

Expert by lived experience demographics

Note. Ethnicity or cultural background was not standardised by the research team. Instead, both the Steering Committee and Delphi panel members were asked to self-identify, in line with recommendations in Soubutts et al. (2024).

Characteristics	Round 1	Round 2	Round 3
Gender, n (%)			
Female	17 (85%)	11 (78.57%)	6 (75%)
Male	1 (5%)	1 (7.14%)	1 (12.5%)
Non-binary	2 (10%)	2 (14.29%)	1 (12.5%)
Age groups, n (%)			
20-24	5 (25%)	3 (21.43%)	1 (12.5%)
25-29	5 (25%)	5 (35.71%)	4 (50%)
30-34	6 (30%)	4 (28.57%)	3 (37.5%)
35-39	2 (10%)	1 (7.14%)	0
40-44	1 (5%)	1 (7.14%)	0
45-49	0	0	0
50+	1 (5%)	0	0
Ethnicity or cultural background, n (%)			
White/Caucasian	14 (70%)	9 (64.29%)	5 (62.5%)
Indian-Australian	1 (5%)	1 (7.14%)	0
Iraqi-Australian	1 (5%)	1 (7.14%)	1 (12.5%)
Sri Lankan-Australian	1 (5%)	1 (7.14%)	1 (12.5%)
Chinese-Malaysian	1 (5%)	1 (7.14%)	1 (12.5%)
Filipino	1 (5%)	1 (7.14%)	1 (12.5%)
Maori-English-Irish	1 (5%)	0	0
Education level, n (%)			
Diploma/Certificate	3 (15%)	2 (14.29%)	0
Undergraduate	10 (50%)	6 (42.86%)	2 (25%)
Masters	5 (25%)	4 (28.57%)	4 (50%)
PhD	1 (5%)	1 (7.14%)	1 (12.5%)
Postdoc	1 (5%)	1 (7.14%)	1 (12.5%)
History of eating disorder diagnosis, n (%) (Experts can have multiple eating disorder diagnoses)			
Anorexia nervosa	16 (80%)	12 (85.71% (18/21))	6 (75%)
Bulimia nervosa	2 (10%)	1 (7.14%)	0
Purging disorder	1 (5%)	0	0
Binge eating disorder	1 (5%)	1 (7.14%)	1 (12.5%)

Characteristics	Round 1	Round 2	Round 3
Avoidant/restrictive food intake disorder (ARFID)	1 (5%)	1 (7.14%)	1 (12.5%)
Other specified feeding and eating disorder (OSFED)	1 (5%)	1 (7.14%)	1 (12.5%)