

PRISMA 2020 Checklist

Completed in accordance with Page et al. (2021).

Section/Topic	Item #	Checklist Item	Location in Manuscript
TITLE			
Title	1	Identify the report as a systematic review.	Title Page / Abstract
ABSTRACT			
Abstract	2	Structured summary.	Abstract Section
INTRODUCTION			
Rationale	3	Describe the rationale for the review.	Section 1.1
Objectives	4	Provide explicit statement of objectives.	Section 1.3
METHODS			
Protocol	5	Indicate if a protocol exists.	Section 2.0
Eligibility criteria	6	Specify inclusion/exclusion criteria.	Section 2.1
Information sources	7	Specify databases and dates.	Section 2.1
Search strategy	8	Present full search strategy.	Section 2.1 & S4
Selection process	9	Specify methods for selecting studies.	Section 2.1
Data collection process	10	Describe methods for extracting data.	Section 2.3
Data items	11	List variables extracted.	Section 2.3 & Table 1
Risk of bias	12	Specify methods for quality assessment.	Section 2.3
Effect measures	13	Specify metrics (e.g., OR, MD).	Section 2.4 (for quant data)
Synthesis methods	14	Describe synthesis methods (thematic + quant).	Section 2.4

Certainty assessment	15	Describe methods for confidence in evidence.	Section 5.0 (Limitations)
RESULTS			
Study selection	16	Describe results of search and screening.	Section 3.1 & Figure 1
Study characteristics	17	Present characteristics of included studies.	Section 3.2 & Table 1
Risk of bias	18	Present quality assessment results.	Section 4.2 (Rigor scores)
Results of individual studies	19	Present data for each included study.	Section 3.2 / Table 1
Synthesis	20	Present results of syntheses (quant/qual).	Sections 3.3, 4.2, 4.3
DISCUSSION			
Discussion	21	Summarize main findings, limitations, interpretation.	Sections 4.0, 5.0, 6.0
OTHER			
Registration	22	Provide registration information.	Declarations (N/A)
Funding	23	Describe sources of funding.	Declarations (None)
Conflicts of Interest	24	Declare competing interests.	Declarations (None)
Data Availability	25	State where data can be found.	Declarations / S2
SUPPLEMENTARY			
S1 Interview Protocol	-	Provided	S1_Interview_Protocol.docx
S2 Thematic Framework	-	Provided	S2_Thematic_Coding_Framework.docx
S3 PRISMA Checklist	-	Provided	S3_PRISMA_2020_Checklist.docx
S4 Search Strategies	-	Provided	S4_Detailed_Search_Strategies.docx