YAhealth App Study Questionnaire

ENGLISH VERSION

Study title: Assessment of the Usability, Acceptability, and Perceived Influence of the YAhealth App: A Multiplatform Sexual and Reproductive Health and Mental Health Intervention for Youth in Rwanda

Instructions

Please select the response that best describes your experience with YAhealth. For questions marked "select all that apply," you may choose more than one answer. For each evaluation statement, choose one response only.

Section A. Sociodemographic information

A1. District: ☐ Gakenke ☐ Ngororero ☐ Nyagatare ☐ Nyanza ☐ Nyarugenge

A2. Age (in completed years): _____

A3. Sex: ☐ Male ☐ Female

A4. Highest education level: ☐ No education ☐ Primary ☐ Secondary ☐ University

A5. Place of residence: ☐ Rural ☐ Urban

A6. Do you own a smartphone? ☐ Yes ☐ No

A7. Marital status: ☐ Single ☐ Married

Section B. YAhealth access channels

B1. Which of the following channels have you used to access YAhealth? (Select all that apply.)

☐ Mobile app ☐ Web platform / website ☐ Toll-free hotline (2080)

Section C. YAhealth feature use

C1. Have you ever used each of the following features of YAhealth? (Select Yes or No for each feature.)

YAhealth feature	Yes	No
Reading health information	☐	☐
Menstrual cycle tracker	☐	☐
Self-mental health screening	☐	☐
Talk to Expert (live chat)	☐	☐
Service locator / service location finder	☐	☐
Community discussions / posts	☐	☐

Section D. Health information topics accessed

D1. Which health information topics have you accessed through YAhealth? (Select all that apply.)

☐ Sexual and reproductive health (SRH)
☐ Mental health
☐ HIV and sexually transmitted infections (STIs)
☐ HPV vaccine and immunization
☐ Life skills
☐ Safety and equality
☐ Lifestyle
☐ Nutrition and noncommunicable diseases (NCDs)

Section E. YAhealth evaluation statements

Please indicate your level of agreement with each statement. Select ONE answer per statement.

1 = Strongly disagree 2 = Disagree 3 = Neutral 4 = Agree 5 = Strongly agree

Engagement

Statement	1	2	3	4	5
E1. The YAhealth app is fun and interesting to use.	☐	☐	☐	☐	☐
E2. The app is engaging and keeps my attention.	☐	☐	☐	☐	☐
E3. The app encourages me to keep using it regularly.	☐	☐	☐	☐	☐
E4. The content and tone are appropriate for young people.	☐	☐	☐	☐	☐
E5. The app provides interactive features that increase user involvement.	☐	☐	☐	☐	☐

Functionality

Statement	1	2	3	4	5
E6. The app functions well without technical issues or crashes.	☐	☐	☐	☐	☐
E7. Navigation through the app is easy and intuitive.	☐	☐	☐	☐	☐
E8. The design and menus are logically organized.	☐	☐	☐	☐	☐
E9. The app loads quickly, and all features respond smoothly.	☐	☐	☐	☐	☐

Aesthetics

Statement	1	2	3	4	5
E10. The app has a visually appealing layout and design.	☐	☐	☐	☐	☐
E11. The graphics, icons, and colors are attractive and consistent.	☐	☐	☐	☐	☐
E12. The overall appearance is professional and youth-friendly.	☐	☐	☐	☐	☐

Perceived information quality

Statement	1	2	3	4	5
E13. The app provides accurate and reliable information.	☐	☐	☐	☐	☐
E14. The content is evidence-based and consistent with health recommendations.	☐	☐	☐	☐	☐
E15. The information is clear and easy to understand.	☐	☐	☐	☐	☐
E16. The app provides sufficient detail about SRH and mental health topics.	☐	☐	☐	☐	☐
E17. The app provides credible sources or references for its information.	☐	☐	☐	☐	☐
E18. The information is relevant and useful for young people in Rwanda.	☐	☐	☐	☐	☐

Subjective quality and perceived influence

Statement	1	2	3	4	5
E19. Overall, the YAhealth app is of high quality.	☐	☐	☐	☐	☐
E20. I am satisfied with the content and usability of the app.	☐	☐	☐	☐	☐
E21. I would recommend this app to other young people.	☐	☐	☐	☐	☐
E22. The app has positively influenced my knowledge, attitudes, or behaviors regarding SRH or mental health.	☐	☐	☐	☐	☐

Section F. Health-service seeking

F1. Have you sought or accessed any health services because of information obtained through YAhealth?

☐ Yes ☐ No

Section G. Frequency of YAhealth use

G1. In the past two months, how often have you used YAhealth? (Select one.)

☐ Daily ☐ Weekly ☐ Monthly ☐ Not used in the past two months