CARE
case report guidelines

CARE Checklist of information to include when writing a case report

BY-NC-ND

Topic	Item	Checklist item description	Reported on Line
Title	1	The diagnosis or intervention of primary focus followed by the words "case report"	✓ Page 1, line 2-3
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	✓ Page 3, line 54-55
Abstract (no references)	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	✓ Page 2, line 27-29
	3b	Main symptoms and/or important clinical findings	✓ Page 2, line 34
	3c	The main diagnoses, therapeutic interventions, and outcomes	✓ Page 2, line 37-40
	3d	Conclusion—What is the main "take-away" lesson(s) from this case?	✓ Page 2, line 50-52
Introduction	4	One or two paragraphs summarizing why this case is unique (**may include references**)	✓ Page 4, line 76-78
Patient Information	5a	De-identified patient specific information.	✓ Page 4, line 83
	5b	Primary concerns and symptoms of the patient.	✓ Page 4, line 83-85
	5c	Medical, family, and psycho-social history including relevant genetic information	✓ Page 4, line 89-93
	5d	Relevant past interventions with outcomes	✓ Page 4, line 87
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings.	✓ Page 5, line 94-97
Timeline	7	Historical and current information from this episode of care organized as a timeline	✓ Page 6, line 118
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	✓ Page 5, line 103-105
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	✓ Page 4, line 87
	8c	Diagnosis (including other diagnoses considered)	✓ Page 6, line 111-113
	8d	Prognosis (such as staging in oncology) where applicable	✓ Page 5, line 108
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	✓ Page 5, line 107
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	✓ Page 5, line 108-110
	9c	Changes in therapeutic intervention (with rationale)	Not applicable
Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	✓ Page 6, line 115
	10b	Important follow-up diagnostic and other test results	Not applicable
	10c	Intervention adherence and tolerability (How was this assessed?)	✓ Page 6, line 115
	10d	Adverse and unanticipated events	✓ Page 6, line 115-116
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	✓ Page 11, line 204-215
	11b	Discussion of the relevant medical literature **with references**	✓ Page 7-8, line 131-144
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	✓ Page 10, line 189-193
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	✓ Page 11-12, line 221-227
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	Not applicable
Informed Consent	13	Did the patient give informed consent? Please provide if requested	Yes ☑ No ☐