

Interview Protocol

Thank you for your participation in this study. I will be asking you a number of questions about your experiences engaging in services at YACDS. The interview will take approximately 60 minutes to complete. We are hoping to get a better understanding how various factors impact the decision to stay in or drop out of treatment. Your responses will help to inform treatment programs for youth and their families at CAMH as well those working with youth and families outside of CAMH.

1. Are you still connected with YACDS?
2. What does/did your involvement look like at YACDS?
 - What types of services are/were you connected with here? Outside of CAMH?
 - How many sessions have you attended/did you attend?
 - When was your last session?
3. When you first came to YACDS, what were you hoping to get out of services?
4. Considering your attendance, participation in treatment sessions, and fit of the therapy approach and therapist with you and your needs, on a scale of 0 to 10, how would you rate your level of engagement with YACDS services?
 - Why did you give it a (rating) instead of 10?
 - Why did you give it a (rating) instead of a 0?
5. During your involvement in services here, would you say you followed the instructions and suggestions of staff here? Please explain.
6. During your time in services here, how much pressure have you felt from yourself and others to stay in treatment until it is completed? Did you feel any pressure from others to drop out of treatment? Please explain.
7. Thinking about your first few sessions at YACDS, what, if anything, kept you coming back?
 - Demographic characteristics (e.g., education, employment, legal involvement)
 - Mental health and substance use problems
 - Strength-based factors (e.g., resilience, emotion regulation, motivation)
 - Social factors (e.g., support from peers or family members)
 - Program factors (e.g., satisfaction with therapist or treatment)
8. Thinking about your first few sessions at YACDS, what, if anything made it hard to keep coming back to services here?
 - Demographic characteristics (e.g., education, employment, previous treatment or legal involvement)
 - Mental health and substance use problems
 - Strength-based factors (e.g., resilience, emotion regulation, motivation)
 - Social factors (e.g., support from peers or family members)
 - Program factors (e.g., satisfaction with therapist or treatment)
9. Were there any other factors that made it easy or hard to engage in services here?
10. Is there anything that you think YACDS services could do differently to make it easier to stay in treatment?