

Supplementary Table S1. Complete coding framework and frequencies of qualitative interview data

Main code	Subcode	Sub-subcode	Number of coded segments
Quality of life factors	Financial security		14
	Housing and living environment		22
	Freedom and self-determination		27
	Health and well-being		61
	Daily structure		20
	Social relationships		41
Coping strategies			45
Challenges and barriers	Resource-related constraints	Insufficient housing options	26
		Restrictions within the financing system	29
		Gaps in the care system	116
		Staff shortages	28
	Structural and systemic barriers	Legal and bureaucratic barriers	31
		Rigid system requirements	25
		Missing discharge and transition management	25
		Unclear responsibilities	34
		Stigmatisation	27
	Communication and information deficits		72

	Helplessness and Frustration		70
	Lack of trust in institutions		13
Developmental and action-oriented perspectives	Person-centred and holistic care approaches		112
	Optimisation of communication and information processes		60
	Integration of the social environment		29

Note. Coding frequencies refer to coded text segments across all interviews (N = 8). Multiple coding of individual text segments was permitted where appropriate; therefore, frequencies may exceed the number of interviews. Main categories and subcategories reflect the final coding framework developed through the combined deductive–inductive qualitative content analysis. Frequencies are reported descriptively and indicate the number of coded segments assigned to each category or subcategory