CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item	Checklist item description	Reported on Line
Title	**1**	The diagnosis or intervention of primary focus followed by the words "case report"	Lines 1-2
Key Words	**2**	2 to 5 keywords that identify diagnoses or interventions in this case report, including "case report"	Lines 46-47
Abstract (no references)	**3a**	Introduction: What is unique about this case and what does it add to the scientific literature?	Lines 23-31
	3b	Main symptoms and/or important clinical findings	Lines 31-35
	3c	The main diagnoses, therapeutic interventions, and outcomes	Lines 36-42
	3d	Conclusion—What is the main "take-away" lesson(s) from this case?	Lines 42-45
Introduction	**4**	One or two paragraphs summarizing why this case is unique (**may include references**)	Lines 48-62
Patient Information	**5a**	De-identified patient-specific information	Lines 64-73
	5b	Primary concerns and symptoms of the patient	Lines 64-69
	5c	Medical, family, and psychosocial history, including relevant genetic information	Lines 71-73,81-84
	5d	Relevant past interventions with outcomes	Lines 69-71
Clinical Findings	**6**	Describe significant physical examination (PE) and important clinical findings	Lines 73-84
Timeline	**7**	Historical and current information from this episode of care organized as a timeline	Lines 64-73
Diagnostic Assessment	**8a**	Diagnostic testing (such as PE, laboratory testing, imaging, surveys)	Lines 85-114
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	Lines N/A
	8c	Diagnosis (including other diagnoses considered)	Lines 119-120
	8d	Prognosis (such as staging in oncology), where applicable	N/A
Therapeutic Intervention	**9a**	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Lines 135-143
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Lines 135-143
	9c	Changes in therapeutic intervention (with rationale)	Lines 116-119,135-140
Follow-up and Outcomes	**10a**	Clinician and patient-assessed outcomes (if available)	Lines 142-143
	10b	Important follow-up diagnostic and other test results	N/A
	10c	Intervention adherence and tolerability (How was this assessed?)	Lines 135-143
	10d	Adverse and unanticipated events	N/A
Discussion	**11a**	A scientific discussion of the strengths AND limitations associated with this case report	Lines 230-246
	11b	Discussion of the relevant medical literature **with references**	Lines 145-204
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Lines 230-246
	11d	The primary "take-away" lessons of this case report (without references) in a one-paragraph conclusion	Lines 248-263
Patient Perspective	**12**	The patient should share their perspective in one to two paragraphs on the treatment(s) they received.	N/A
Informed Consent	**13**	Did the patient give informed consent? Please provide if requested	**Yes** ☑ **No** ☐