

Associations of safe-use knowledge and information pathways with regular oral contraceptive pill use among unmarried women in Kacyiru Community, Rwanda: a community-based cross-sectional study

The study questionnaire _English Version

Section I. About the respondent (AR)

Questions	Instructions	Response Options
AR 1. Age.	<i>The respondent must be 16 to 49 years old</i>	Record years in number (example: 18, 26, etc.).....
AR 2. Level of education	<i>Choose one that applies.</i>	No education ☐ Undertaking, dropped or completing primary education ☐ Undertaking, dropped or completing secondary education ☐ Undertaking, dropped or completing tertiary ¹ education ☐ Other
AR3. Residence	<i>Sector, Cell and villages must be the ones where KFH Rwanda is located. Only record the name of the village.</i>	Sector Cell Village
AR 4. Where do you live/who do you live with?	<i>Choose one that applies.</i>	In a family house with adults ☐ Alone in an apartment (ghetto) ☐ In an apartment with others of my age and/or below ☐ In an apartment with others older than me ☐ Others

¹ Tertiary education refers to all formal post-secondary education, including public and private universities, colleges, technical training institutes, and vocational schools (World Bank).

Questions	Instructions	Response Options
AR 5. Employment status	<i>Choose one that applies. The one you see as your primary source of income.</i>	Employed ☐ Self-employed ☐ Unemployed ☐ A student ☐
AR 6. Where do you get means for living?	<i>Choose one that applies. The one you see as your primary source of income.</i>	Wage/salary ☐ Income from a business ☐ Support from parents or relatives ☐ Scholarship stipend ☐ Others

Section 2. Knowledge about contraception and use of OCPs (KOCP)

The following statements test your knowledge about contraception and the use of OCPs. Based on your knowledge, kindly choose a scale that applies to your level of knowledge. Only choose one.

	Untrue of me	Somewhat untrue of me	Neutral	Somewhat true of me	Very true of me
KOCP 1. It is good to seek advice before using contraception					
KOCP 2. OCPs are effective when used as prescribed					
KOCP 3. Sharing contraceptive pills with a friend is acceptable					
KOCP 4. Contraceptives are only for married women					
KOCP 5. Unprotected sex is acceptable regardless of contraception					
KOCP 6. Better to send someone else to buy OCPs out of fear					
KOCP 7. One can become pregnant without contraception					
KOCP 8. OCPs are useless					
KOCP 9. No need to ask for OCP information after buying					

	Untrue of me	Somewhat untrue of me	Neutral	Somewhat true of me	Very true of me
KOCP 10. OCPs may only be taken 8 hours after sex					
KOCP 11. OCPs prevent young women from enjoying sex					
KOCP 12. Reproductive health should not be discussed with parents					
KOCP 13. Misuse cannot harm reproductive health					
KOCP 14. No sex planned means no need for contraception					
KOCP 15. Correctly prescribed contraceptives harm reproductive health					

Section 3. Experience with the use of OCPs (EOPC)

Questions	Instructions	Responses
EOPC 1. Have you ever had sexual intercourse with a male?	<i>Choose one that applies.</i>	Yes ☐ No ☐
EOPC 2. If yes, for EOPC 1 , how old were you the first time you had sexual intercourse.	<i>Write the number of ages.</i>	
EOPC 3. Have you ever used any contraceptive methods?	<i>Choose one that applies.</i>	Yes ☐ No ☐
EOPC 4. If Yes to EOPC 3 , choose all contraceptive methods you used.	<i>Multiple selection</i>	Female sterilisation ☐ Oral contraceptive pills ☐ Intrauterine device/ Copper device (IUD) and/or Intrauterine System/ hormonal device ☐ Injectables ☐ Implants ☐ Female condom ☐

Questions	Instructions	Responses
		Natural method (Standard days method or symptothermal method) ☐ The lactational amenorrhea method (LAM) ☐ Vaginal ring ☐ Others.....
EOPC 5. If Oral contraceptive pills is one of your options for EOPC 4 , what drove you to choose oral contraceptive pills rather than other contraceptive methods available in your place.	<i>Choose one that applies most.</i>	Less expensive ☐ Only method available locally ☐ Most effective ☐ Works better with my body ☐ Only method I am aware of ☐ Recommended by a friend ☐ Recommended by a medical specialist ☐ Others.....
EOPC 6. The first time you used an oral contraceptive, where have you sought advice from?	<i>Choose one that applies most.</i>	Did not seek for advice ☐ Peers ☐ Parents/guardian or relative ☐ Pharmacist ☐ A specialised nurse at a health facility ☐ Other.....
EOPC 7. Do you take oral contraceptive pills regularly?	<i>Select one</i>	Yes ☐ No ☐

Questions	Instructions	Responses
EOPC 8. If no for EOPC 7 , do you take oral contraceptive pills before having sex with a male partner?	<i>Select one</i>	Yes ☐ No ☐
EOPC 9. If not for EOPC 7 , do you take oral contraceptive pills after having sex with a male partner?	<i>Select one</i>	Yes ☐ No ☐
EOPC 10. If not for EOPC 7 , do you take oral contraceptive pills before and after having sex with a male partner?	<i>Select one</i>	Yes ☐ No ☐
EOPC 11. In case you need advice on SRHR, where do you go?	<i>Choose one that applies most.</i>	I do not ask for advice ☐ Visit a friend/peer and talk ☐ Talk to parents/guardian ☐ Health facility (health post, health centre, etc.) ☐ Community health worker ☐ Other.....
EOPC 12. Source of information about OCPs.	<i>Multiple choice</i>	No place to find information ☐ A friend/peer ☐ Parent/ family ☐

Questions	Instructions	Responses
		Health facility/ specialised personnel ☐ ☐ Television ☐ Social media ☐ Community health worker ☐ Others.....
EOPC 13. Effects of misusing oral contraceptive pills	<i>Choose all that apply.</i>	Infertility ☐ Weight gain ☐ Headache ☐ Change in menstruation ☐ Other.....

Thank you for participating in this study!