

flowchart TD

A([Stable patient with suspected chronic heart failure])

A --> B["Primary care / General internal medicine"]

B --> C["Initial clinical assessment"]

C --> D["Detailed history"]

C --> E["Medication review"]

C --> F["Physical examination"]

%% History

D --> D1["Cardiovascular risk factors"]

D --> D2["Previous cardiac disease"]

D --> D3["Alcohol and toxin exposure"]

D --> D4["Cancer therapy"]

D --> D5["Family history"]

D --> D6["Precipitating conditions"]

D6 --> P1["Infection"]

D6 --> P2["Anemia"]

D6 --> P3["Renal deterioration"]

D6 --> P4["Uncontrolled hypertension"]

D6 --> P5["Atrial fibrillation"]

D6 --> P6["Ischemia"]

D6 --> P7["Pulmonary embolism"]

D6 --> P8["Thyroid disease"]

D6 --> P9["Medication non-adherence"]

D6 --> P10["Excess salt intake"]

D6 --> P11["Drugs causing fluid retention"]

%% Physical examination

F --> F1["Blood pressure"]

F --> F2["Heart rate & rhythm"]

F --> F3["Oxygen saturation"]

F --> F4["Body weight"]

F --> F5["Jugular venous pressure"]

F --> F6["Lung crackles"]

F --> F7["Pleural effusion"]

F --> F8["Displaced apex beat"]

F --> F9["Heart murmurs"]

F --> F10["Hepatomegaly"]

F --> F11["Ascites"]

F --> F12["Peripheral edema"]

F --> F13["Peripheral perfusion"]

F --> F14["Frailty assessment"]