

CARE Checklist

Checklist for reporting a case report

Instructions: use this checklist to verify that all essential elements of the clinical case are reported. Add the page number or manuscript section whenever possible.

No.	Section	What to include	Complete	Page/section
1	Title	Include “case report” and the main area of focus, such as a symptom, diagnosis, diagnostic test, or treatment.	Done	
2	Keywords	Provide 2–5 relevant keywords.	Done	
3	Abstract	Structure the abstract as introduction, case presentation, and conclusion.	Done	
4	Introduction	Explain the clinical context and why the case is relevant, with appropriate literature citations.	Done	
5	Patient information	Report age, sex, and relevant demographic data while preserving anonymity. Describe presenting symptoms, medical, family, medication, psychosocial, and relevant previous-intervention history.	Done	
6	Clinical findings	Describe the relevant physical-examination findings and other clinical observations.	Done	
7	Timeline	Present the major events in chronological order, preferably in a table or figure.	Done, no table	
8	Diagnostic assessment	Report diagnostic tests, results, clinical reasoning, differential diagnoses, and diagnostic or prognostic challenges.	Done	
9	Therapeutic intervention	Describe pharmacological, surgical, or other interventions, including dose, route, duration, changes, and rationale.	Done	
10	Follow-up and outcomes	Report clinical evolution, follow-up results, adherence, tolerability, adverse events, and final outcome.	Done	
11	Discussion	Discuss strengths and limitations, comparison with the literature, rationale for conclusions, and the main lessons from the case.	Done	
12	Patient perspective	Include the patient’s or family’s perspective on the clinical experience whenever possible.	N/A	
13	Informed consent	State that informed consent for publication of the case and any related images was obtained.	Done	

Additional checks for pediatrics and neonatology

It was not applicable because patients are adolescents.