Interview guide: Experiences among personnel in the education, child welfare and health care sectors with collaboration for young people with long-term fatigue

General info from the moderator: Safeguard privacy, respect and confidentiality between group members – also after the interview.
Give each room to say what is desired, feel free to take the floor when appropriate. The moderator introduces the topic. The participants should have the most speaking time. The moderator and co-moderator can come up with follow-up questions. Raise your hand and take the floor when it is your turn.

Intro: In this conversation, we will talk about your experiences with cross-sectoral collaboration between school, welfare and health care services for young people aged 15-18 years with long-term fatigue and ME/CFS.

Those who participate in the collaboration vary among employees at the paediatric and young people's clinic, the municipal health care service, the school, the general practitioner (GP), the patient and parents.

- Can you briefly tell us where you work, and what you work with? (do not need to say name). Test hand raising this round.

- What is the first thing each of you think of when we talk about cross-sectoral collaboration for young people aged 15-18 with long-term fatigue and ME/CFS?

- Can you further tell us about experiences with collaboration between the health care service, GP, school and welfare services (or other professional groups) for this patient group?
  When did the collaboration start for your (professional group's) part?
  Who did you collaborate with?
  How involved were the young people and parents in the collaboration?

- If you think about what the collaboration means for the young people's participation in school activities and social activities
  What has worked?
  Why has it worked?
  How do you collaborate with other professionals about what works?
  Before assessment
  Under assessment
  After assessment

- What challenges have you faced?

Keywords for follow-up questions about challenges:
feel alone,
is powerless,
the patient is insecure,
are insecure,
find good measures that work,
leaves work without "putting down" the patient,
Resources
Capacity
Expertise
Think outside the box
The young people's opportunities and needs, or other factors?

- What can you say about your experiences with the coordinator and the coordinator's role in relation to the collaboration for these young people and their families?

- What information do you get, and what information do you need from the specialist health care service to understand and deal with young people who are being assessed

or have been assessed for long-term fatigue?
- When should the information be available?

- If you need supervision in relation to a young person with long-term fatigue who feels insecure about going to school, where do you seek supervision?

- Do you know each other's professional perspectives when you enter into collaboration?

- How familiar are you with the biopsychosocial model, which is a perspective from which the specialist health care service works in relation to young people with long-term fatigue and CFS/ME?

- Is there anything you have missed in the collaboration with other services?

- Have you thought about whether collaboration for this patient group can be done better or in a different way? How?

  Keywords for follow-up questions:
  How to create a sense of security around the patient/student?
  How to have good local meetings?
  Balance of power,
  Humility,
  Understanding each other's available resource's/limitations/work patterns, etc.
  How often, location, etc
  How to strengthen each other – manage to stay in it?
  Works for one - why not for another?
  Are there other things you think are important to talk about when it comes to the collaboration for these young people?

- What does the specialist health care service (The interprofessional team at BUK, St. Olavs that assess young people with long-term fatigue and ME/CFS) mean to you in relation to these young people and their families?

- Is there anything you would like to add that we have not touched on in relation to the focus area?