the COVID19- pandemic; what was good or did work, and what was bad or didn't work? And for whom and how?
2. What were the circumstances that made some things better and others worse?
3. What can be learnt from these experiences for future co-design to be more inclusive and widen participation in healthcare change?

Agenda

- Welcome and introduction (10 minutes)
- Activity structuring (5 minutes)
- Who is participating today? (10 minutes)
- Pandemic experiences (15 minutes)
- Values of co-design (30 minutes)
- Story prompts– Pandemic losses (35 minutes)
- Break (30 minutes)
- Story prompt– Pandemic gains (35 minutes)
- Review of reflections (30 minutes)
- What's next? (40 minutes)
- Wrap up and summary (15 minutes)

To ensure we are making the most of this workshop, we are sharing the following information:

- We will record the workshop.
- We will use a Miro board as a collaborative virtual space. If you are not familiar with Miro, please watch the following tutorial: https://www.youtube.com/watch?v=kRdtn8G4tlI

- You can use your name or a screen name for engaging in activities on the board. You also have an option to hide your identity and have access to the Miro board as an "Anonymous Guest Editor". You would have to either sign out of your current Miro session or access the board via a private/incognito browser window (or install a secondary browser and always access the board from that browser while not signed in). o assist with this focus, we provided the following activities and prompts:

- We will use breakout rooms to ensure we are providing an opportunity for all participants to engage in the activities and conversations.
- The value of the workshop is in including all voices sharing and exchanging experiences, knowledge, and opinions. Each breakout room will be facilitated by two persons: a main facilitator who will guide the activities, and another facilitator who will assist you through the process. Please let the facilitators know how to best engage you in the conversation.
- We invite you to consider how you might share your experiences and we provide some prompts to help structure a narrative for each.

- The sharing will need to focus on the adaptations (successes and failures) within projects, specifically through the EDI lens (Equity, Diversity, and Inclusion). To assist with this focus, we provided the following activities and prompts:

- Who is participating today?
- Pandemic experiences
- Value of co-design
- Story prompts– Pandemic losses
- Story prompt– Pandemic gains
- Reflection
- What's next?
- The main EDI areas

For a closer look at the activities and prompts, please follow the link below:

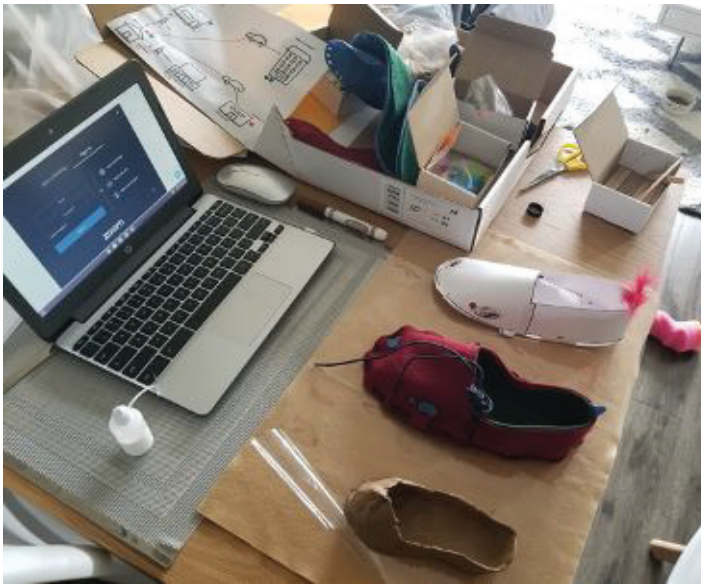
https://miro.com/app/board/uXjVPYy9wx4=/?share_link_id=256606354616

Self-care matters!

This is 4.5 hr. online workshop (2hrs, 30 min break, 2 hrs) and we want you to think about your needs. Please let us know about any concerns before the workshop. During the workshop you can use the chat (direct chat to the facilitator) for any concerns or for assistance.

Provocations

The following images represent adaptations made based on experiences shared to date.



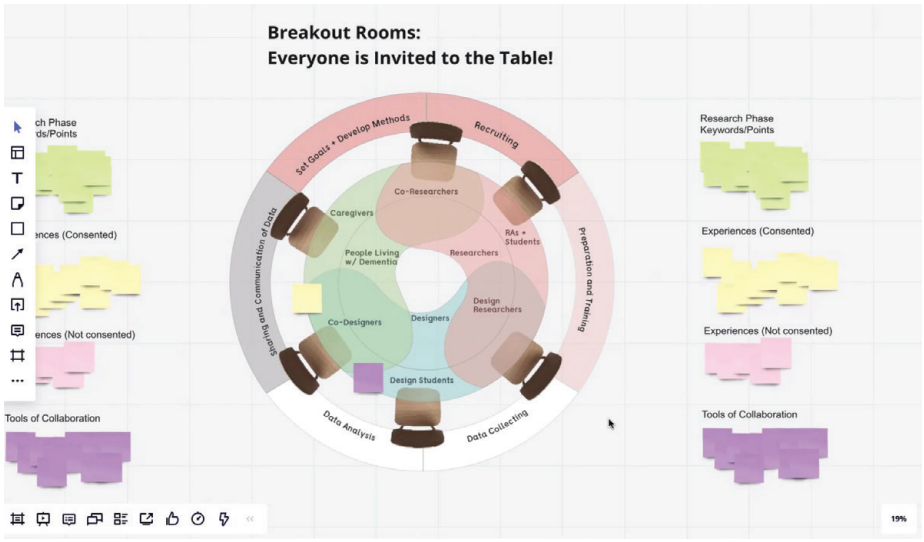


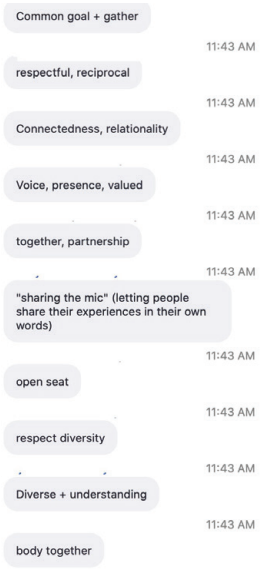




Insights on the service experience of clients with orthotics - how does communication impact comfort and use?

Health Design Lab, Vancouver Canada
Caylee Raber - raber@ecuad.ca

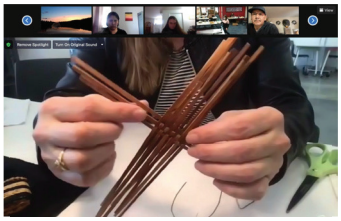


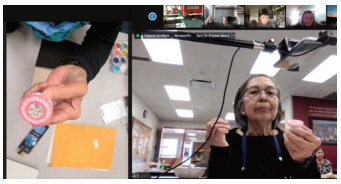


Virtual workshop about the inclusion of people with dementia on research project teams

Health Design Lab, Vancouver Canada
Caylee Raber - raber@ecuad.ca







"Decolonizing the Healthcare System through Cultural Connections" - virtual workshops

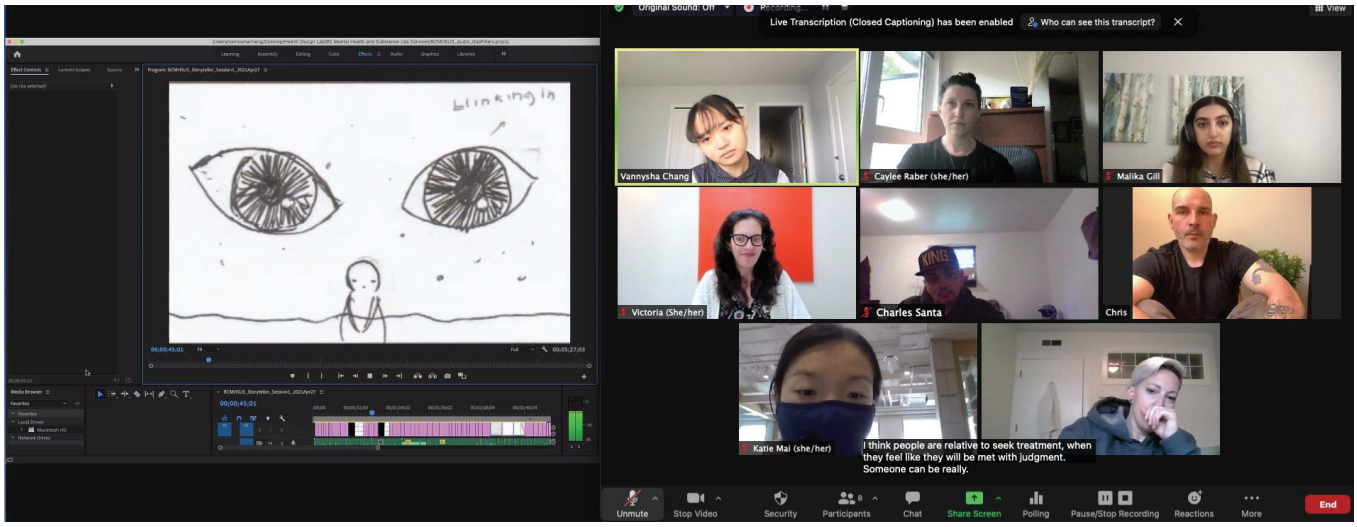
Health Design Lab, Vancouver Canada
Caylee Raber - raber@ecuad.ca





"Decolonizing the Healthcare System through Cultural Connections" - in-person workshops

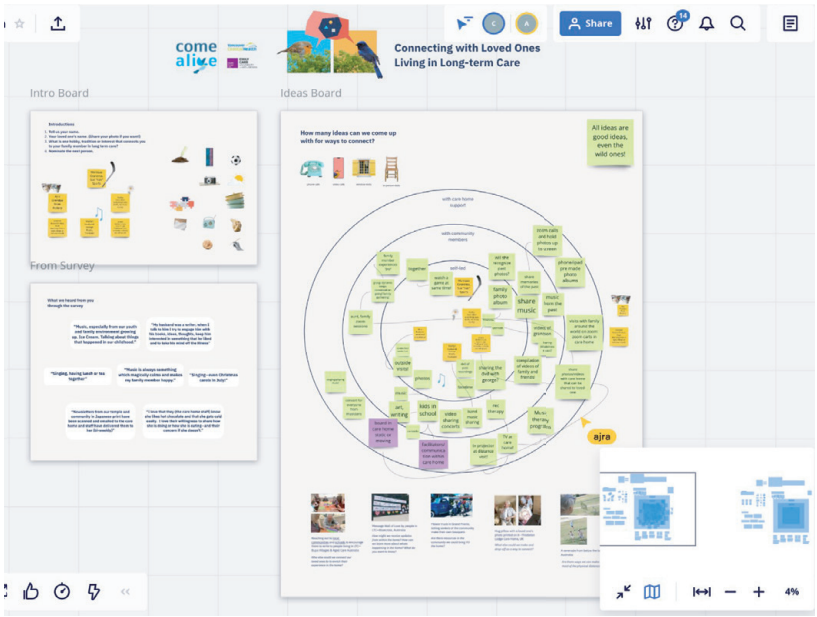
Health Design Lab, Vancouver Canada
Caylee Raber - raber@ecuad.ca



Co-Design of animated video series about stigma, by people with lived experience of mental health challenges, substance use and the criminal justice system

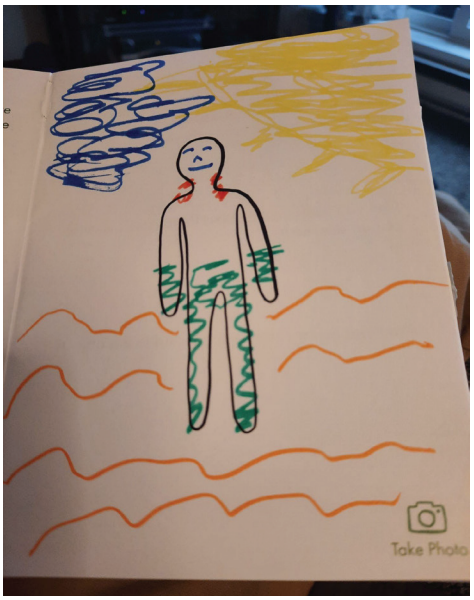
Health Design Lab, Vancouver Canada
Caylee Raber - raber@ecuad.ca

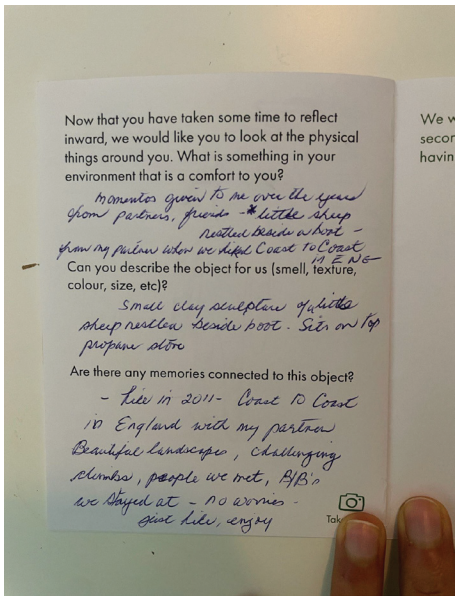




Virtual brainstorm for people with loved ones in long-term care

Health Design Lab, Vancouver Canada
Caylee Raber - raber@ecuad.ca





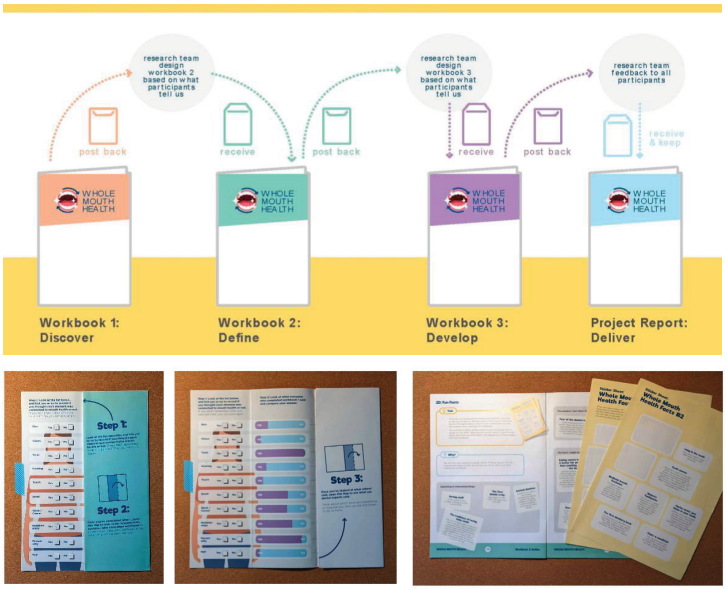
Understanding mental health priorities for older adults - Connection kit mailed in advance

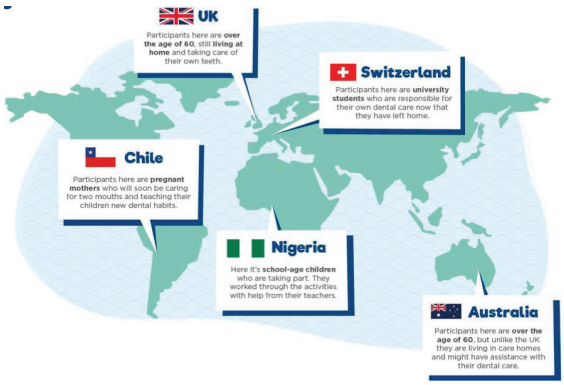
Health Design Lab, Vancouver Canada
Caylee Raber - raber@ecuad.ca



Understanding mental health priorities for older adults - virtual collage activity

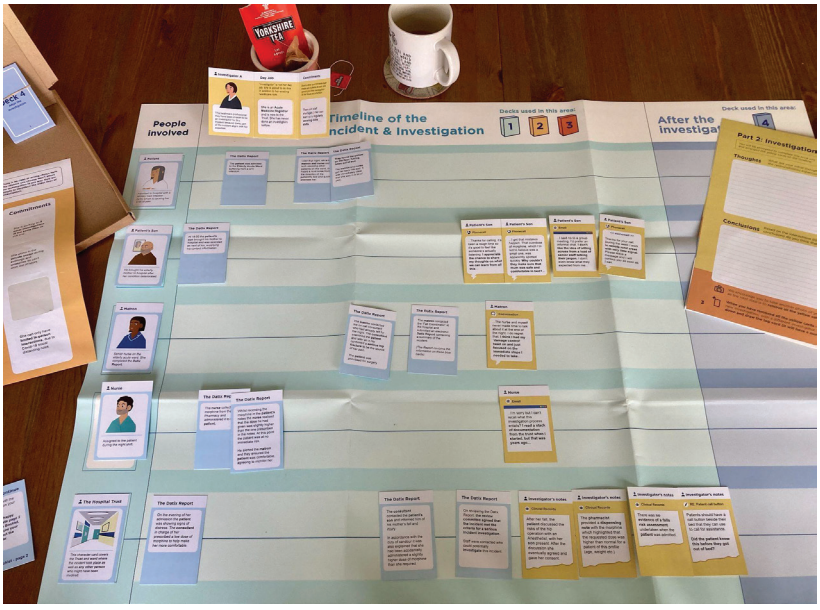
Health Design Lab, Vancouver Canada
Caylee Raber - raber@ecuad.ca

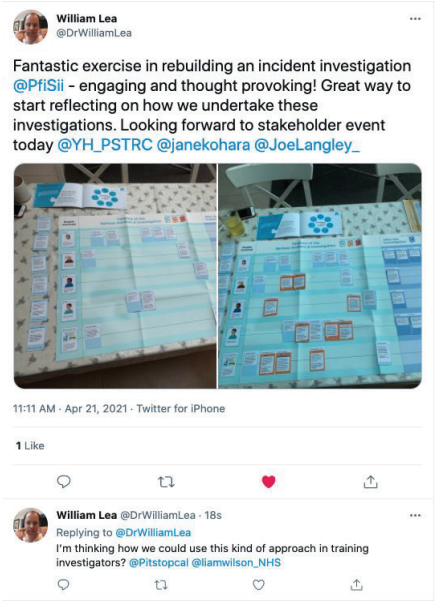




Global, life long behaviours and attitudes towards oral public health. How do we collaborate over space and time?

Lab⁞Living, Sheffield, UK
Joe Langley - j.langley@shu.ac.uk



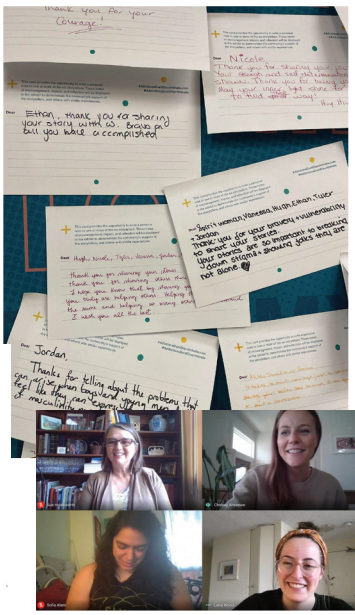


Involve patients and families in Serious Incident Investigations. Reflecting and provoking before codesign

Lab⁞Living, Sheffield, UK
Joe Langley - j.langley@shu.ac.uk

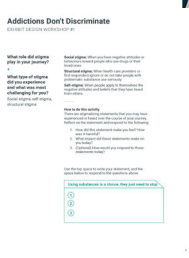








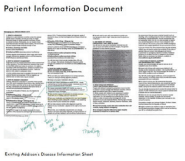


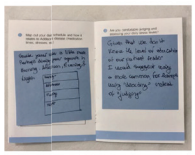


Addictions Don't Discriminate Workshops + Exhibition

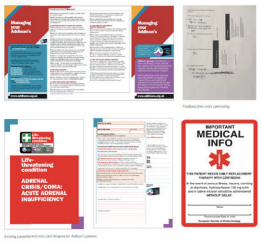
University of Alberta, DHRIL
Gillian Harvey - gharvey@ualberta.ca

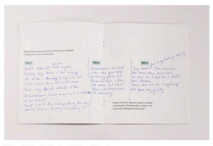




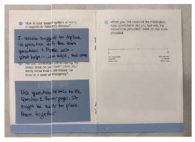




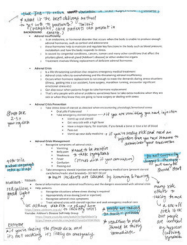


















Adrenaline Insufficiency (Addison's Disease) Patient Materials

University of Alberta + Faculty of Medicine and Dentistry
Gillian Harvey, gharvey@ualberta.ca

Thank You!

You can get in touch with any of us who have begun to share experiences and reflections about this topic via the following means:

Kate Sellen	ksellen@ocadu.ca
Sarah Walker	secwalkr@uw.edu
Caylee Raber	raber@ecuad.ca
Nadia Beyzaei	nbeyzaei@ecuad.ca
Gillian Harvey	gharvey@ualberta.ca
Paul Holyoke	paulholyoke@sehc.com
Joe Langley	j.langley@shu.ac.uk