Focus Group Discussion/Interview Topic Guide

for People with TB

Open the discussion, introduce the moderator and other investigators who attend.

Explain the purpose of the FGD, that their conversation will be recorded, and how the investigators will use the data.

Reassure that there is no right or wrong answer, and there will be no consequences on refusing to answer or leaving in the middle of discussion.

After receiving the participants consent, start the discussion with the following questions.

Stigma Experience

Prompt: Previously, you shared that… (quote their experience related to stigma or their stigma score here)

1. Could you tell us how you feel about them and how did it affect your daily life?
2. Did it affect your thoughts and behaviour toward TB and its treatment? If so, could you mention in what ways?

Psychosocial Support

1. After you were diagnosed with TB, did you receive any form of psychosocial support from the TB coordinator/staff in Puskesmas (community health centre)?
    a. If so, what kind of support did you receive, and how frequent did you receive it?
    b. How did you think of the support you receive from Puskesmas?
2. What was your impression about the TB-CAPS *intervention program*?
   Probe: including feeling comfortable and fair
    a. What is your understanding of the reasons for the *intervention program*?
    b. Do you think the TB-CAPS intervention with peer group leaders is appropriate and follows the needs and conditions of you and other people with TB?
    c. Were the psychosocial *intervention program* useful to you? If so, could you mention in what ways?
       *Probe: including physical and mental well-being *if there are multiple intervention* consider asking which intervention was most useful.*
    d. How do you think the psychosocial support affected your experience with stigma?
       Probe: It could include helping to eliminate self-perceived stigma, improve mental health, or reducing negative stigma from the community.
    e. How do you think the *intervention program* could have been improved?

f. Would you like to keep receiving the support? If so, how long and how frequent do you wish to have the support?

3. Do you think other TB patients would benefit or want these psychosocial support?
   a. How do you think about being a volunteer who delivers the support after you have completed the TB treatment and regained your health? Why do you think so?

   Probe: reasons or factors that enable/prevent them (e.g social contribution, time constraint, reluctance to be socially known as TB survivors, etc).

4. What other ways do you think you could have been supported psychologically and socially following your diagnosis of TB?

   Probe: this refers to support that might be able to improve their mental health and reduce stigma.

5. What were the challenges/down side of receiving psychosocial support? Could you give us some specific examples?

   Probe: It relates to unintended risks or negative consequences from receiving the intervention support.

Thank participants for their time and responses, ask whether they have questions or points they would like to confirm, then close the discussion.

Focus Group Discussion/Interview Topic Guide

for Peer Supporters (Health Volunteers and TB Survivors)

Open the discussion, introduce the moderator and other investigators who attend.

Explain the purpose of the FGD, that their conversation will be recorded, and how the investigators will use the data.

Reassure that there are no right or wrong answers, and there will be no consequences on refusing to answer or leaving in the middle of discussion.

After receiving the participants consent, start the discussion with the following questions.

1. Please share your experience regarding the delivery of the TB-CAPS project in your area?
   Probe: this relates to all psychosocial support interventions.
   a. How do you think the TB-CAPS intervention differs/adds value to the current standard TB care?
   b. How do you think the intervention addressed the stigma issue related to TB?
2. Could you share with us if you have success stories in delivering the intervention?
   a. What factors do you think contributed to the success?
   b. *if there are multiple types of intervention* In your opinion, which intervention worked better than others?
3. What were the challenges you experienced while delivering the interventions?
   a. How did you overcome these challenges?
   b. What do you think could help you overcome the challenge?
   Probe: these could include methods or resources not included in the intervention, such as community resources (e.g. community organisations, local or religious figures), mass media campaign, etc.
4. In your opinion, were there any unintended risks or negative consequences associated with psychosocial support delivered in this study? If yes, what?
   Probe: These could relate to unintended risks or negative consequences to participants who received this support or to you and/or your colleagues from delivering the support.
5. What do you think of making this intervention a regular program?
   a. Please explain the reasons whether you agree or not.
   b. From your perspective as a Peer Supporter who delivered the program, why do you think it is feasible / not feasible?
   Probe: this could include reasons such as time constraint, human resources limitation, cost, management problems, etc.

6. What are your recommendations that could improve the future larger TB-CAPS intervention?
    a. Could you specify how you would like to change/improve the intervention?
    b. What would you like to do differently or how would you improve the delivery of the psychosocial support?
7. What parts of the TB-CAPS project do you anticipate will not succeed if we scale-up the project for a larger trial or routine program use in the future?
    a. Why do you think it will not succeed?
    b. What would be your advice on how to address the issues you've raised?

Thank participants for their time and responses, ask whether they have questions or points they would like to confirm, then close the discussion.

Focus Group Discussion/Interview Topic Guide

for TB Program Coordinator/Staff in Puskesmas/Hospital

Open the discussion, introduce the moderator and other investigators who attend.

Explain the purpose of the KII, that their conversation will be recorded, and how the investigators will use the data.

Reassure that there are no right or wrong answers, and there will be no consequences on refusing to answer or leaving in the middle of the interview.

After receiving the participant's consent, start the discussion with the following questions.

1. What psychosocial support programs are currently being delivered to people with TB in Indonesia, particularly in your area of work?
   Probe: this could include psychological or social support only, or in combination with other types of support (economic, nutritional, etc.). ***If there is no program identified, skip to question number 6.***
   a. If programs are identified, who are targeted for the program? Which people do you think are not reached by these programs?
   b. By whom are these programmes delivered? How are they monitored?
2. What are your perspectives about the effectiveness of these programs? Can you share some successful stories or instances that it did not work?
   Prompt: try to establish which specific program they are referring to if they identified a number of programmes in the previous question.
   a. What are the enablers to successful delivery of the program?
      Probe: Includes factors that enable the program sustainability (e.g. duration, resources, acceptance, cultural sensibility, etc.)
   b. What are the barriers to successful delivery of the program?
   c. What are the internal and external risks to deliver the program?
   d. Do you think there are potential negative risks or consequences?
      Probe: why do you think it is an adverse consequence?
   e. What are the gaps in the existing programs?
3. How do you think the support programs can be tailored to meet people's needs?
4. What are the future plans/ strategies in terms of expansion or strengthening the support programs?
   a. What opportunities are there to build on, expand, or refine these projects?
      Probe: collaboration with other government offices, NGOs, other institutions, etc.

5. How has the TB program foreseen/planned to build synergies across various health programs (e.g. TB with HIV, TB with diabetes, etc.)?
6. How was your impression about the TB-CAPS *intervention program*?
    a. Do you think the psychosocial *intervention program* useful for TB patients? If so, could you mention in what ways?
    Probe: If there are multiple interventions, ask which intervention was most useful.
    b. How do you think the psychosocial support affected TB patients' experience with stigma? *Probe: It could include helping to eliminate self-perceived stigma, improve mental health, or reducing negative stigma from the community.*
    c. How do you think the *intervention program* could have been improved?
7. Do you think the TB-CAPS intervention program could meet the patients' needs and fill in the gap of the existing program? Why do you think so?
8. What other ways do you think we can support TB patients, psychologically and socially?
Probe: this refers to support that might be able to improve their mental health and reduce stigma.
9. In your opinion, were there any unintended risks or negative consequences associated with psychosocial support delivered in this study? If yes, what?
Probe: These could relate to unintended risks or negative consequences to participants who received this support or to you and/or your colleagues from delivering the support.
10. What are your recommendations that could improve the future larger TB-CAPS intervention?
    a. Could you specify how you would like to change/improve the intervention?
    b. What do you think we should do differently or how should we improve the delivery of psychosocial support?
11. What parts of the TB-CAPS project do you anticipate will not succeed if we scale-up the project for a larger trial or routine program use in the future?
    a. Why do you think it will not succeed?
    b. What would be your advice on how to address the issues you've raised?
12. If the results of this research recommend sustaining at your setting, so:
    a. How ready is your setting?

    Which components in TB-CAPS will you adopt?

Thank participants for their time and responses, ask whether they have questions or points they would like to confirm, then close the discussion.