CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item	Checklist item description	Reported on Line
Title	**1**	The diagnosis or intervention of primary focus followed by the words "case report"	1–2
Key Words	**2**	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	39–40
Abstract (no references)	**3a**	Introduction: What is unique about this case and what does it add to the scientific literature?	17–19
	3b	Main symptoms and/or important clinical findings	20–29
	3c	The main diagnoses, therapeutic interventions, and outcomes	29–33
	3d	Conclusion—What is the main "take-away" lesson(s) from this case?	34–37
Introduction	**4**	One or two paragraphs summarizing why this case is unique (**may include references**)	43–63
Patient Information	**5a**	De-identified patient specific information.	67–68
	5b	Primary concerns and symptoms of the patient.	67–74
	5c	Medical, family, and psycho-social history including relevant genetic information	67–70
	5d	Relevant past interventions with outcomes	69–70
Clinical Findings	**6**	Describe significant physical examination (PE) and important clinical findings.	76–83, 90–94
Timeline	**7**	Historical and current information from this episode of care organized as a timeline	129–133 (Table 1)
Diagnostic Assessment	**8a**	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	80–86, 95–115, 123–127
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	86–89, 122–124, 140–145
	8c	Diagnosis (including other diagnoses considered)	88–94, 100–104, 115, 124
	8d	Prognosis (such as staging in oncology) where applicable	124–129, 165–166
Therapeutic Intervention	**9a**	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	78–79, 117–120, 128–129
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	117–120 (details in ref. 12)
	9c	Changes in therapeutic intervention (with rationale)	128–129
Follow-up and Outcomes	**10a**	Clinician and patient-assessed outcomes (if available)	122–129
	10b	Important follow-up diagnostic and other test results	122–127
	10c	Intervention adherence and tolerability (How was this assessed?)	Not applicable
	10d	Adverse and unanticipated events	122, 125–127
Discussion	**11a**	A scientific discussion of the strengths AND limitations associated with this case report	136–145, 170–173
	11b	Discussion of the relevant medical literature **with references**.	43–53, 153–167
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	146–169
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	176–184
Patient Perspective	**12**	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	Not applicable
Informed Consent	**13**	Did the patient give informed consent? Please provide if requested	**Yes** ☒ **No** ☐

Next of kin; see lines 214–217