Section 1: Sociodemographic and Academic Characteristics

- **Age:**
  - < 21 years
  - 21–23 years
    - 23 years
- **Residence:**
  - Urban
  - Rural
- **Marital Status:**
  - Single
  - Married
- **Family History of PCOS:**
  - Yes
  - No
- **Monthly Family Income:**
  - Low
  - Moderate
  - High
- **College:**
  - Human Medicine
  - Dentistry
  - Engineering
  - Education
  - Arts
  - Administrative Sciences
  - Computer Science
  - Sharia and Law
- **Academic Level:**
  - Level 1
  - Level 2
  - Level 3
  - Level 4

Section 2: Lifestyle Factors

- **Stress and psychological pressure:**
  - Rarely
  - Sometimes
  - Always
- **Difficulty sleeping or insomnia:**
  - Yes
  - No
- **Daily physical activity:**
  - Sedentary (sitting)
  - Moderate
  - Active (high effort)

Section 3: Self-reported PCOS Clinical Symptoms

- **Menstrual irregularity:**
  - Yes
  - No
- **Hirsutism:**
  - Yes
  - No
- **Acne:**
  - Yes
  - No
- **Alopecia / Hair loss:**
  - Yes
  - No
- **Excessive weight gain:**
  - Yes
  - No
- **Hormonal disorders:**
  - Yes
  - No