

Additional file 1

Additional file Table S1. Questionnaire on demographic information, lifestyle and eating habits

Rongxin Wang

Jing Wang

Shuiqing Hu

Questionnaire on demographic information, lifestyle and eating habits

Demographic information

Name **Gender** **Age**

Weight Height

Education level

- Up to junior high school
- Higher than junior high school

Questionnaire on lifestyle and eating habits

Lifestyle habits	Yes	NO
Smoking	<input type="checkbox"/>	<input type="checkbox"/>
Alcohol drinking	<input type="checkbox"/>	<input type="checkbox"/>
Preference for drinking strong tea	<input type="checkbox"/>	<input type="checkbox"/>
Preference for drinking coffee	<input type="checkbox"/>	<input type="checkbox"/>
Constipation	<input type="checkbox"/>	<input type="checkbox"/>
Sleeping on low pillow	<input type="checkbox"/>	<input type="checkbox"/>

Eating habits	Yes	NO
Preference for sweets	<input type="checkbox"/>	<input type="checkbox"/>
Overeating	<input type="checkbox"/>	<input type="checkbox"/>
Short interval between dinner and sleep(less than 2h)	<input type="checkbox"/>	<input type="checkbox"/>
Preference for spicy foods	<input type="checkbox"/>	<input type="checkbox"/>
Preference for acidic foods	<input type="checkbox"/>	<input type="checkbox"/>
Preference for noodles	<input type="checkbox"/>	<input type="checkbox"/>
Preference for fried and fatty foods	<input type="checkbox"/>	<input type="checkbox"/>
Preference for fruits	<input type="checkbox"/>	<input type="checkbox"/>

Date