CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item	Checklist item description	Reported on Line
Title	**1**	The diagnosis or intervention of primary focus followed by the words "case report"	Page 1, Line 1-3
Key Words	**2**	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page 3, Line 53-54
Abstract (no references)	**3a**	Introduction: What is unique about this case and what does it add to the scientific literature?	Page 2, Line 21-26
	3b	Main symptoms and/or important clinical findings	Page 2, Line 28-30
	3c	The main diagnoses, therapeutic interventions, and outcomes	Page 2-3, Line 30-45
	3d	Conclusion—What is the main "take-away" lesson(s) from this case?	Page 3, Line 47-51
Introduction	**4**	One or two paragraphs summarizing why this case is unique (**may include references**)	Page 4-5, Line 62-103
Patient Information	**5a**	De-identified patient specific information.	Page 6, Line 107
	5b	Primary concerns and symptoms of the patient.	Page 6, Line 107-109
	5c	Medical, family, and psycho-social history including relevant genetic information	Page 6-7, Line 109-127
	5d	Relevant past interventions with outcomes	Page 6, Line 120-121
Clinical Findings	**6**	Describe significant physical examination (PE) and important clinical findings.	Page 7, Line 129-130
Timeline	**7**	Historical and current information from this episode of care organized as a timeline	Additional File 1
Diagnostic Assessment	**8a**	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page 7-14, Line 139-211
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	Page 13, Line 184
	8c	Diagnosis (including other diagnoses considered)	Page 13, Line 185-189
	8d	Prognosis (such as staging in oncology) where applicable	Not Applicable
Therapeutic Intervention	**9a**	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page 14-15, Line 214-221
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Page 14-15, Line 214-221
	9c	Changes in therapeutic intervention (with rationale)	Page 15, Line 232-234
Follow-up and Outcomes	**10a**	Clinician and patient-assessed outcomes (if available)	Page 15, Line 227-230
	10b	Important follow-up diagnostic and other test results	Page 12-13, Table 2
	10c	Intervention adherence and tolerability (How was this assessed?)	Page 15, Line 227-229
	10d	Adverse and unanticipated events	Page 15, Line 230-231
Discussion	**11a**	A scientific discussion of the strengths AND limitations associated with this case report	Page 20, Line 343-345
	11b	Discussion of the relevant medical literature **with references**.	Page 16-20, Line 238-333
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page 19, Line 339-343
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	Page 21, Line 347-362
Patient Perspective	**12**	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	Page 15, Line 227-232
Informed Consent	**13**	Did the patient give informed consent? Please provide if requested	**Yes** ☒ * **No** ☐