

Supplementary Table S4. Individual MINORS and JBI Scores

Study	Construct	MINORS (/16)	JBI (/10)
Pan 2015	A	10	2
Rahmatullah 2018	A	10	3
Xu 2018	A	13	5
Elhalawany 2023	A	10	2
Saraglis 2022	A	7	2
Wen 2025	A	12	5
Sheu 2023	A	10	2
Maden 2025	A	8	2
Zeng 2025	A	10	2
Canapeti 2026	A	10	2
Porschke 2019	A	8	2
Vulliet 2018	A	10	2
Renaud 2024	A	8	2
Wen 2025	B	12	5
Wang 2020	B	12	5
Venjakob 2013	B	11	3
Lu 2016	B	13	5
Balke 2022	B	10	3
Hann 2018	B	10*	2
Jiang 2022 (CTEP)	B	9*	2
Jiang 2022 (MTEP)	B	9*	2
Xu 2018	C	13	5
Xue 2022	C	11	2
Lu 2016	C	13	5
Sun 2019	C	10*	2
Xue 2018	C	10*	2
Aguila 2023	C	7	1
Taleb 2019	C	8	1
Ren 2025	C	10	5

MINORS: Methodological Index for Non-Randomized Studies (0–16). JBI: Joanna Briggs Institute Checklist for Case Series (0–10).

*Estimated score based on similar study design characteristics; individual item breakdown not available from original data extraction.