Supplementary Table S1. Coding framework and frequencies of coded segments

Main theme	Subtheme	Sub-subtheme	Number of coded segments
Quality of life factors			**1**
	Financial security		4
	Housing and living environment		1
	Freedom and self-determination		19
	Health and well-being		14
	Daily structure		14
		Hobbies and leisure activities	18
		Work	12
	Social relationships		12
		Partnership	5
		Friends	8
		Family	11
Coping strategies			**24**
Challenges and barriers			**5**
	Resource-related constraints		0
		Insufficient housing options	9
		Restrictions within the financing system	16
		Gaps in the care system	27

		Inadequate spatial conditions	13
		Staff shortages	27
		Long waiting times	4
	Structural and systemic barriers		—
		Communication and information deficits	33
		Professional attitudes and mindsets	10
		Legal and bureaucratic barriers	14
		Rigid system requirements	9
		Missing discharge and transition management	14
		Unclear responsibilities	5
		Restricted social participation	19
		Stigmatisation	7
Developmental and action-oriented perspectives			—
	Intervention approaches		13
		Physical activation	8
		Activity-based daily structuring	7
		Relaxation and mindfulness-	7

		oriented approaches	
		Therapeutic individual and group interventions	16
	Design of physical and atmospheric care environments		10
	Reducing barriers to care and participation		10
	Support for discharge and transition processes		8
	Cooperation and networking between relevant actors		13
	Person-centred and holistic care approaches		14
	Development of innovative care models		12
	Professional attitudes		15
	Continuing education and training		12
	Optimisation of communication and information processes		24
	Integration of the social environment		12

Note. Coding frequencies refer to coded text segments rather than individual participants. Multiple coding was permitted where appropriate; therefore, frequencies may exceed the total number of interviews (N = 7). Dashes indicate higher-order categories for which no separate coding frequency was calculated.