

Expert by profession demographics

Note. Ethnicity or cultural background were not standardised by the research team. Instead, both the Steering Committee and Delphi panel members were asked to self-identify, in line with recommendations in Soubutts et al. (2024).

Characteristics	Round 1	Round 2	Round 3
Gender, n (%)			
Female	17 (80.95%)	14 (87.5%)	7 (87.5%)
Male	2 (9.52%)	1 (6.25%)	0
Non-binary	1 (4.76%)	0	0
Prefer not to say	1 (4.76%)	1 (6.25%)	1 (12.5%)
Age groups, n (%)			
25-29	3 (14.28%)	2 (12.5%)	1 (12.5%)
30-34	4 (19.05%)	4 (25%)	2 (25%)
35-39	4 (19.05%)	2 (12.25%)	0
40-44	4 (19.05%)	4 (25%)	3 (37.5%)
45-49	2 (9.52%)	0	0
50+	3 (14.29%)	3 (18.75%)	1 (12.5%)
Prefer not to say	1 (4.76%)	1 (6.25%)	1 (12.5%)
Ethnicity or cultural background, n (%)			
White/Caucasian	13 (61.9%)	9 (56.25%)	4 (50%)
Anglo-Saxon	2 (9.52%)	2 (12.25%)	1 (12.5%)
Jewish	1 (4.76%)	1 (6.25%)	1 (12.5%)
Brazilian	1 (4.76%)	1 (6.25%)	1 (12.5%)
Chinese	1 (4.76%)	0	0
Middle Eastern	1 (4.76%)	1 (6.25%)	0
Prefer not to say	2 (9.52%)	2 (12.25%)	1 (12.5%)
Professional background, n (%) (Experts can have multiple professional backgrounds)			
Researcher	9 (42.7%)	7 (43.75%)	2 (25%)
Clinician	8 (38.09%)	7 (43.75%)	3 (37.5%)
Academic	8 (38.09%)	6 (37.5%)	2 (25%)
Lawyer	1 (4.76%)	1 (6.25%)	1 (12.5%)
Public Health Practitioner	1 (4.76%)	1 (6.25%)	1 (12.5%)
Years of experience in the body image and eating disorders space, n (%)			
0-1 year	1 (4.76%)	1 (6.25%)	0
2-5 years	5 (23.8%)	4 (25%)	2 (25%)

Characteristics	Round 1	Round 2	Round 3
6-10 years	3 (14.28%)	1 (6.25%)	0
10-20 years	10 (47.61%)	9 (56.25%)	5 (62.5%)
20+ years	2 (9.52%)	1 (6.25%)	1 (12.5%)
Lived experience of eating disorders, n (%)			
Yes	11 (52.38%)	8 (50%)	3 (37.5%)
No	5 (23.8%)	4 (25%)	2 (25%)
Prefer not to say	5 (23.8%)	4 (25%)	3 (37.5%)