

Universal seropositivity, markers of recurrent reactivation, and a convergent T-cell response implicate cytomegalovirus in Susac syndrome

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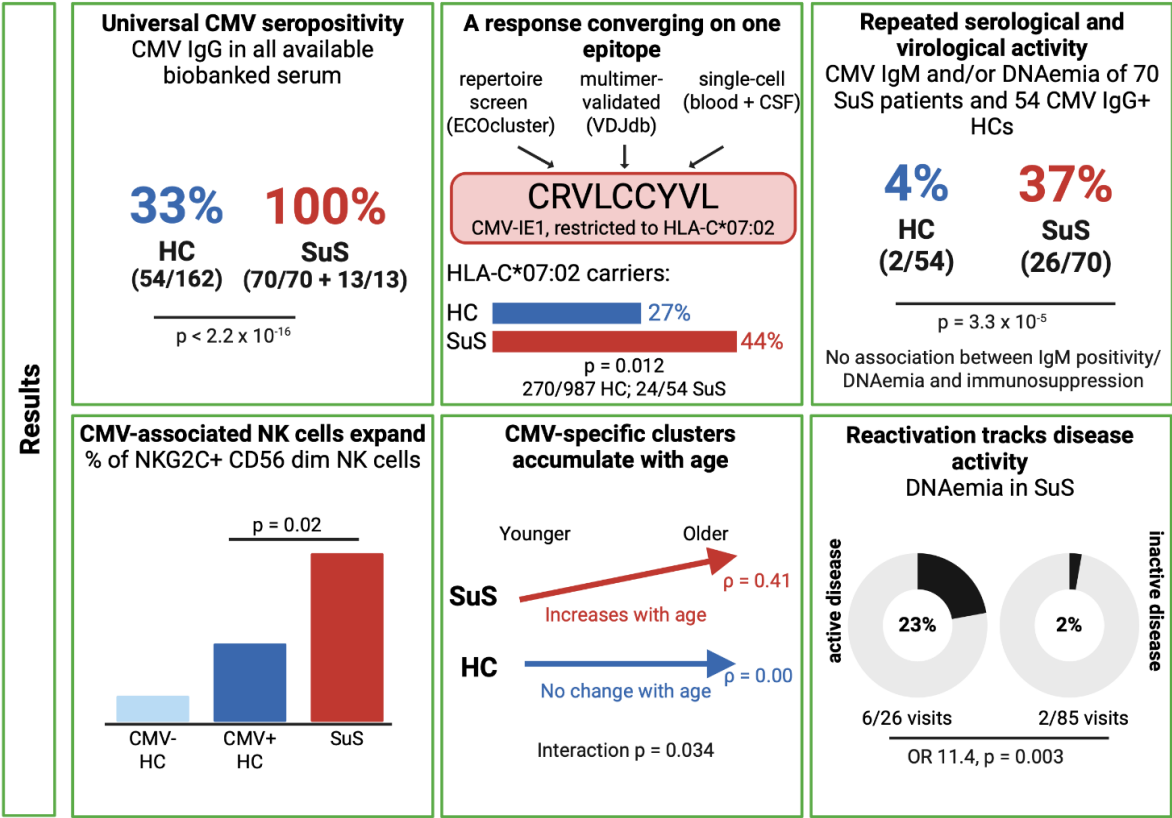
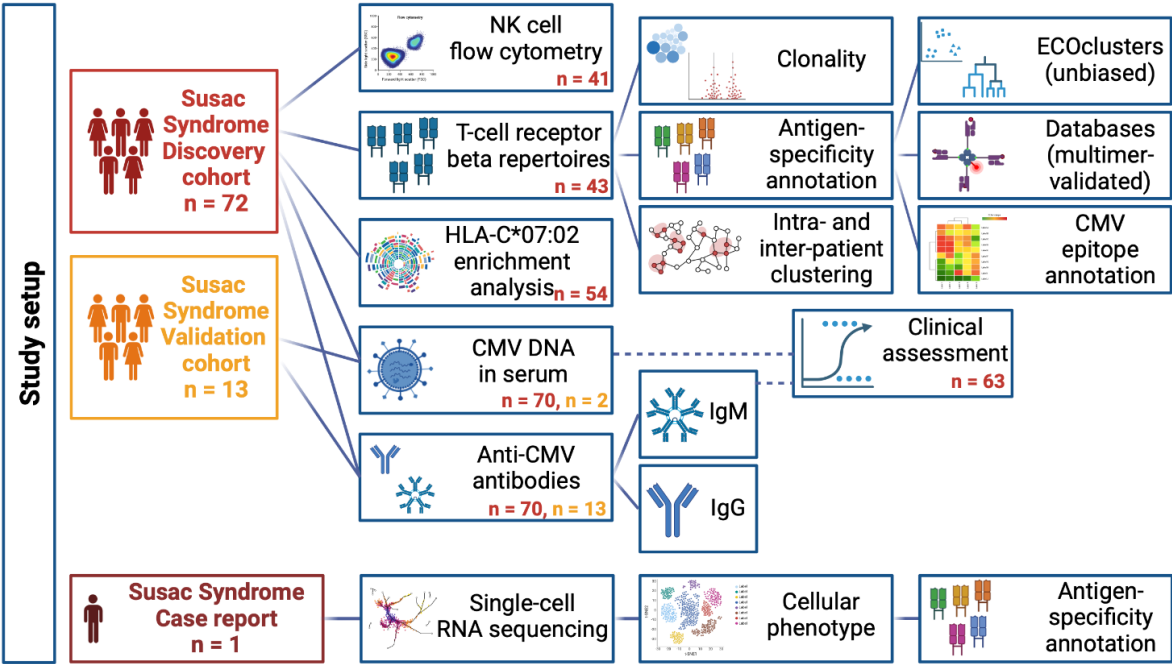
Universal seropositivity, markers of recurrent reactivation, and a convergent T-cell response implicate cytomegalovirus in Susac syndrome

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53 **Abstract**

54 Susac syndrome (SuS) is a rare brain, retina, and inner ear endotheliopathy, in which
55 CD8⁺ T cells are thought to target the microvascular endothelium. We applied
56 unbiased, HLA-restricted antigen-specificity annotation of T-cell receptor beta-chain
57 repertoires, followed by targeted serology, virology, and single-cell profiling, to a
58 multicenter German cohort of 72 patients with definite SuS. Repertoires showed
59 increased clonality and convergent expansion of CMV-specific clusters positively
60 associated with age, alongside expansion of adaptive NKG2C⁺ natural killer cells. T
61 cells converged on the immediate-early-1 epitope CRVLCCYVL in carriers of HLA-
62 C*07:02, an allele nominally enriched in this cohort, together indicating recurrent
63 antigen exposure. Every tested patient with SuS was CMV IgG-positive (70 of 70), and
64 37% of patients were CMV IgM-positive or DNAemic at one or more time points. This
65 was confirmed at diagnosis in an untreated Belgian validation cohort with 100% CMV
66 IgG-positivity (13 of 13) and 31% IgM-positivity. Serum DNAemia, but not IgM,
67 coincided with disease activity. Single-cell profiling of a patient with SuS, hospitalized
68 for CMV disease eleven months before disease onset, showed the same antigenic
69 focus alongside a CMV reactivation phenotype resembling that of allogeneic transplant
70 recipients. These findings implicate recurrent CMV reactivation in the pathogenesis of
71 SuS, support further prospective evaluation of diagnostic CMV testing, and provide a
72 foundation for assessment of treatment strategies combining antiviral and
73 immunomodulatory effects.

Introduction

Susac syndrome (SuS) is a rare inflammatory microangiopathy, primarily affecting the small arterioles of the brain, retina, and inner ear¹. The diagnosis is defined by a triad of encephalopathy, branch retinal artery occlusions, and sensorineural hearing loss². Patients with all three elements are considered to have definite SuS, whereas the presence of two elements indicates probable SuS, and one element indicates possible SuS. While clinical cohorts and pre-clinical models suggest that CD8⁺ T-cell-mediated endothelial damage is central to SuS pathogenesis³, the specific antigenic targets remain unknown.

Recent evidence has underscored the role of viruses in the etiology of various immune disorders: EBV infection precedes the development of multiple sclerosis (MS), potentially initiating an autoimmune cascade through molecular mimicry or epitope spreading among other mechanisms^{4,5}; EBV is associated with primary sclerosing cholangitis⁶, and may contribute to pathology in systemic lupus erythematosus⁷. SuS shares certain epidemiological features with MS⁸, and is sometimes misdiagnosed as MS. Such misdiagnoses can be potentially harmful, because it has repeatedly been shown that some MS medications, such as interferon beta, can exacerbate SuS symptoms⁹. However, while the peripheral blood anti-EBV T-cell receptor beta (TRB) repertoire is broader in MS¹⁰, in line with increased EBV-specific T-cell responses^{11,12}, it is unaltered in SuS¹³, arguing against EBV as the explanation for this clinical overlap.

However, prior small SuS case series have noted cytomegalovirus (CMV) activity in patients, measured as IgM or DNA in serum^{14,15}. CMV is a ubiquitous beta-herpesvirus¹⁶, characterized by lifelong latency and a propensity for opportunistic episodic reactivation¹⁷. It can trigger potent systemic inflammatory responses with profound CD8⁺ T-cell expansion¹⁸ and is notably tropic for endothelial cells^{19,20}, both of which are mechanisms of pathogenic relevance in SuS.

In this study, we leveraged the unbiased diagnostic potential of TRB repertoire sequencing^{21,22} in combination with targeted serological and virological assessments to investigate whether a specific viral pathogen is associated with the pathogenesis of SuS.

Results

Universal CMV seropositivity and an amplified anti-CMV T-cell response in SuS

Building on previous observations of high TRB clonality indicating clonal expansions of peripheral terminally differentiated effector-memory CD8⁺ T cells in 14 patients with SuS³, we expanded the analysis to a cohort of German patients with definite SuS (n = 43)² and control groups, including healthy controls (HC, n = 203) and patients with neuroimmunological autoimmune disorders (MS, n = 1,772; aquaporin-4-antibody-positive neuromyelitis optica spectrum disorder (NMOSD)²³, n = 90; myelin oligodendrocyte glycoprotein antibody-associated disease (MOGAD), n = 64)²⁴ or acute infectious diseases (COVID-19, n = 1,383; tuberculosis, n = 141)^{25,26}. Patients with definite SuS exhibited higher peripheral T-cell clonality than all other groups (Fig. 1A), suggesting a strong, ongoing immune response more similar to those seen in primary infectious diseases such as COVID-19 or tuberculosis than to those seen in autoimmune diseases. As sensitivity analysis, TRB clonality was modelled, adjusting for the number of unique T-cell clonotypes per sample, with the same result.

To identify the antigenic target of these expansions without prior assumptions, we used the Exposure Co-Occurrence cluster (ECOcluster) approach²⁷. This approach provides an unbiased, HLA-restricted quantification of 9,975 different T-cell response clusters, calculated as the number of sequence matches per sequencing depth ("breadth"). As a positive-control validation of the analytical framework, we first asked whether ECOcluster analysis recovered the established EBV-associated TRB repertoire signal in MS. An unbiased TRB screening in patients with MS versus non-MS controls (HC, NMOSD, MOGAD) showed an amplified T-cell response to EBV in MS according to the EBV ECOcluster⁶ (Fig. 1B). The lower anti-SARS-CoV-2 response in MS reflects pre-pandemic MS sampling relative to some controls. Applying the thus validated approach to SuS revealed a clear CMV signal compared to non-SuS controls (HC, MS, NMOSD, MOGAD) (Fig. 1C). To evaluate whether patients with SuS show evidence of prior CMV infection, CMV IgG titers were determined retrospectively in the earliest available biobanked serum sample after diagnosis (median 1.6 years). Strikingly, all tested patients with definite SuS were CMV IgG-positive (70 of 70, 100%; 95% CI 94.9-100%) in contrast to 33.3% in age- and sex-matched HC (54 of 162; 95% CI 26.24-40.43%; Fisher's exact test: $P < 2.2e-16$; Fig. 1D). CMV seroprevalence is strongly dependent on demographic composition, especially age and has been reported as 52% in German women of child-bearing age in 2018²⁸. The 33.3% measured in our HC cohort is in line with 35.5% (143 of 403) in a recent regional cohort of pregnant women with a mean age of 33 years in southern Germany (Hadjiiona et al., 2025). In two additional HC cohorts, where TRB data allowed inference of CMV IgG status^{29,30}, seroprevalence was 37% in northern Germany (n = 872)⁶ and 47% in the USA (n = 939)³¹ at the mean age of 36 of the SuS cohort (Supplementary Figure 1). Notably, 52 of the 70 patients with SuS were treatment-naïve for intravenous or subcutaneous immunoglobulins, excluding that the universal CMV IgG-positivity in these 52 patients was due to infused antibodies.

The amplified T-cell response was not only a reflection of seroprevalence. The CMV ECOcluster³⁰ breadth was increased in patients with SuS, even when comparing them exclusively to 104 age- and sex-matched CMV IgG-positive HC (Fig. 1E). As the ECOcluster approach is based on TRB sequence co-occurrence and serological information but has largely untested sequence specificity³⁰, we compared and replicated its results with those obtained using CMV-specific TRB sequences derived from HLA-restricted multimer approaches and compiled in the public VDJdb database, thereby replicating the findings³² (Fig. 1E). A large portion of the clonality in HC was explained by differences in CMV serostatus ($P = 1.5e-5$; Fig. 1F), as previously reported³³. However, even when compared to CMV IgG-positive HC, patients with SuS still showed higher TRB clonality ($P = 1.6e-7$; Fig. 1G). Together, unbiased ECOcluster, multimer-validated specificity, and serostatus-matched clonality establish an amplified CMV-specific T-cell response in SuS compared to HC with past CMV infection.

CMV epitope-specific T-cell responses in SuS are enhanced in, but not restricted to HLA-C*07:02

To assess specific targets of the anti-CMV T-cell response, HLA-restricted CMV epitope specificities, either multimer-derived epitopes from the VDJdb or CMV ECOcluster component HLA-COclusters, were queried in individual, HLA-matched, CMV IgG-positive donor groups. This analysis revealed higher breadths against several epitopes in patients with SuS compared to HLA-matched HC (8 of 41 queried specificities) (Fig. 2A). Interestingly, the most significant changes were observed for the multimer-derived CMV immediate-early protein-1 (IE1) lytic epitope CRVLCCYVL ($P = 7.86e-5$) and for the CRVLCCYVL-specific ECOcluster feature20419 ($P = 2.41e-4$), both HLA-C*07:02-restricted.

Notably, the phenotype frequency of HLA-C*07:02 in patients with definite SuS was 44% (24 of 54 patients) compared to 25% in the age-, sex-, and CMV serostatus-matched cohort of HC (26 of 104). Statistical evaluation of this phenotype frequency in a larger HC cohort with available HLA typing found an enrichment in SuS (HC: 27.4% (270 of 987); 95% CI 24.6-30.3%; SuS: 44% (24 of 54); 95% CI 30.9-58.6%; Fisher's exact test $P = 0.012$) with a higher level of significance when restricted to CMV IgG-positive HC (95 of 376; 25.3%; 95% CI 21-30%; $P = 0.0052$). To illustrate the TRB signal strength in HLA-C*07:02 carriers and non-carriers separately, the distributions against all epitope specificities were subjected to an elastic net approach with PLS-DA visualization, which showed descriptive separation in the fitted dataset in HLA-C*07:02 carriers (Fig. 2B). However, the six epitopes with significantly higher breadth outside of HLA-C*07:02 also resulted in a detectable signal in non-carriers (Fig. 2C), suggesting a strong effect within HLA-C*07:02 without complete restriction to that allele.

We next investigated whether HLA-C*07:02-carrying patients with SuS mount a disproportionate share of their increased anti-CMV response within HLA-C*07:02. After normalizing for each donor's CMV breadth to account for the overall higher response

in SuS, patients with SuS showed a within-donor shift towards HLA-C*07:02 if present in the donor ($P = 0.032$, Fig. 2D), but not towards HLA-B*07:02, which is in strong linkage disequilibrium with HLA-C*07:02. This was accompanied by a larger shift towards HLA class I usage in general ($P = 5.8e-4$; Fig. 2E), consistent with the established involvement of CD8⁺ T cells in SuS³.

Convergent CMV-associated T-cell signatures and serological and virological markers are consistent with recurrent CMV activity in SuS

High TRB clonality likely reflects clonal expansion of a restricted set of dominant T-cell clonotypes. In addition to clonal expansion, antigen-associated T-cell responses can be characterized by convergence of sequence-similar TRB clonotypes³⁴. As an additional analytical advantage, these convergence approaches allow for the analysis of private/non-shared TRB clonotypes, if they are connected to a cluster with partial annotation by common/shared clonotypes. An example of a highly clonal peripheral TRB repertoire in a patient with SuS including a cluster of sequence-similar, mostly CMV-annotated sequences is shown in Fig. 3A. When quantifying the number of unique TRB sequences within these similarity clusters, patients with SuS presented with a higher percentage within their 1,000 most-expanded TRB clonotypes compared to CMV IgG-positive HC ($P = 2.5e-5$; Fig. 3B). After repeated cell division, one TRB rearrangement is present in more than one cell and patients with SuS showed higher amounts of genomic DNA templates/cells within CMV-annotated TRB clusters ($P = 4e-7$; Fig. 3C), indicating clonal expansion of CMV-specific clusters in SuS.

To assess whether CMV-associated repertoire features differed with age, the number of CMV-annotated clusters was correlated with age, showing stable CMV clusters after infection in HC (Spearman $\rho = 0.00$; $P_{\text{Spearman}} = 0.96$). In contrast, in patients with SuS, the number of CMV clusters was positively associated with age (Spearman $\rho = 0.41$; $P_{\text{Spearman}} = 0.0020$; $P_{\text{Interaction (Diagnosis X age)}} = 0.034$) (Fig. 3D). This cross-sectional age association is compatible with cumulative or recurrent antigen exposure, although it does not demonstrate within-person accumulation over time. Between-donor convergence analysis of the top-expanded clonotypes revealed 2,776 sequence clusters, of which four clusters with similar rearrangements were significantly enriched for CMV IgG-positive HC (nominal, unadjusted P value), whereas 106 clusters were enriched for patients with SuS (4 vs 106; Fisher's exact test comparing the proportions of HC- and SuS-enriched clusters; $P < 0.0001$), indicating a SuS-specific anti-CMV response (Fig. 3E). Highly CMV-annotation-enriched clusters mostly existed in patients with SuS, including T-cell responses against immediate-early CMV proteins (Fig. 3E). Collectively, these features are consistent with more frequent CMV reactivations in SuS.

To independently evaluate whether the converged T-cell response reflects recurrent CMV activity, CMV IgM titers in serum were determined in all available samples. 22 of 70 (31%) patients with SuS had IgM presence at 30 of 111 visits above the cut-off of 0.7, compared to 2 of 52 (4%) CMV IgG-positive HC (Fisher's exact test: $P = 1.4e-4$), and IgM titers were generally higher in SuS ($P = 1.3e-5$; Fig. 3F). Importantly, the IgM

elevation was not mirrored by varicella-zoster virus IgM in the tested subgroup of 32 patients with definite SuS compared to CMV IgG-positive HC (n = 29; $P = 0.62$; Supplementary Figure 2) and available serum total IgM levels from 13 of 14 tested patients were within the normal range (<2.5 g/l)³⁵, indicating that the serological findings support CMV activity rather than a non-specific or pan-herpesvirus response.

As plasma was unavailable, serum was also assessed for CMV DNA as a direct indicator of CMV reactivation with 9 of 127 SuS visits in 8 of 70 patients being DNA-positive compared to 0 of 79 visits in 54 CMV IgG-positive HC. Because patients contributed unequal numbers of visits, these subject-level comparisons were repeated at the visit level using linear mixed-effects models with a random intercept per individual, with each marker analysis restricted to visits at which that assay was actually performed so that untested visits did not enter as negative results. Adjusted for age and sex, patients with SuS retained a higher probability of IgM positivity over the threshold ($P = 6.9\text{e-}4$), of serum DNAemia ($P = 0.016$), and of either marker being positive ($P = 3.3\text{e-}5$) than CMV IgG-positive HC (Fig. 3G). 37% of patients (26 of 70) with SuS were positive for either marker at least once.

The serological difference proved robust in two further respects. First, it extended below the diagnostic threshold: among donors whose IgM remained below the clinical cut-off of 0.7, titers were still higher in SuS than in IgG-positive HC ($P = 0.0017$; Fig. 3H), indicating a graded rather than dichotomous difference and arguing against a threshold artifact. Second, the assay behaved as expected on internal controls: within HC, IgM titers tracked CMV IgG serostatus, being higher in IgG-positive than IgG-negative individuals ($P = 3.7\text{e-}11$; Fig. 3I), supporting the expected discrimination of the assay according to CMV serostatus.

As immunosuppressive treatment can trigger CMV reactivation³⁶, we next asked whether the excess reactivation in SuS was iatrogenic. Among patients with SuS, visit-level generalized estimating equations modelling each marker separately found no evidence of an association between immunosuppression within the six months preceding blood draw, with the regimens used to treat SuS, and either IgM positivity (OR 0.72, 95% CI 0.31-1.65; $P = 0.44$; 124 visits, 69 patients) or DNAemia (OR 1.44, 95% CI 0.36-5.78; $P = 0.61$; 121 visits, 68 patients) (Fig. 3J). We therefore found no indication that CMV reactivation in SuS was statistically associated with treatment.

Finally, as an antibody-independent correlate of cumulative CMV antigen encounter³⁷, the proportion of adaptive NKG2C⁺ cells among NKG2A⁻CD56^{dim} natural killer (NK) cells was higher in CMV IgG-positive than in IgG-negative HC ($P = 3.5\text{e-}4$) and was further increased in patients with SuS relative to CMV IgG-positive HC ($P = 0.02$; Fig. 3K; Supplementary Figure 3), providing an additional independent line of evidence alongside the TRB repertoire and serology for elevated cumulative CMV exposure in SuS.

Single-cell profiling of a patient with SuS reveals convergent CMV-specific CD8⁺ T-cell expansion paralleling that seen in allogeneic HSCT recipients at CMV reactivation

A 59-year-old male presented with a first generalized tonic-clonic seizure, nystagmus, dizziness, right ear hearing loss, and a temporal-inferior branch retinal artery occlusion. MRI findings showed characteristic T2 lesions in the splenium of the corpus callosum and disseminated patchy contrast enhancement. CSF analysis revealed elevated protein, lactate without pleocytosis, and detectable CMV DNA. Based on the clinical triad of encephalopathy, branch retinal artery occlusions, and sensorineural hearing loss he was diagnosed with definite SuS and treated with high-dose steroids, IVIG, and mycophenolate mofetil. Despite initial stability, he suffered a relapse requiring plasma exchange and treatment with infliximab.

Notably, the patient had been hospitalized eleven months before SuS onset for CMV-triggered secondary hemophagocytic lymphohistiocytosis with kidney involvement (stage 1 acute kidney injury) and splenomegaly, among other diagnoses. Diagnostic work-up at the time included a bone marrow biopsy and chest/abdominal CT scans, which were unremarkable, and immunofixation, which revealed equivocal monoclonal bands in the IgM and IgG fractions. The patient was treated with a combination of aciclovir and valganciclovir for 12 days and doxycycline for two weeks (following a positive test for *Borrelia burgdorferi* IgM). High-dose prednisolone (100 mg/day) was administered, which led to a rapid subsidence of fever, a decrease in CRP levels and the resolution of Coombs negative hemolysis.

An immunological work-up performed at the time of SuS diagnosis, after eleven months without immunosuppressive therapy, recapitulated the features observed in the larger cohort: the patient, an HLA-C*07:02 carrier, was CMV IgG-positive and showed compartmentalized viral activity, reflected by CMV DNA detectable in cerebrospinal fluid (CSF) but not serum, suggesting CMV reactivation in the CNS in this patient. The patient was also negative for DNA of EBV, HHV6, HSV, and VZV and CMV IgM-negative in serum at the time of diagnosis.

Single-cell RNA and paired TCR $\alpha\beta$ sequencing data from peripheral blood mononuclear cells (PBMC) and CSF at diagnosis were compared with data from four previously published CMV IgG-positive HC^{38,39} and, to place the findings in the context of a defined and clinically confirmed reactivation event, with a previously published cohort of four allogeneic hematopoietic stem-cell transplant recipients (HSCT) sampled longitudinally across CMV reactivation (CMV-seropositive donor, reactivation [ra]; CMV-seronegative donor, primary infection [pi])⁴⁰. The patient with SuS showed a shift from naïve towards CD8⁺ effector-memory T cells in both periphery and CSF, mirroring the compartment shift seen in the HSCT recipients at reactivation (Fig. 4A). This shift was accounted for in large part by CMV-specific T cells, which in the patient with SuS were almost exclusively CD8⁺ effector-memory in the periphery and constituted the dominant expanded population in the CSF¹⁸ (Fig. 4B). The proportion of T cells

annotated as CMV-specific in the patient with SuS exceeded that of all four HC in both compartments and was in the range of HSCT recipients (CMV-seropositive donors) at the time of clinically confirmed reactivation (Fig. 4C, D).

The antigen specificity of the response distinguished the patient even more clearly from HC. Whereas CMV-specific T cells in HC and in the HSCT recipients were dominated by late-phase specificities such as pp65 or remained unresolved, the response in the patient with SuS was focused on the immediate-early protein IE-1 and, secondarily, on early (pp50) specificities, in both PBMC and CSF (Fig. 4E), recapitulating the epitope shift observed across the cohort (Fig. 2). Nearly all CMV-specific cells in the CSF belonged to clonotypes also detected in peripheral blood (Fig. 4F), suggesting that these cells were of peripheral origin rather than locally expanded. In line with the cohort-level results, the strongest clonal expansion in both periphery and CSF was directed against the HLA-C*07:02-restricted IE-1 epitope CRVLCCYVL.

This case therefore provides an illustrative temporal association with documented CMV disease preceding SuS onset by eleven months and clinical and virological activity coinciding. Importantly, SuS developed despite prior ganciclovir treatment of the preceding CMV episode which is compatible with, but does not prove, the establishment of an autoimmune component; in this single patient, treatment of the antecedent CMV disease, therefore, did not prevent later development of SuS.

Episodes with CMV DNAemia coincide with disease activity

To test whether CMV reactivation also coincides with disease activity (defined by new activity or worsening in the brain, retina, or inner ear) at the cohort level, all study visits with available CMV serology and DNAemia assessment were assembled (Fig. 5A) and modeled using a population-averaged logistic regression (generalized estimating equations, exchangeable working correlation, robust standard errors clustered on patients) to account for repeated visits per patient. Disease activity was the dependent variable, with visit-level CMV DNAemia, CMV IgM positivity, age, and sex as covariates. The analysis was restricted to visits at which both assays were performed and disease activity was documented (63 patients, 111 visits, of which 8 were DNAemia-positive, 30 IgM-positive, 26 with, and 85 without evidence of disease activity). Detectable CMV DNA in serum was associated with concurrent disease activity (OR 11.44, 95% CI 2.28-57.44; $P = 3.1 \times 10^{-3}$), whereas neither IgM positivity (OR 1.40, 95% CI 0.31-6.32; $P = 0.66$), nor age nor sex were associated with disease activity (Fig. 5B). Of the eight DNAemia-positive visits, six occurred during active disease (6 of 26; 23%), compared with two during inactive disease (2 of 85; 2.4%). As sensitivity analyses, the two markers were modeled separately (IgM: $P = 0.91$; DNA: $P = 7 \times 10^{-3}$) or were subjected to a binomial linear mixed model (IgM: $P = 0.56$; DNA: $P = 6.3 \times 10^{-3}$). Given the observational, visit-level design, these data establish temporal co-occurrence rather than direction: both reactivation preceding disease activity and disease activity precipitating reactivation remain compatible with this model.

Independent validation in a Belgian cohort

CMV serology was determined as part of the routine clinical laboratory workup and available for 13 patients with definite SuS at diagnosis prior to therapy, all with active disease. All patients were IgG-positive (13 of 13; 95% CI 75.3-100%) and four of the 13 patients were also IgM-positive above the local clinical cut-off (COI > 1.0; 31%, 95% CI 9.1-61.4%). Of note, CMV seropositivity in Belgium is approximately 58% in the general population¹⁶. Serum CMV DNA was assessed in two patients (one positive, one negative), and CSF CMV DNA in seven patients (zero of seven positive). These findings were consistent with those in the German cohort. Notably, one of the patients had been diagnosed with acute CMV infection with thrombocytopenia and hepatic dysfunction two years before the diagnosis of SuS, echoing the index patient in the main cohort and providing an independent instance of documented CMV disease preceding SuS onset.

364 Discussion

365 In this study, SuS was associated with a systemic anti-CMV T-cell response, universal
366 CMV seropositivity, and serological and virological evidence of CMV reactivation co-
367 occurring with disease activity. Seropositivity alone would indicate no more than past
368 exposure; the informative question was whether CMV remains active in these patients,
369 and several features of our data speak to it. The CD8⁺-dominated anti-CMV T-cell
370 response showed high breadth, large convergent sequence clusters, reactivity against
371 immediate-early lytic antigens, and a positive association of CMV clusters with age.
372 CMV IgM titers were higher in patients than in CMV IgG-positive HC, both above and
373 below the clinical cut-off. Independent of both antibody and repertoire measurements,
374 adaptive NKG2C⁺ NK cells, a compartment imprinted by CMV infection and expanded
375 by repeated antigen encounters³⁷, were increased above the levels seen in CMV IgG-
376 positive HC, likely reflecting cumulative exposure. Serum CMV DNAemia and IgM
377 positivity are also consistent with viral activity in these patients and rarely detected in
378 immunocompetent CMV IgG-positive individuals. Cross-sectional testing finds DNA in
379 whole blood in only 0.4% of CMV IgG-positive controls⁴¹, and longitudinal sampling
380 typically detects it around seroconversion but not during stable latency⁴². The
381 observation that IgM positivity and DNAemia identified largely non-overlapping patients
382 is consistent with their differing kinetics: CMV IgM can remain detectable for weeks to
383 months after an acute reactivation episode has resolved, and therefore reflects recent
384 rather than concurrent viral activity, whereas DNAemia is a transient, acute-phase
385 marker that indexes reactivation at the time of sampling. CMV IgM positivity and/or
386 DNAemia were detected in over one third of the discovery and validation cohorts,
387 consistent with a recurrent process captured by cross-sectional sampling. CMV
388 DNAemia has been reported in patients with SuS at the time of diagnosis¹⁵, and
389 historical series describe high CMV IgM positivity at first presentation prior to treatment
390 initiation¹⁴. These prior studies together with our finding that CMV activity was not
391 associated with prior immunosuppression in the discovery cohort and that the
392 validation cohort was untreated all argue against a purely iatrogenic source³⁶.

393 These results revise a prior conclusion from an analysis of 14 patients, where we found
394 no CMV-associated TRB sequences among the expanded CD8⁺ T cells and no
395 productively CMV-infected endothelial cells in brain tissue³; re-sequencing at
396 enhanced depth of 13 of those patients in the current study with updated annotation
397 resources recovers the signal, indicating that the earlier result reflected limited depth
398 and annotation coverage rather than absence of a response.

399 It is known that CMV activity can cause a variety of different diseases including some
400 with CNS involvement. Congenital CMV infection^{43,44}, CMV-mediated microvascular
401 inflammation^{19,45}, idiopathic CMV encephalitis⁴⁶, and CMV disease in the context of
402 HIV or other immunosuppressed states^{47,48} show some overlap with SuS pathology.
403 However, whereas direct viral cytopathic effects have been shown in these other
404 diseases, evidence of this is so far lacking in SuS, suggesting that an autoimmune
405 component might play a role in SuS.

In this, the association between EBV and MS offers a close parallel: a ubiquitous herpesvirus reaching (near-)complete seropositivity in patients with a CNS autoimmune disease^{4,49,50}, where no productive viral replication is reliably detectable in affected tissue, similar to SuS³. The EBV-MS association therefore remains a comparable precedent for the complete viral seropositivity observed here, underscoring the structural resemblance between the CMV-SuS and EBV-MS associations.

A remaining question is the distinction between the driver of the pathogenic immune response and its ultimate *in situ* targets. Our data implicate CMV reactivation but do not establish the antigen-specificity of the T-cell attack on the endothelium. In our cohort, HLA-C*07:02 was enriched in SuS, positioning HLA-C*07:02 as a potential candidate genetic risk factor and HLA-C*07:02 positive patients with SuS mounted a significantly greater proportion of their anti-CMV T-cell response via that allele compared to healthy carriers. This would be consistent with the known infection of endothelial cells by CMV¹⁹, where it can elicit CD8⁺ T-cell memory inflation even by latent, non-productive infection²⁰. In carriers of the HLA-C*07:02 allele, infected endothelium presents CMV epitopes via this allele⁵¹, which is comparatively resistant to viral immune evasion⁵². The pathogenic T cells may recognize CMV antigens presented on abortively infected or antigen-bearing endothelium⁵³, consistent with the HLA-C*07:02-focused response and the immediate-early-directed clusters observed, or the response may have broadened via molecular mimicry or epitope spreading toward an unidentified self-antigen expressed on the barrier endothelium of the brain, retina, and inner ear. The latter scenario again parallels one of the currently proposed scenarios in MS, in which EBV epitopes, largely from EBNA-1, cross-react with CNS proteins such as Anoctamin-2⁵⁴ and GlialCAM⁵, a form of mimicry attributed to the lifelong latency of EBV in B cells^{55,56}. The restricted tissue tropism and the immune-mediated character of the injury suggest that an autoimmune component may sustain chronic tissue damage, even while CMV activity is strongly implicated in the development and perpetuation of SuS.

An additional observation from the literature is that among 33 described patients with SuS, who had children, 21 were first diagnosed during pregnancy or the postpartum period⁵⁷, during which CMV shedding in IgG-positive women is common⁵⁸. Although these observations derive from unsystematic case reports and are subject to ascertainment bias, they are compatible with the reactivation hypothesis. A recent study linking acute COVID-19 with reactivation of other viruses such as CMV⁵⁹ is also very much in line with several case reports of development of SuS after vaccination against SARS-CoV-2 or development of acute COVID-19^{60–65}.

Overall, these findings carry potential clinical implications. First, no patient with definite SuS in either cohort was CMV IgG-negative and none exist in the literature; if this holds prospectively, a negative CMV serology would argue against SuS diagnosis. Second, in one of the two patients for whom pre-onset information was available, SuS developed despite antiviral treatment of the antecedent CMV episode. A combined

antiviral and immunomodulatory approach could therefore be tested prospectively, potentially using agents with dual activity already approved for treatment of neuroinflammatory disease, such as teriflunomide or leflunomide^{66,67}. Without this prospective evaluation, our findings do not yet support empirical antiviral therapy in SuS. A causal or active role of CMV remains unproven, treatment-selection criteria are lacking, and uncontrolled treatment responses would be difficult to interpret in the context of the fluctuating disease course and concomitant immunomodulatory therapy. Finally, our findings may offer a partial mechanistic rationale for the reported efficacy of IVIG in SuS^{68,69}, given its known anti-CMV activity⁷⁰; whether CMV-specific IVIG confers additional benefit⁷¹ is an open question.

One limitation of our study is that all patients were assessed after symptom onset and, therefore, a definite claim of causation is precluded. In principle, SuS could increase susceptibility to CMV, producing these associations through reverse causation. However, such a scenario is difficult to reconcile with universal seropositivity or the strong association of CMV-specific T-cell clusters with age in patients with SuS. Furthermore, two patients were hospitalized for two separate CMV diseases up to two years before diagnosis with SuS. The most probable sequence is therefore infection followed by the subsequent development of SuS symptoms, although this requires formal demonstration in a longitudinal cohort. Additionally, CMV PCR was performed on serum rather than plasma. Because serum may yield lower CMV DNA concentrations than paired plasma, negative serum PCR results may underestimate low-level DNAemia.

Taken together, beyond complete CMV IgG-positivity in 83 patients tested across two geographically separate cohorts, five converging lines of evidence implicate recurrent CMV activity due to a poorly controlled infection in the pathogenesis of SuS: CMV IgM-positivity in nearly one third of both cohorts and presence of CMV DNAemia, a clonally expanded anti-CMV T-cell response converging on an HLA-C*07:02-restricted immediate-early epitope, anti-CMV T-cell clusters with a strong positive association with age, expansion of CMV-associated NK cells, and serum DNAemia coinciding with clinical disease activity. Future research should determine, in which capacity CMV serostatus could be incorporated into the diagnostic criteria and whether antiviral strategies offer therapeutic value.

Methods

Study cohorts

The discovery cohort consisted of 72 patients with a definite SuS diagnosis², who were recruited between 2014 and 2026 in five German neurology clinics (Bochum, Essen, Düsseldorf, Berlin, Münster). CMV serostatus was not a factor in the diagnosis or recruitment of these patients. TRB sequencing was performed for 43 patients, HLA typing for 54 patients, and serological and virological assessments for 70 patients (Supplementary Table 1; Supplementary Figure 4) with available serum samples across 130 time points. Patient and sample numbers varied between experiments according to sample availability at the respective experimental time points. Evidence of disease activity was characterized by new hyperfluorescence or branch retinal artery occlusions on fluorescence angiography and/or new-onset or worsening sensorineural hearing loss on the audiogram and/or new cerebral lesions (including leptomeningeal contrast enhancement) on MRI independent from clinical symptoms.

Immunosuppressive exposure was coded per visit as a binary variable, indicating whether a patient had received any immunosuppressive or immunomodulatory therapy (corticosteroids including pulse therapy, mycophenolate mofetil, azathioprine, cyclophosphamide, infliximab) at any point within the six months preceding the blood draw, irrespective of whether treatment was still ongoing at the time of sampling.

The validation cohort was gathered in a single center in Belgium and consisted of 13 patients diagnosed with definite SuS, where CMV IgG and IgM, as well as CMV PCR from serum and CSF were performed for diagnostic purposes at diagnosis from fresh biomaterials before initiation of treatment.

Serological assessment

CMV IgG and IgM antibody status and titers were determined in all available biobanked samples by electrochemiluminescence immunoassay in a blinded fashion using the Elecsys IgG and IgM kits on a Cobas e801 analyzer according to the manufacturer's instructions (Roche Diagnostics, Rotkreuz, Switzerland).

DNAemia assessment

Detection of CMV DNA in serum was performed on all available biobanked samples by polymerase chain reaction using the AltoStar® CMV PCR Kit 1.5 in a blinded fashion (Altona Diagnostics, Hamburg, Germany) according to the manufacturer's instructions. Serum samples were used because plasma samples were unavailable; the use of serum was validated with serum and plasma samples from CMV DNA-positive transplant patients^{72,73}. CMV DNA-positive samples were retested and rated as positive only if both results were positive. Individuals with DNA levels near the level of detection may be missed by this definition.

HLA typing

High-resolution HLA typing was performed at the DKMS Life Science Lab, accredited by European Federation of Immunogenetics and American Society for Histocompatibility and Immunogenetics. Exons 2 and 3 of HLA-A, HLA-B, HLA-C, and HLA-DRB1 were sequenced by NGS.

TRB sequencing

TRB sequencing was conducted from genomic DNA (gDNA) extracted from 10 million cryopreserved PBMC using the immunoSEQ assay (Adaptive Biotechnologies, Seattle/WA, USA). Control cohorts for the TRB clonality analysis (Fig. 1A), assessed with the same assay, were taken from previously published studies^{10,13,25,26,29}.

Flow cytometry

Cryopreserved PBMC were thawed and stained for spectral flow cytometry on a Cytex Aurora (Cytex Biosciences, Fremont/CA, USA) cytometer as previously described³⁸ using antibodies against the following antigens: CD56 (BUV737), NKG2A (CD159a; BUV615), NKG2C (CD159c; BUV395) (BD Biosciences, San Jose/CA, USA), CD16 (PE-AF700) and live/dead staining (Live/Dead Blue) (Thermo Fisher, Waltham/MA, USA). Spectral flow cytometry data were then analyzed using FlowJo software (V10.10, Becton Dickinson, Franklin Lakes/NJ, USA). The frequency of NKG2C⁺ cells among CD56^{dim} NKG2A⁻ NK cells was quantified according to the gating strategy shown in Supplementary Figure 3.

Bioinformatic analysis

ECOcluster-based analysis

ECOclusters were defined as previously described²⁷. Briefly, we computationally HLA-typed a large cohort of TRB repertoires, using high-precision HLA models³³. We then statistically associated “public” TRBs (occurring in many donors) with specific HLAs. Within the context of an individual HLA, h , we clustered TRBs associated with h according to their patterns of occurrence within donors inferred to have h . We call the resulting HLA-restricted clusters HLA-COclusters. We then built cross-HLA clusters of co-occurring HLA-COclusters, termed ECOclusters. To associate a given ECOcluster with a putative exposure such as a viral infection, we performed one-sided Mann-Whitney U (MWU) tests of repertoire “breadth” on the ECOcluster (defined below) against serological labels in independent cohorts, to assess enrichment of cluster TRBs in cases over controls. We validated the specificity of these ECOcluster-label associations in holdout cohorts.

For a given HLA-COcluster i associated with HLA h , and a given TRB repertoire r inferred to have h , we define the HLA-COcluster *CR count*, CR_{ir} , as the number of unique TRB nucleotide rearrangements matching TRBs in i observed in TRB repertoire r .

We define the *HLA-COcluster breadth* HB_{ir} as CR_{ir} / UPR_r , where UPR_r is the total number of unique productive (in-frame, no stop codon) TRB nucleotide rearrangements observed in the TRB repertoire r .

Similarly, we define *HLA-COcluster depth* HD_{ir} as the sum of the productive frequencies of TRB nucleotide rearrangements in r matching TRBs in i . The *productive frequency* of a specific nucleotide rearrangement in repertoire r is the summed template count for that rearrangement, divided by the total template count of all productive rearrangements in r .

Then, for a given ECOcluster e with component HLA-COclusters $\{j_1, j_2, \dots, j_N\}$, we can define the *ECOcluster breadth* EB_{er} as $\sum_{k=1}^N HB_{j_k,r}$, and *ECOcluster depth* ED_{er} as $\sum_{k=1}^N HD_{j_k,r}$.

TRB sequence matching

Database entries from VDJdb or the CMV ECOcluster were matched in TRB repertoires by CDR3 amino acid sequence and TRB chain variable gene. From VDJdb, only entries derived from multimer experiments were used, and only matches in donors with the correct HLA background of the annotated entry were counted. Breadth was calculated by adding all unique productive rearrangements in a sample matched to CMV or a specific epitope and dividing by the number of rearrangements in that sample. Depth was calculated by adding the productive frequency of these matched rearrangements in a sample.

Productive clonality

Productive clonality was calculated as the square root of Simpson's index ($\sum p_i^2$), where p_i is the proportional abundance of each unique productive TRB nucleotide rearrangement.

Epitope quantification

Sequence matching was performed in HLA-eligible donors as described above. Breadth was then statistically assessed using either linear models (for VDJdb epitopes, which in theory could include TRB entries for more than one HLA allele) or Wilcoxon tests in donors with one common HLA allele (for HLA-COclusters that are by definition HLA-restricted to one allele).

Elastic net analysis

To test whether donor-level patterns of HLA-restricted CMV-specificities discriminate SuS from CMV IgG-positive HC, an elastic-net logistic regression classifier was trained on the matrix of per-donor breadth values across all queried VDJdb epitopes and CMV ECOcluster component HLA-COclusters. Features with fewer than two non-zero observations across donors were excluded; remaining features were internally standardized. The classifier was fitted separately in HLA-C*07:02 carriers and non-carriers. Within each stratum, performance was estimated by leave-one-out cross-

validation: for each held-out donor, the regularization parameter λ was selected by inner 3-5-fold cross-validation (class-balanced folds, λ at minimum binomial deviance), and the mixing parameter α was chosen from a grid {0.1, 0.5, 1.0}. The α selected by majority vote across LOOCV iterations was then used to re-fit a final model on all donors in the stratum for feature extraction. Classifier performance was reported as the area under the receiver-operating curve with 95% DeLong confidence intervals and operating thresholds were derived by Youden's J. Elastic-net-selected features were further visualized by partial least-squares discriminant analysis (PLS-DA) within each stratum, with two latent variables, per-feature scaling, and leave-one-out classification accuracy estimated by the maximum-distance prediction rule; the sign of latent variable 1 was oriented such that patients with SuS lay on its positive side, an operation that does not affect classification.

Intra-individual TRB similarity clustering

For the top 1,000 most prevalent TRB rearrangements in a repertoire, a TCRdist matrix was constructed⁷⁴; rearrangements separated by a distance threshold of 12 or less (approximately equivalent to a Hamming distance of 1, but better suited for TRB sequences) were considered to be part of one cluster.

Phase annotation

CMV epitopes were grouped into immediate-early, early, and late phases of the lytic anti-CMV response¹⁸. In the case of HLA-COclusters, MIRA data⁷⁵ were used (Supplementary Table 2), where available, to find the feature's most probable epitope. In several cases, there was sequence overlap between ECOclusters and VDJdb entries (e.g., VDJdb epitope CRVLCCYVL and HLA-COcluster feature20419 or the epitope VTEHDTLLY and feature339), which allowed us to cross-validate the epitope restriction suggested by MIRA.

Inter-individual TRB similarity clustering

For the top 1,000 most prevalent TRB rearrangements of all repertoires in the analysis, a TCRdist matrix⁷⁴ was constructed, and DBSCAN⁷⁶ was used with an $\epsilon = 12$ and a minimum cluster size of three sequences. Clusters were then assessed for statistical enrichment of either HC or patients with SuS at the donor level using Fisher's exact test of donors in a cluster.

Single-cell RNA sequencing

Single-cell suspensions were processed using the 10x Genomics Chromium Next GEM Single Cell 5' platform (10x Genomics, Pleasanton/CA, USA). Cells were partitioned into gel bead-in-emulsion and barcoded according to the standard 10x Genomics 5' protocol. Gene-expression libraries together with paired V(D)J immune repertoire (TCR and BCR) libraries were prepared from the same captured cells. Libraries were sequenced on an Illumina platform (Illumina, San Diego/CA, USA). Raw sequencing reads were processed with Cell Ranger (v8.0.1, 10x Genomics) using the cellranger multi pipeline, jointly aligning gene-expression and V(D)J data per sample.

Reads were aligned to the GRCh38 human reference (refdata-gex-GRCh38-2024-A) for gene expression and to the corresponding Cell Ranger V(D)J reference (GRCh38, Ensembl 7.1.0) for TCR and BCR assembly. Cell calling, barcode and UMI counting, and clonotype assembly were performed with default parameters, yielding filtered feature-barcode matrices and contig annotations for downstream analysis. Sample-level HLA genotypes were inferred directly from the single-cell gene-expression reads using arcashLA⁷⁷, which extracts and re-aligns reads mapping to the HLA region to predict class I and class II allele genotypes at high resolution. In samples with unavailable serostatus, CMV serostatus was inferred with CMVerify⁷⁸, a machine-learning tool that predicts CMV serostatus from single-cell gene-expression data. As additional positive controls, one CMV IgG-positive sample from a previously published study³⁸ and three from a second published study³⁹ were included. The latter study was financially supported by the National Institutes of Health and downloaded from the National Institutes of Health's dbGaP database (accession phs002222.v2.p1).

Single-cell sequencing data integration and clustering

Filtered feature-barcode matrices from the cohorts described above, together with an external longitudinal cytomegalovirus (CMV)-reactivation kinetics cohort⁴⁰ and pre-computed Azimuth reference cell-type predictions, were merged into a single SingleCellExperiment object (236,095 cells x 20,022 genes across 33 samples spanning four cohorts) prior to reprocessing. Per-cell quality-control metrics (total UMI count, number of detected genes, and percentage of counts mapping to mitochondrial and ribosomal gene sets) were computed with scater::perCellQCMetrics (scater v1.38.0). Outlier cells were flagged per sample using scanr::isOutlier (scanr v1.38.0) at a threshold of 3 median absolute deviations from the per-sample median (low tail for library size and detected-gene count, high tail for mitochondrial percentage), supplemented by an absolute floor (library size < 500 UMIs, detected genes < 200, or mitochondrial fraction > 20%). Heterotypic doublets were identified with scDbtFinder (v1.24.0). Cells failing either criterion were excluded (21,312 cells, 9.03% of input), yielding a filtered dataset of 214,783 cells x 19,917 genes.

Highly variable genes were identified from the library-size-normalized, log-transformed expression matrix by modeling the mean-variance trend with scanr::modelGeneVar, blocking on study of origin to limit selection of genes driven by inter-cohort technical variation; the top 2,500 genes by biological-component rank were retained for principal component analysis (PCA; scater::runPCA, 50 components, randomized SVD). Batch effects across the 33 samples were corrected by applying Harmony (harmony v2.0.5)⁷⁹, and applied to the 50-dimensional PCA embedding with sample identity as the integration variable; Harmony converged after 5 iterations. Uniform manifold approximation and projection (UMAP; scater::runUMAP, 30 dimensions) was computed on the Harmony-corrected embedding for visualization and downstream figure generation.

Cell-type proportions were compared among donors by computing per-sample cell-type fractions stratified by tissue (CSF, PBMC); given the single-patient design, this

analysis is descriptive and reported as exploratory. All integration and clustering analyses were performed in R (v4.5.3).

Statistics

Statistical tests are reported in the figure legends. Generally, non-parametric tests were performed (Mann-Whitney tests, Spearman correlations). Fisher's exact tests were used to assess binary distributions (e.g. donor distributions in clusters or antibody/DNA positivity). If many hypotheses were tested (Fig. 1B, Fig. 1C, and Fig. 2A), *P* value adjustment using Benjamini-Hochberg⁸⁰ was applied.

Visit-level modelling of CMV reactivation markers

Because patients contributed unequal numbers of longitudinal samples, subject-level comparisons of reactivation markers were complemented by models fitted at the level of the individual study visit, which retain all sampling time points while accounting for the non-independence of repeated measurements within a donor.

Marker positivity was defined only for visits at which the corresponding assay was actually performed. Visits without a given assay were treated as missing for that marker and excluded from the corresponding model, rather than being counted as negative results; each marker model was therefore fitted to its own analysis set, and models including both markers simultaneously were restricted to complete cases. Sample sizes for each model (number of visits and number of contributing patients) are reported in the corresponding figure legend or results text.

Group differences in reactivation between patients with definite SuS and CMV IgG-positive HC (Fig. 3G) were estimated using linear mixed-effects models with a random intercept per individual, fitted with the lme4 and lmerTest packages in R. Binary marker status (IgM positivity above the clinical cut-off, serum CMV DNAemia, or either marker positive) was modelled as the dependent variable, with diagnostic group as the fixed effect of interest and age and sex as covariates. Coefficients are therefore interpretable as the adjusted difference in the probability of marker positivity relative to CMV IgG-positive HC. Confidence intervals were obtained by the Wald method, and *P* values were calculated using two-sided *t*-tests with Satterthwaite-approximated degrees of freedom.

Associations within the SuS cohort between immunosuppressive treatment and each reactivation marker (Fig. 3J), and between reactivation markers and concurrent clinical disease activity (Fig. 5B) were estimated using population-averaged logistic regression fitted by generalized estimating equations (geepack package in R), with an exchangeable working correlation structure and robust (sandwich) standard errors clustered on patient identifiers. These models yield marginal odds ratios with cluster-robust inference appropriate for repeated visits per patient. Age and sex were included as covariates throughout. Continuous covariates were standardized where indicated in the figure legends; odds ratios for standardized covariates are reported per standard deviation. All models were checked for convergence and for degenerate variance estimates arising from sparse cells or collapsed clustering, and no model with non-finite standard errors is reported. All modeling was performed in R (v4.5.3).

718

719

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Study approval

All experiments and sample collections were carried out in accordance with the Declaration of Helsinki and were approved by the local ethics committee in Münster, Germany (Ethics Committee of the Board of Physicians of the Region Westfalen-Lippe (2014-068-f-S, 2016-053-f-S, 2019-712-f-S, 2024-653-f-S)) and of Ghent University hospital (2019/1443). Written informed consent was obtained from all patients prior to inclusion in the study.

Sex and gender reporting

Sex was self-reported and refers to biological attributes. Gender identity was not collected in this study, and no analyses are disaggregated by gender.

Both female and male participants were included in all cohorts. In the discovery cohort, the sex distribution (f:m) was 49:21 for serological assessment, 48:20 for CMV DNAemia assessment, and 29:14 for TRB sequencing; healthy control groups were sex-matched to the corresponding patient group (116:46, 37:14, and 68:36, respectively; all $P \geq 0.84$, Supplementary Table 1). The female predominance reflects the known sex distribution of Susac syndrome rather than a recruitment criterion; no participant was included or excluded on the basis of sex. The patient characterised by single-cell profiling was male.

Sex was included as a covariate in all visit-level models of CMV reactivation markers, of the association between immunosuppression and reactivation, and of the association between reactivation and disease activity; it was not associated with any outcome (Fig. 3J, Fig. 5B). Given the rarity of the disease and the resulting cohort size, the study was not powered for formally sex-stratified analyses, and sex-disaggregated results should be regarded as exploratory. Sex-disaggregated participant counts are provided in Supplementary Table 1.

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Data availability

The TRB repertoires of patients with SuS and healthy IgG-positive controls (Figures 2+3) as well as the previously unpublished single cell RNA sequencing data (Fig. 4) are available without restriction on Zenodo (10.5281/zenodo.22246432).

A link for the duration of the peer-review process is here:

<https://zenodo.org/records/22246432?preview=1&token=eyJhbGciOiJIUzUxMiJ9.eyJpZCI6IjI5NTNjMjg4LWRhNDktNDVhZC05ZDI2LTM3YWl0NzU5MmMwNyIsImRhdGEiOiJ9LCJyZW5kb20iOiJxMzgxMTcwYmVhZTdmYjRhZmViYTExYTU1MmRmZmQ5NyJ9.sbmxbJ-O9sr4Gakvm8mGZWkSsrTF4iQg-IJml-udafD28DWLcdiq8BwGKG61kaEuMb4o-rF1-PgLeTpBmzs3w>

Author contributions

N.S., E.D., T.S.-H. and A.S.-M. contributed equally. S.G.M., H.W., I.K. and C.C.G. jointly supervised the study.

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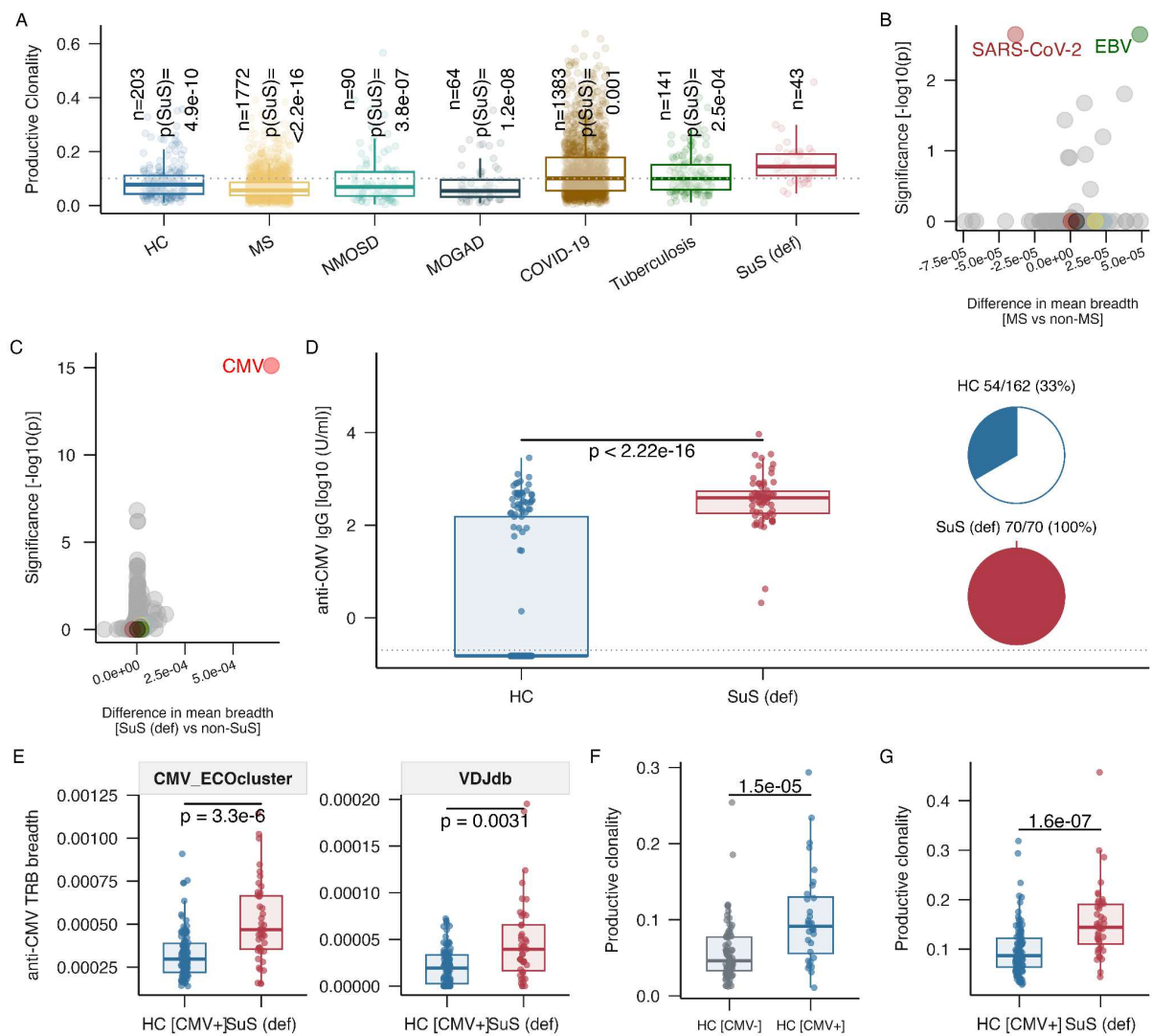
All authors approved the final manuscript and agree to be accountable for the work.

Competing interests

N.S. declares no competing interests. E.D. declares no competing interests. T.S.-H. declares no competing interests. A.S.-M. declares no competing interests. M. Kraemer declares no competing interests. D.M. is an employee of Adaptive Biotechnologies and receives salary, stock, and options as part of their employment compensation outside of the submitted work. C.W. declares no competing interests. S.F. declares no competing interests. J.L. declares no competing interests. L. Kaufmann declares no competing interests. A.K. declares no competing interests. E.M.S. declares no competing interests. S.W. is an employee of Adaptive Biotechnologies and receives salary, stock, and options as part of their employment compensation outside of the submitted work. B.H. is an employee of Adaptive Biotechnologies and receives salary, stock, and options as part of their employment compensation outside of the submitted work. M. Klinger is an employee of Adaptive Biotechnologies and receives salary, stock, and options as part of their employment compensation outside of the submitted work. E.J.O. is an employee of Adaptive Biotechnologies and receives salary, stock, and options as part of their employment compensation outside of the submitted work. J.M. is an employee of Adaptive Biotechnologies and receives salary, stock, and options as part of their employment compensation outside of the submitted work. B.S. declares no competing interests. T.A.H. received speaker honoraria, conference support, or scientific advisory board fees from Bayer-Schering, Bristol-Myers Squibb, Biogen-Idec, Merck, Novartis, Roche, UCB, Sanofi-Genzyme, Alexion, Sandoz, Teva, and Neuraxpharm. D.H. declares no competing interests. M.M. declares no competing interests. S.J. declares no competing interests. K.R. received research support from the European Union (821283-2), Stiftung Charité, the Guthy-Jackson Charitable Foundation, and the Arthur Arnstein Foundation, and speaker honoraria from Virion Serion and Novartis. B. Wildemann received research support from the Federal Ministry of Research, Technology and Space, the German Research Foundation (DFG), the Baden-Württemberg Ministry of Science, Research and Arts, Argenx, Novartis, and Roche, and honoraria and/or travel support from Alexion, Argenx, INSTAND, Neuraxpharm, Novartis, and Roche. B. Wokke received research support from Hansa Biopharma, none related to this study. A.W.-Y. declares no competing interests. B. Willekens received travel support to attend conferences and meetings from Biogen, Sanofi-Genzyme, Merck, Neuraxpharm, Novartis, Roche, UCB, EAN, European Charcot Foundation, ECTRIMS, CMSC, MEDEN, iMyoS, EMSP. B. Willekens has acted as a consultant during scientific advisory boards and/or as speaker for Alexion, Amgen, Biogen, BMS-Celgene, Galapagos, Horizon, Immunicon Therapeutics, Janssen, Merck, Novartis, Roche, Sandoz, Sanofi-Genzyme. B.

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897 TCR-based exposure classification, including the ECOcluster method used in this
898 study.



900

901 **Figure 1. Universal CMV seropositivity and an amplified anti-CMV T-cell**
902 **response in SuS.**

903 **(A)** Productive TRB clonality in peripheral blood of healthy controls (HC, n = 203) and
904 patients with multiple sclerosis (MS, n = 1,772), neuromyelitis optica spectrum disorder
905 (NMOSD, n = 90), myelin oligodendrocyte glycoprotein antibody-associated disease
906 (MOGAD, n = 64)¹³, COVID-19 (n = 1,383)²⁶, tuberculosis (n = 141)²⁵, and definite
907 Susac syndrome (SuS (def), n = 43). *P* values were determined by a two-sided
908 Wilcoxon rank-sum test for each group versus SuS (def). Dotted line indicates a
909 reference clonality of 0.1.

910 **(B,C)** Volcano plots comparing mean TRB repertoire "breadth" (fraction of the unique
911 T-cell clonotypes annotated to a given TRB cluster) between **(B)** patients with MS and
912 non-MS control cohorts (HC, n = 203, NMOSD, n = 90, MOGAD, n = 64) and **(C)**
913 patients with SuS (def) and non-SuS control cohorts (HC, n = 203, MS, n = 1772,
914 NMOSD, n = 90, MOGAD, n = 64). Each point represents one cluster; known

associations are colored by the annotated pathogen (CMV, HSV-1, HSV-2, parvovirus, RSV, EBV, SARS-CoV-2, toxoplasma, or unknown/unassigned). *P* values were calculated using a two-sided Mann-Whitney U test, Benjamini-Hochberg (BH)-adjusted; the most significant pathogen(s) in each comparison are labeled directly (EBV and SARS-CoV-2 in **B**; CMV in **C**).

(D) CMV IgG titers (log₁₀ IU/ml) in HC (n = 162) and SuS (def, n = 70). *P* values were calculated using a two-sided Wilcoxon rank-sum test. Pie charts show the fraction of CMV IgG-positive donors per group (positive/total tested, %). The dotted gray line indicates the threshold for seropositivity.

(E) Anti-CMV TRB "breadth" (fraction of T-cell clonotypes annotated as CMV-specific) in CMV IgG-positive HC (HC [CMV+], n = 104) versus SuS (def, n = 43), independently derived from two reference annotation sources: Exposure Co-Occurrence clusters (CMV_ECOcluster, left) and VDJdb (right). *P* values were calculated using a two-sided Wilcoxon rank-sum test.

(F) Productive TRB clonality in HC stratified by CMV serostatus (CMV IgG-negative (n = 82) versus CMV IgG-positive (n = 32). *P* values were calculated using a two-sided Wilcoxon rank-sum test.

(G) Productive TRB clonality in CMV IgG-positive HC (HC [CMV+], n = 104) versus SuS (def, n = 43). *P* values were calculated using a two-sided Wilcoxon rank-sum test.

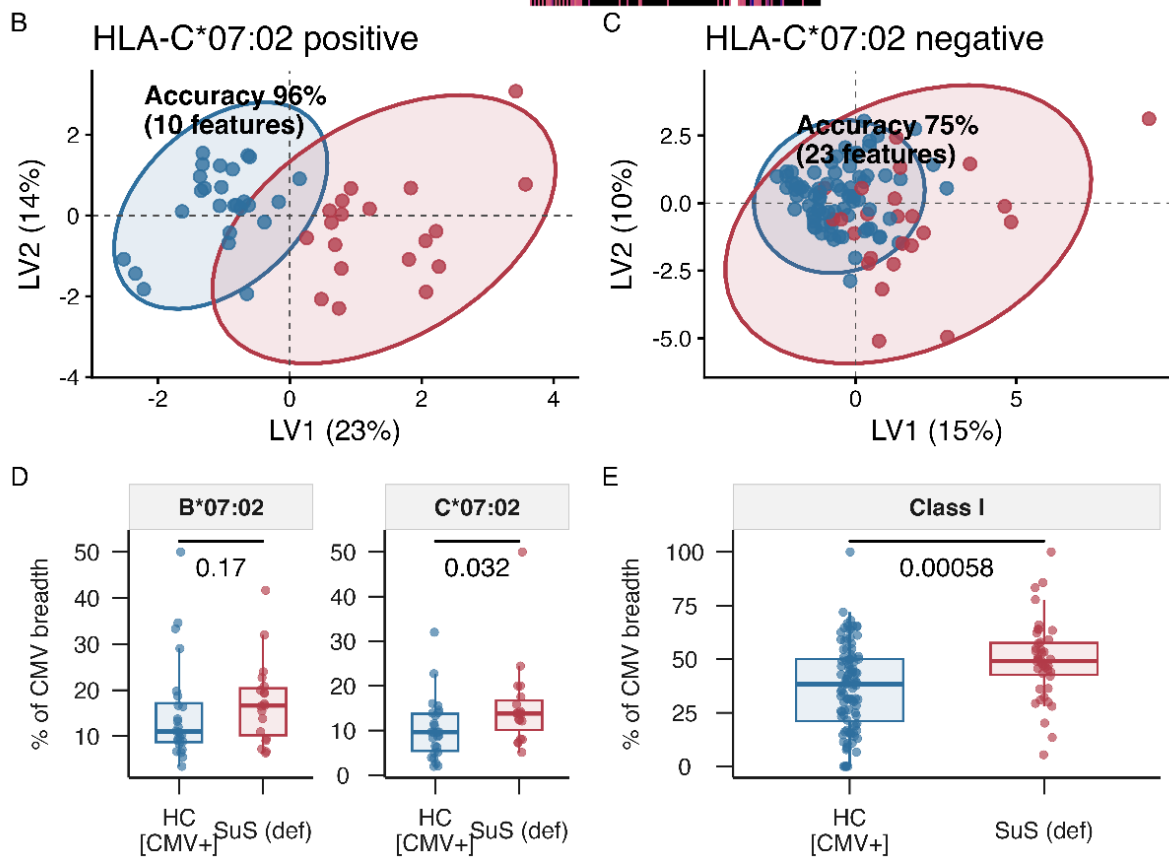
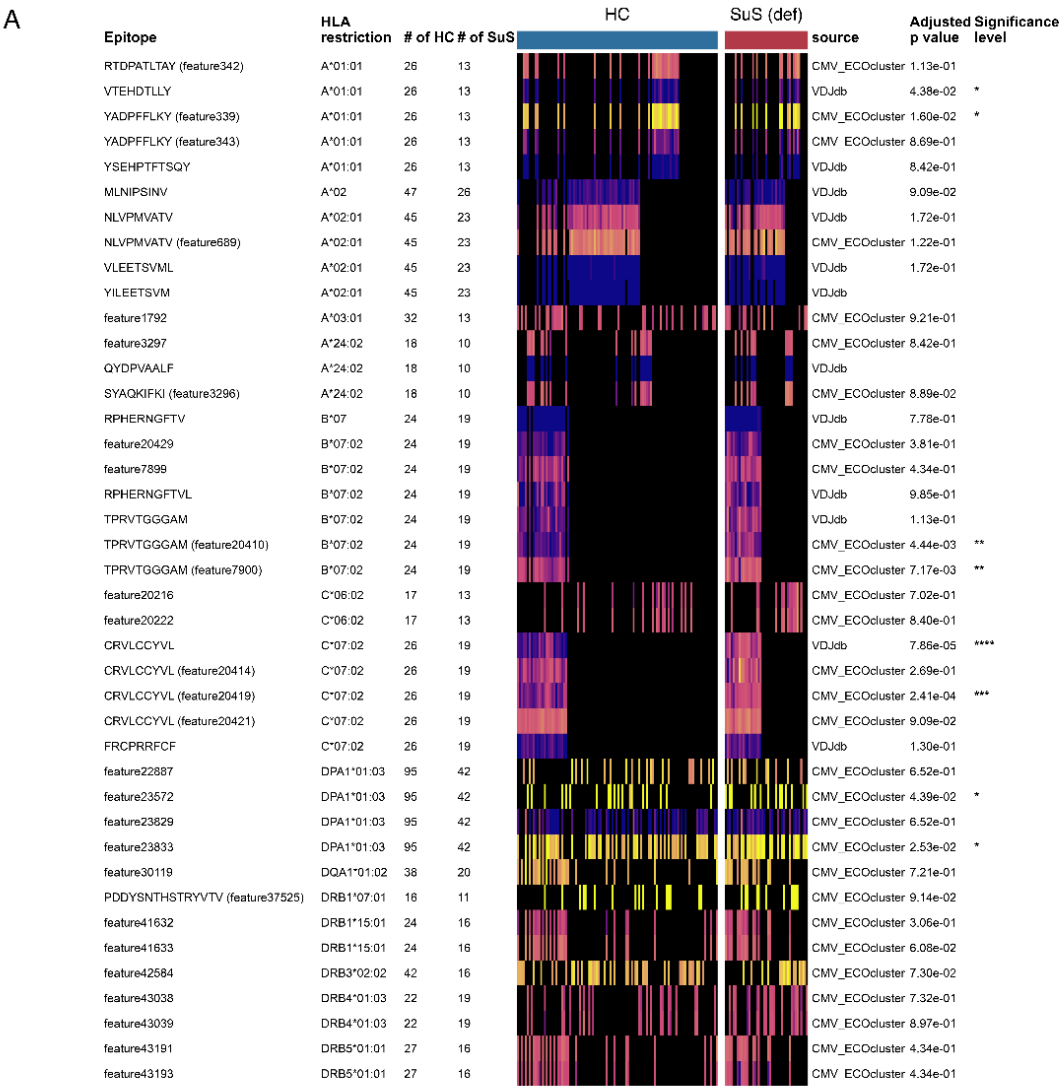


Figure 2. CMV epitope-specific T-cell responses in SuS are focused in, but not restricted to HLA-C*07:02.

(A) Heatmap of per-individual TRB binding evidence for candidate/known CMV-derived epitopes (rows), annotated with HLA restriction, the number of HC and SuS (def) donors carrying the restricting allele, and the reference annotation source (VDJdb or CMV_ECOcluster). Columns represent individual donors, grouped into HC and SuS (def) blocks. BH-adjusted P values (right) were derived from a linear model regressing per-individual TRB breadth on group and carrier HLA alleles for VDJdb-annotated epitopes ($n = 12$), or a two-sided Wilcoxon rank-sum test for CMV_ECOcluster-annotated epitopes, which were HLA-filtered upstream ($n = 29$). Significance levels: $*P < 0.05$, $**P < 0.01$, $***P < 0.001$, $****P < 0.0001$.

(B,C) Partial least-squares discriminant analysis (PLS-DA) of HC versus SuS (def) donors using CMV-epitope TRB breadth features, stratified by HLA-C*07:02 carriage: **(B)** HLA-C*07:02-positive donors (SuS, $n = 19$; HC, $n = 26$) and **(C)** HLA-C*07:02-negative donors (SuS, $n = 24$; HC, $n = 78$). Each point represents one donor projected onto the first two latent variables (LV1, LV2; the percentage of variance is shown in the axis labels); ellipses denote the 95% confidence region per group. Cross-validated classification accuracy and the number of discriminating features retained in each model are annotated, but are descriptive as the whole cohort is fitted and then plotted for illustration purposes. The annotated accuracy reflects the LOOCV loop described in Methods, not the illustrative refit shown here.

(D) Percentage of total anti-CMV TRB breadth attributable to HLA-B*07:02- or HLA-C*07:02-restricted epitopes in carriers of these alleles, HC [CMV+] versus SuS (def). P values were calculated by a two-sided Wilcoxon rank-sum test.

(E) Percentage of anti-CMV TRB breadth attributable to HLA class I-restricted epitopes, HC [CMV+] versus SuS (def), showing a shift toward class I-restricted (CD8⁺ T-cell) responses in SuS (def). P values were calculated using a two-sided Wilcoxon rank-sum test.

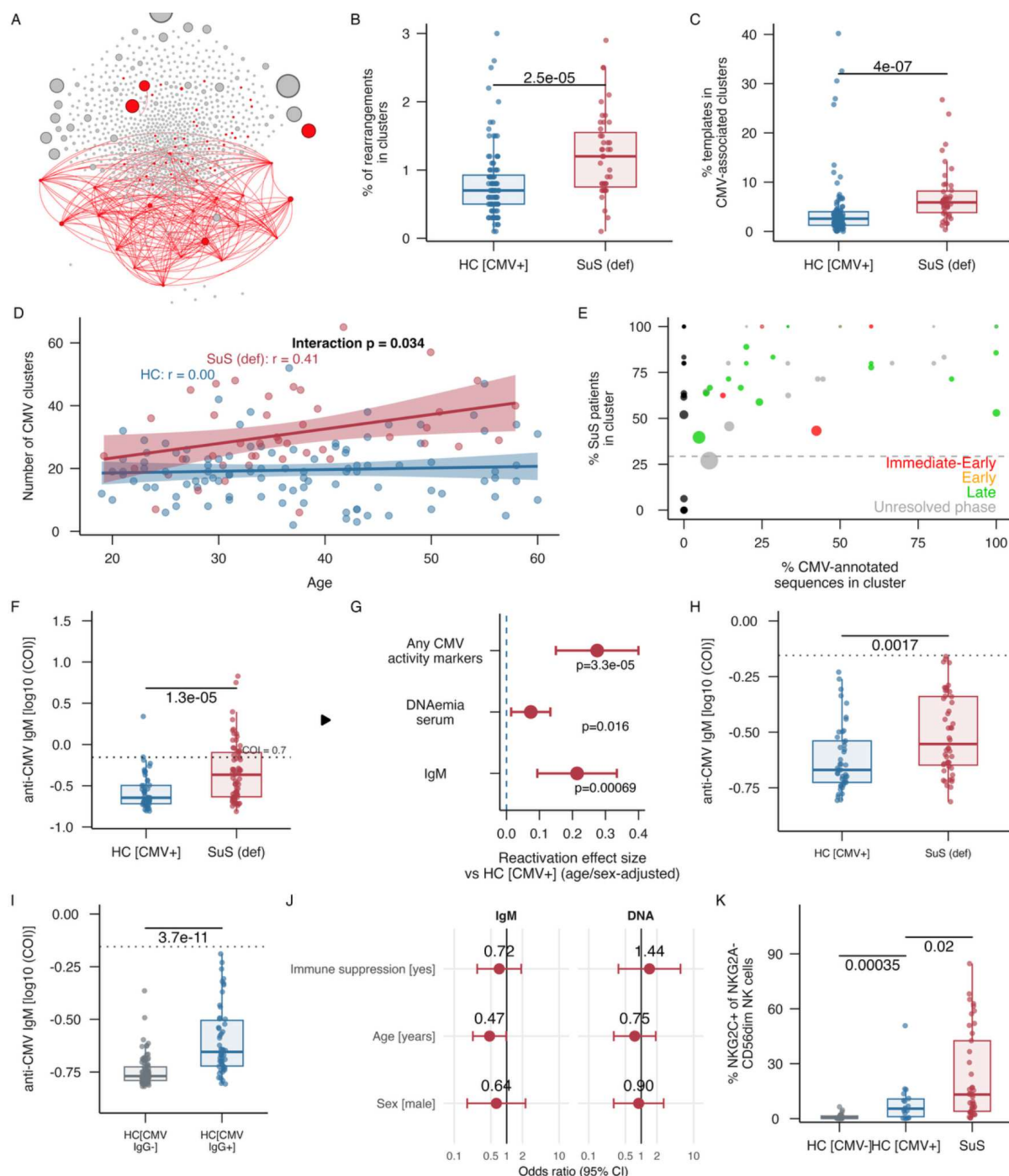


Figure 3. Convergent anti-CMV responses as well as virological and serological assessments indicate recurrent CMV reactivation in SuS.

(A) Force-directed network layout of one SuS patient's pooled TRB clonotypes clustered by CDR3 sequence similarity. Each node represents a unique clonotype; red nodes indicate CMV-annotated clonotypes; node size scales with cluster/clonal size. Edges connect clonotypes within the similarity threshold (TCRdist ≤ 12) used for clustering.

(B) Percentage of TRB rearrangements falling within a similarity cluster, HC [CMV+] versus SuS (def). P value was calculated by a two-sided Wilcoxon rank-sum test.

978 **(C)** Percentage of TRB templates (sequenced cells) falling within CMV-associated
979 clusters, HC [CMV+] versus SuS (def). P value was calculated using a two-sided
980 Wilcoxon rank-sum test.

981 **(D)** Number of CMV-annotated TRB clusters per subject as a function of age, in HC (n
982 = 102) and SuS (def, n = 43). Lines denote linear regression fits per group (shaded
983 band, 95% confidence interval); annotated values are the Spearman correlation
984 coefficient per group and the P value for the age × group interaction term from a linear
985 model.

986 **(E)** Inter-donor clustering of TRB sequences. Per-cluster association plot restricted to
987 clusters significantly enriched for patients with SuS or HC (Fisher's exact test, $P < 0.05$). Each point represents one TRB cluster: x-axis, percentage of CMV-annotated
988 sequences within the cluster; y-axis, percentage of contributing patients with SuS;
989 point size, number of individuals contributing to the cluster; color, the dominant CMV
990 protein expression lytic phase (immediate-early, early, or late) among CMV-annotated
991 sequences in the cluster, or unresolved where phase could not be assigned. Dashed
992 line at 29.3%, representing the reference SuS-patient fraction within the analyzed
993 dataset.

995 **(F)** CMV IgM titers ($\log_{10}$ cut-off index [COI]) among CMV IgG-positive donors, HC
996 [CMV+] (n = 52) versus SuS (def, n = 70). Dotted line, assay positivity cut-off (COI =
997 0.7). P value, two-sided Wilcoxon rank-sum test. Arrow indicates the derived analyses
998 above the clinical threshold shown in (G).

999 **(G)** Adjusted difference in probability of CMV reactivation, SuS (def, n = 70) versus HC
1000 [CMV+] (n = 52), for IgM positivity (COI ≥ 0.7), serum CMV DNA (PCR) positivity, and
1001 either marker positive ("any CMV activity markers"), estimated from linear mixed-
1002 effects models fitted at the visit level with a random intercept per individual to account
1003 for repeated visits, adjusted for age and sex. Points denote the adjusted difference in
1004 probability relative to HC [CMV+] (reference, dashed line at 0); error bars, 95% Wald
1005 confidence interval; P values were calculated using two-sided t-tests with
1006 Satterthwaite-approximated degrees of freedom.

1007 **(H)** CMV IgM titers among donors who tested serologically IgM-negative below the
1008 clinical 0.7 cut-off, HC [CMV+] (n = 45) versus SuS (def, n = 48). Dotted line, assay
1009 positivity cut-off (COI = 0.7). P value was calculated by a two-sided Wilcoxon rank-sum
1010 test.

1011 **(I)** CMV IgM titers in HC, by CMV IgG serostatus (CMV IgG-negative (n = 101) versus
1012 CMV IgG-positive (n = 50). Dotted line, assay positivity cut-off (COI = 0.7). P value was
1013 calculated by a two-sided Wilcoxon rank-sum test.

1014 **(J)** Association between immunosuppressive treatment and CMV reactivation within
1015 patients with SuS (def, n = 69), modeled separately for CMV IgM positivity (left) and
1016 serum CMV DNA positivity (right). Odds ratios (points) and 95% confidence intervals

(lines) are derived from population-averaged logistic regression (generalized estimating equations, exchangeable working correlation, robust sandwich standard errors clustered on patient), with immunosuppressive exposure within the six months preceding the blood draw, age, and sex as covariates. Each model is restricted to visits at which the corresponding assay was performed.

(K) Percentage of NKG2C⁺ cells among NKG2A⁻CD56dim NK cells (flow cytometry, gating strategy shown in Supplementary Figure 3), compared across HC [CMV IgG-negative] (n = 29), HC [CMV IgG-positive] (n = 18), and SuS (n = 41). P values were calculated by two-sided Wilcoxon rank-sum tests for the indicated pairwise comparisons.

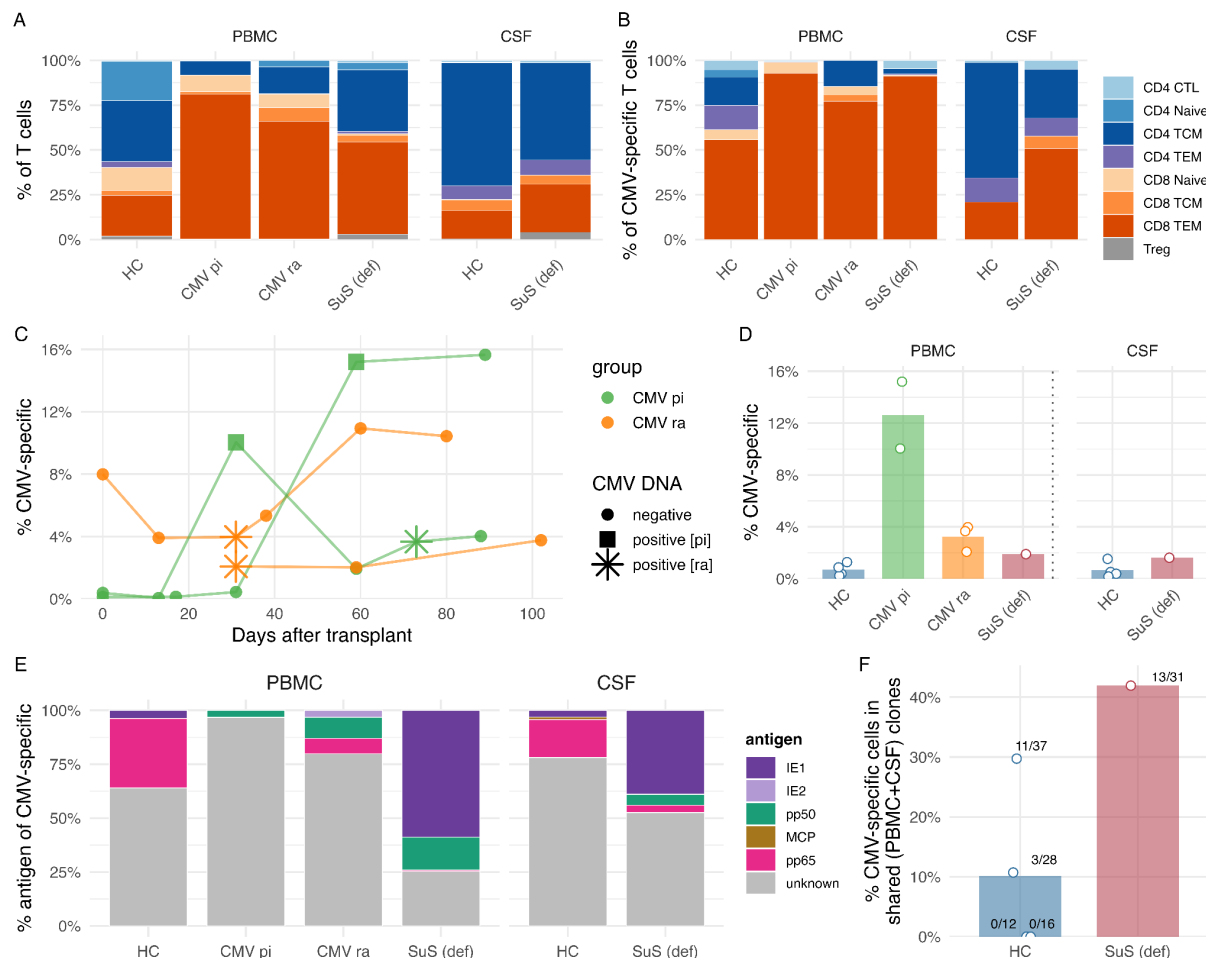


Figure 4. Single-cell profiling of a patient with SuS reveals convergent CMV-specific CD8⁺ T cell expansion paralleling CMV reactivation after allogeneic HSCT.

Combined single-cell RNA and TCR $\alpha\beta$ sequencing of PBMC-derived and CSF-derived T cells from CMV IgG-positive (either measured or inferred) HC (n = 4) and one patient with SuS (def), integrated with an external cohort of allogeneic hematopoietic stem-cell transplant (HSCT) recipients with confirmed CMV reactivation⁴⁰ and stratified by donor CMV serostatus: CMV primary infection (pi, n = 2; CMV IgG-negative donor), and CMV reactivation (ra, n = 2; CMV IgG-positive donor). For the HSCT cohort, panel **D** shows each patient at a single cross-sectional time point at or immediately after clinically confirmed CMV reactivation (mean of both reactivation time points for the one patient sampled twice at reactivation); panel **C** shows the full longitudinal course. CMV-specific T cells were identified by matching TRB sequences to reference CMV-epitope databases at strict stringency.

1048 **(A)** T-cell subset composition (CD4⁺ CTL, naive, TCM, TEM; CD8⁺ naive, TCM, TEM;
1049 regulatory T cells [Treg]) as a percentage of all T cells, by group and tissue.

1050 **(B)** CMV-specific T-cell subset composition, as a percentage of CMV-specific T cells,
1051 by group and tissue.

1052 **(C)** Longitudinal course of the percentage of CMV-specific T cells (PBMC) versus days
1053 after transplant for patients with CMV pi and CMV ra. Stars mark the sample at, or
1054 nearest after, confirmed CMV DNA detection (reactivation); squares mark the sample
1055 at, or nearest after, confirmed primary CMV DNA detection.

1056 **(D)** Percentage of T cells that are CMV-specific, by group and tissue. Bars denote the
1057 group mean (HC, CMV pi, and CMV ra are means across individuals; SuS (def) is a
1058 single donor profiled at single-cell resolution); points denote individual donors.

1059 **(E)** CMV-specific T-cell antigen specificity (IE1, IE2, pp50, MCP, pp65, assigned from
1060 TRB-epitope reference annotation; unknown, CMV-associated but protein
1061 unresolved), as a percentage of CMV-specific T cells, by group and tissue.

1062 **(F)** Percentages and numbers of CMV-specific T-cell clones detected in both PBMC
1063 and CSF ("shared"), as a percentage of all CMV-specific clones, in HC and SuS (def)
1064 only.

1065

1066

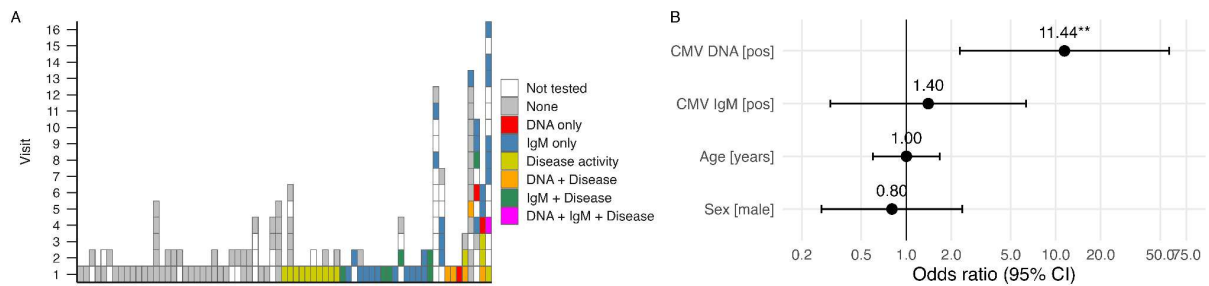


Figure 5. Visit-level co-occurrence of CMV reactivation and disease activity in definite SuS.

(A) Longitudinal tile plot of virologic and disease activity status at each study visit for every patient with definite SuS (one column per patient, $n = 63$, ordered by CMV DNAemia, then IgM positivity, then overall marker burden; one row per visit). Each tile is colored by the combined status at that visit: no positive marker and no evidence of disease activity (None); CMV DNAemia alone (DNA only); CMV IgM alone (IgM only); disease activity alone (Disease activity); or their pairwise and triple combinations (DNA + Disease, IgM + Disease, DNA + IgM + Disease). Marker positivity is defined only where the corresponding assay was performed: visits at which neither serum CMV DNA nor CMV IgM was measured are shown in white ("Not tested").

(B) Forest plot of odds ratios (points) and 95% confidence intervals (lines; robust sandwich estimator, cluster-adjusted for repeated visits per patient) from a population-averaged logistic regression (generalized estimating equations, exchangeable working correlation) modeling visit-level disease activity as a function of CMV DNAemia (CMV DNA [pos]), CMV IgM positivity (IgM [pos]), age, and sex. The analysis is restricted to visits at which both assays were performed and disease activity was documented ($n = 111$ visits from 63 patients). ** = $P < 0.01$.

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1303 **Supplement**

1304 **Supplementary table 1**

1305

	SuS	HC	Significance
CMV IgG/IgM serology			
n	70	162	
CMV IgG-positive	70 (100%; 95% CI 94.9-100%)	54 (33%; 95% CI 26.24-40.43%)	$P < 2.22\text{e-}16$
Age	36.4 (95% CI 34.0-38.8)	35.4 (95% CI 33.5-37.4)	$P = 0.10$
Sex (f:m)	49:21 (2.33)	116:46 (2.52)	$P = 0.87$
CMV serum DNAemia			
n	70	54	
CMV IgG-positive	70 (100%)	54 (100%)	
Age	36.2 (95% CI 33.8-38.6)	38.5 (95% CI 35.1-41.8)	$P = 0.43$
Sex (f:m)	49:21 (2.33)	41:13 (3.15)	$P = 0.54$
TRB sequencing			
n	43	104	
CMV IgG-positive	43 (100%)	104 (100%)	
Age	36.6 (95% CI 33.6-39.5)	37.2 (95% CI 35.0-39.3)	$P = 0.82$
Sex (f:m)	29:14 (2.07)	68:36 (1.89)	$P = 0.85$

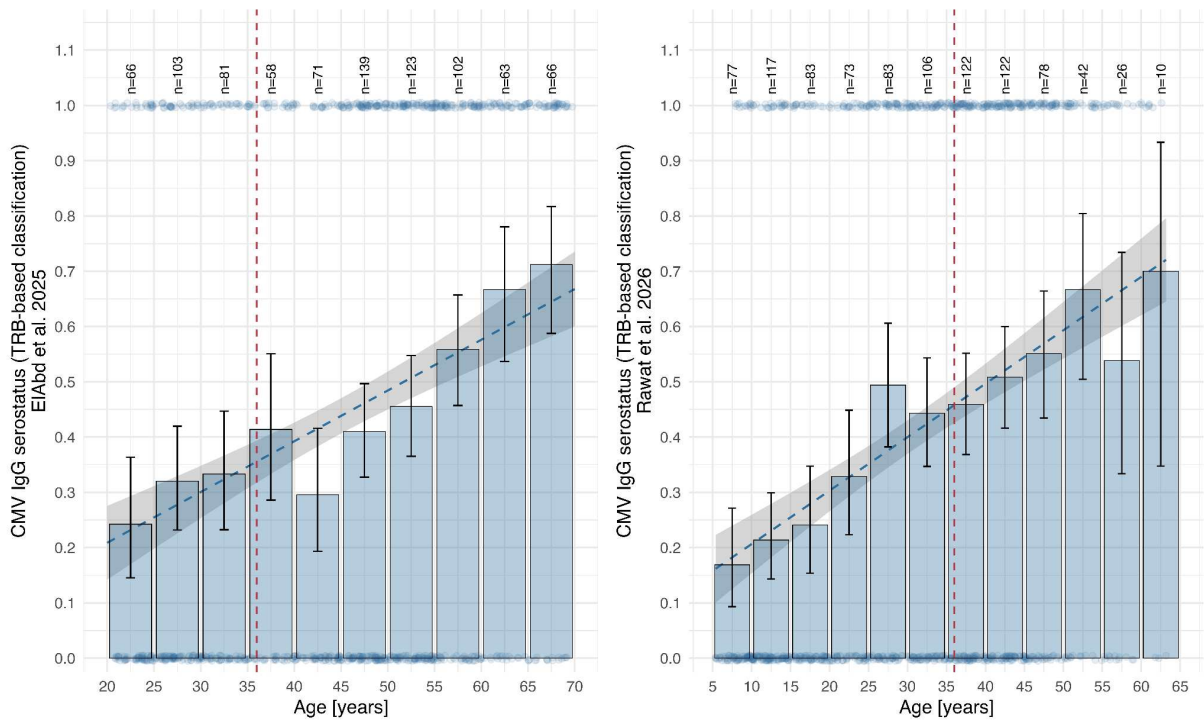
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1307 **Supplementary table 2**

Feature	Number of TRB MIRA sequences	Peptide	Protein	Phase
feature11611_B_35_01	69	IPSINVHHY	pp65	Late

feature11611_B_35_01	26	SEHPTFTSQY	pp65	Late
feature14970_B_40_01	25	YAYIHHTTYL	gB	Late
feature17945_B_51_01	7	LPYPRGYTL	UL26	Unknown
feature20022_C_04_01	11	FVFDNARLV	UL112	Unknown
feature20410_B_07_02	6	TPRVTGGGAM	pp65	Late
feature20414_C_07_02	32	CRVLCCYVL	IE-1	Immediate-Early
feature20419_C_07_02	10	CRVLCCYVL	IE-1	Immediate-Early
feature20421_C_07_02	8	CRVLCCYVL	IE-1	Immediate-Early
feature29890_DQA1_01_01+D QB1_05_01	9	LPLKMLNIPSINVH	pp65	Late
feature3296_A_24_02	26	SYAQKIFKI	IE-1	Immediate-Early
feature339_A_01_01	82	YADPFFLKY	UL105	Early
feature339_A_01_01	26	VTEHDTLLY	ORFL112C	Unknown
feature339_A_01_01	8	SEHPTFTSQY	pp65	Late
feature339_A_01_01	7	RTDPATLTAY	UL69	Early
feature342_A_01_01	13	RTDPATLTAY	UL69	Early
feature342_A_01_01	11	YADPFFLKY	UL105	Early
feature342_A_01_01	8	SEHPTFTSQY	pp65	Late
feature342_A_01_01	7	VTEHDTLLY	ORFL112C	Unknown
feature343_A_01_01	17	YADPFFLKY	UL105	Early
feature37525_DRB1_07_01	44	PDDYSNTHSTRYVTV	gB	Late
feature37525_DRB1_07_01	10	LPLKMLNIPSINVH	pp65	Late
feature37525_DRB1_07_01	9	EPDVYYTSAFVFPTK	pp65	Late
feature40348_DRB1_12_01	17	LPLKMLNIPSINVH	pp65	Late
feature689_A_02_01	43	NLVPMVATV	pp65	Late
feature689_A_02_01	28	GVLDVWRV	US8	Unknown
feature689_A_02_01	12	ALWDVALLEV	ORFL321W	Unknown
feature689_A_02_01	8	FMDILTTCVET	IE-1	Immediate-Early
feature689_A_02_01	6	YLDMAIFL	US20	Unknown
feature689_A_02_01	6	CLLESVYTA	TP	Late
feature7900_B_07_02	6	TPRVTGGGAM	pp65	Late
feature8029_B_08_01	24	QIKVRVDMV	IE-1	Immediate-Early
feature9526_B_15_01	11	YAYIHHTTYL	gB	Late

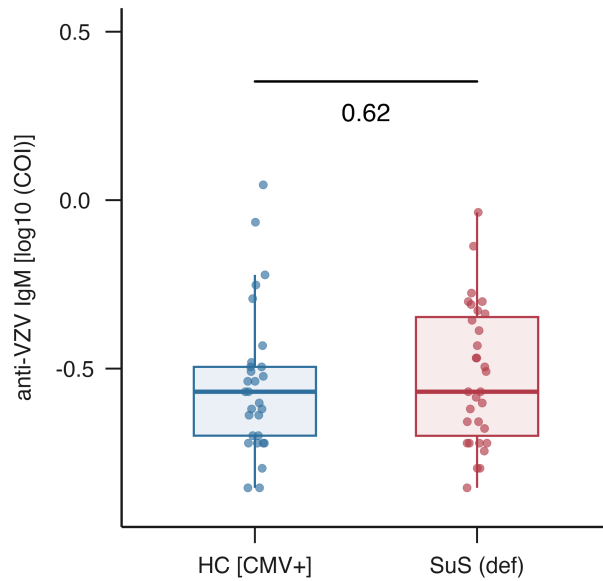
1309 **Supplementary Figures:**



1310
1311 **Supplementary Figure 1: CMV IgG seroprevalence by age in two independent**
1312 **healthy control TRB cohorts.**

1313 CMV IgG serostatus, classified from TRB repertoire data based on the frequency of
1314 CMV-annotated clonotypes relative to sequencing depth, in 872 healthy controls from
1315 (A) the ElAbd et al. cohort (Germany; ages 20–70) and (B) 939 healthy controls of the
1316 Rawat et al. cohort (USA; ages 5–65). Bars show the proportion of CMV IgG-classified-
1317 positive donors within each 5-year age bin (95% Clopper-Pearson confidence
1318 intervals); points along $y = 0$ and $y = 1$ show individual donor-level classifications
1319 (jittered for visibility). The dashed blue line and grey band show a linear regression fit
1320 with 95% confidence interval. The dashed red vertical line indicates the mean age of
1321 the SuS cohort (36 years) for reference.

1322

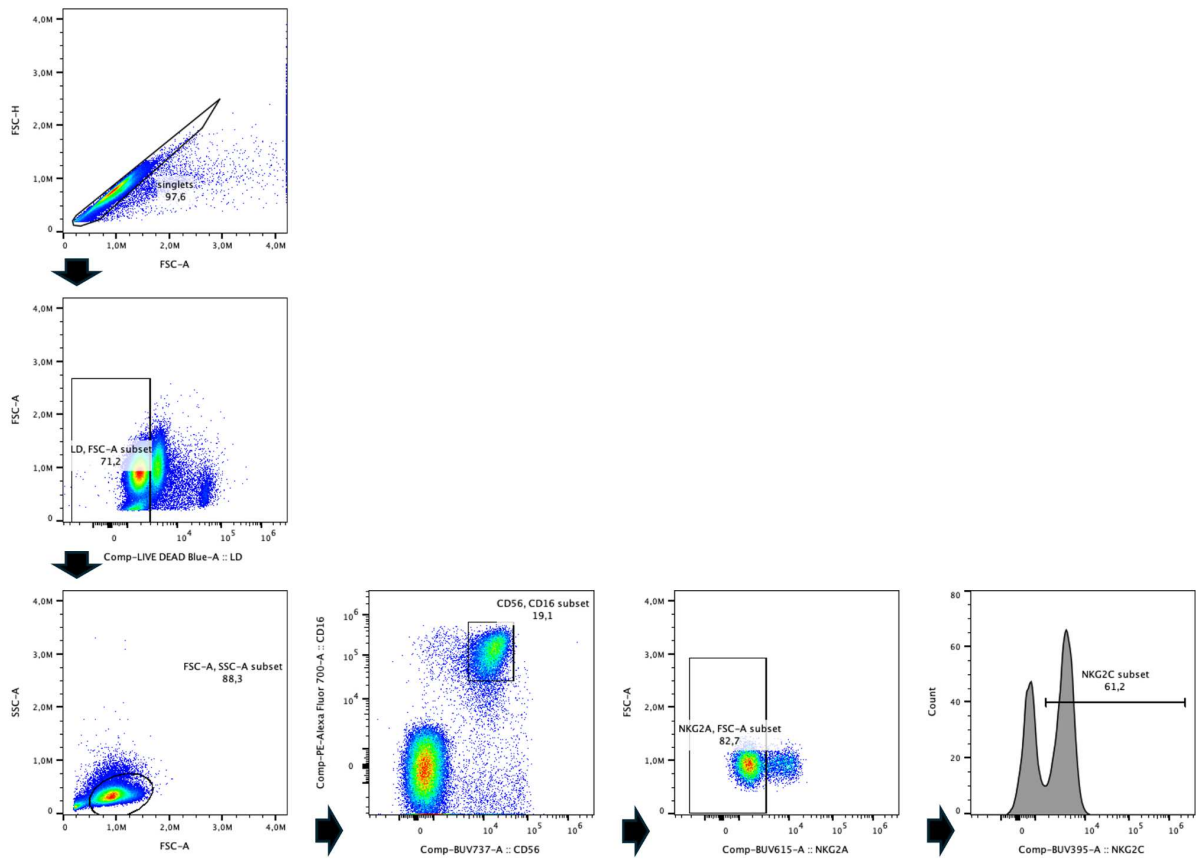


1323

1324 **Supplementary Figure 2. Elevated IgM in Susac syndrome is not observed**
 1325 **against varicella zoster virus (VZV).**

1326 Anti-VZV IgM titers (log10 cut-off index [COI]) in CMV IgG-positive healthy controls
 1327 (HC [CMV+]) versus patients with definite Susac syndrome (SuS (def)). Boxes denote
 1328 the median and interquartile range, whiskers extend to $1.5 \times \text{IQR}$, and individual donors
 1329 are shown as points. The P value was calculated by a two-sided Wilcoxon rank-sum
 1330 test.

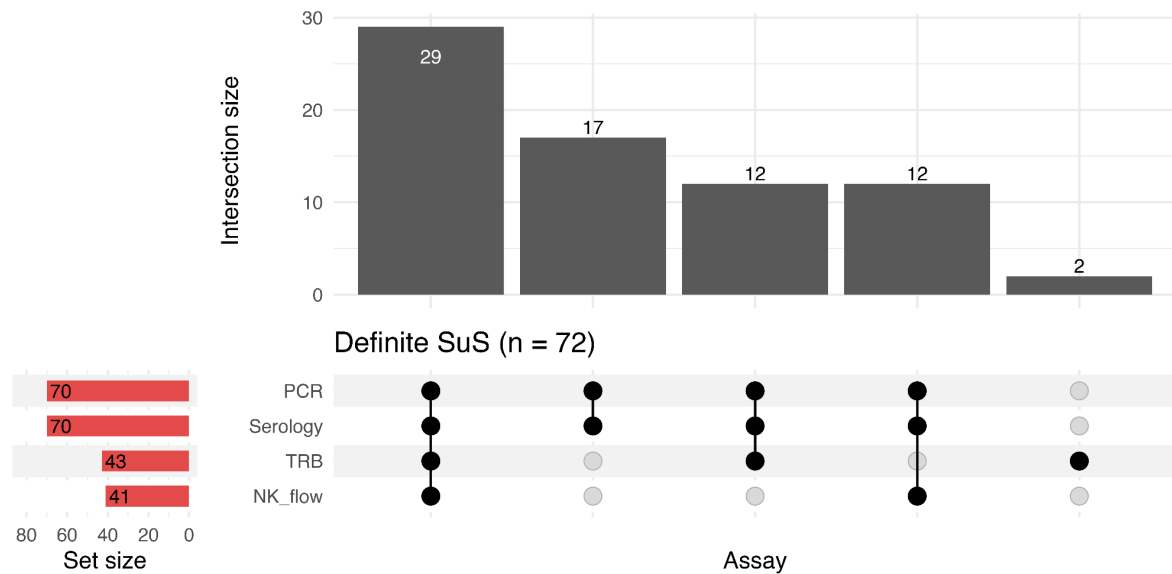
1331



1332

1333 **Supplementary Figure 3: Example flow-cytometry gating**

1334 Doublet exclusion was followed by live dead gating and lymphocyte gating by size.
 1335 CD56/CD16 double positive lymphocytes were gated for NKG2A-negativity before
 1336 quantifying frequencies of NKG2C-positive cells.



Supplementary Figure 4. Assay coverage across the discovery cohort.

UpSet plot showing which assays were performed for each of the 72 patients with definite Susac syndrome (SuS (def)) in the discovery cohort. Horizontal bars (lower left) give the number of patients assessed by each assay (set size). Vertical bars (top) give the number of patients assessed by exactly the combination of assays indicated by the filled, connected dots below (intersection size), with counts printed above each bar; grey dots denote assays not performed in that combination. Intersections are mutually exclusive and sum to 72, and every patient contributed at least one assay.