Oral and Maxillofacial Surgery

Injectable Platelet-Rich Fibrin With or Without Hyaluronic Acid After Arthrocentesis for Temporomandibular Joint Internal Derangement: A Randomised Controlled Trial

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Online Resource 2

Masticatory efficiency scores over time by group (exploratory outcome)

Table S1 Masticatory efficiency scores (8–40; higher = better), mean ± standard deviation. The instrument is patient-reported and has not been independently validated; results are hypothesis-generating.

Time point	Arthro	Arthro + I-PRF	Arthro + HA	Arthro + I-PRF + HA	p-value (between groups, ANOVA)
Baseline	22.3 ± 2.02	22.1 ± 1.64	22.5 ± 2.53	22.0 ± 2.91	
3 months	26.8 ± 2.33	32.0 ± 2.29	27.9 ± 2.25	33.4 ± 2.38	<0.05*
6 months	28.6 ± 2.65	34.1 ± 2.53	30.3 ± 2.64	35.4 ± 2.47	<0.01*

* $P < 0.05$ considered statistically significant. Arthro, arthrocentesis; I-PRF, injectable platelet-rich fibrin; HA, hyaluronic acid; ANOVA, analysis of variance.