
Request for Permission to Use the Adolescent Stress Questionnaire (ASQ) in a Published Research Article

Donald Byrne <Don.Byrne@anu.edu.au>
To: Alayande Adedeji <alayandedeji@gmail.com>

Sat, Jul 18, 2026 at 9:32 PM

Dear Dr Alayande Adedeji:

Thank you for your email. It is customary to seek permission to use a copyrighted instrument before and not after its use in a research study which will, if published, come into the public domain. However, since you seem to have a potentially publishable paper in a very reputable journal, I am prepared to grant you retrospective permission to use the ASQ-2 and, via this email, I inform Springer of that permission.

On legal advice however, I am not prepared to grant permission to publish whatever version of the ASQ-2 you have used in your research, as part of the supplementary material for your paper. This would, I am advised, invalidate any future attempt either by me or by my collaborating students, to seek commercial publication of the instrument. Please also then notify Springer of this.

I would be grateful, as well, to see a copy of your paper once it has been finally accepted for publication by Springer.

Sincerely,

*Professor Don Byrne PhD (Adelaide), DrAC (NTNU Norway), FASSA, FAPS, FGCPL
Emeritus Professor, The Australian National University*

*Senior Member (Sessional), AGT Civil and Administrative Tribunal
Chair Panel D, Academy of the Social Sciences in Australia*

don.byrne@anu.edu.au

From: Alayande Adedeji <alayandedeji@gmail.com>

Sent: Friday, 10 July 2026 8:01 PM

To: Donald Byrne <don.byrne@anu.edu.au>

Subject: Request for Permission to Use the Adolescent Stress Questionnaire (ASQ) in a Published Research Article

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Dear Professor Byrne,

I hope this email finds you well.

My name is Alayande Adedeji, and I am a co-author of a manuscript entitled “**Association Between Psychosocial Stress Factors and Elevated Blood Pressure in Children and Adolescents in Ibadan, South-West Nigeria**,” which is currently under revision for publication in *Discover Public Health* (Springer Nature).

Our study assessed psychosocial stress among Nigerian children and adolescents using an adapted version of the **Adolescent Stress Questionnaire (ASQ)** originally developed by Byrne, Davenport, and Mazanov (2007). The manuscript appropriately cites your publication as the source of the instrument.

During the editorial review process, the journal requested evidence that we have permission to use the ASQ because it is a copyrighted instrument. We therefore write to respectfully request your permission to use the ASQ in our research publication. We would also appreciate your permission to include the questionnaire as supplementary material if this is permitted under the copyright conditions.

The study was conducted solely for academic and non-commercial research purposes. No commercial products or services are associated with this work.

If permission is granted, an email confirmation from you would be greatly appreciated, as the journal has requested that we submit the permission letter together with our revised manuscript. If there are any conditions governing the use of the questionnaire or any specific wording you would like us to include in our manuscript, we would be pleased to comply.

Thank you very much for your time and for developing this valuable instrument, which has contributed significantly to adolescent health research worldwide. We sincerely appreciate your consideration and look forward to your response.

Kind regards,

Alayande Adedeji

(On behalf of the primary corresponding author)

Professor M.D Dairo

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