

Table 2. Primary and secondary outcomes in the propensity score–matched cohort

Outcome	Usual care (n = 219)	PT-led early mobilization (n = 219)	aRR (95% CI)	<i>p</i> value
Primary outcome				
Postoperative ileus	45 (20.5)	12 (5.5)	0.18 (0.07–0.37)	<0.001
Secondary outcomes				
No autonomous mobilization within 24 h	83 (37.9)	48 (21.9)	0.58 (0.40–0.82)	0.0004
Failure of initial mobilization attempt	75 (34.2)	66 (30.1)	0.88 (0.63–1.23)	0.358
Mobilization-related adverse events ¹	10 (4.61)	1 (0.5)	0.10 (0.01–0.52)	0.028

Data are n (%). Adjusted risk ratios were estimated using modified Poisson regression with robust variance after propensity score matching.

Abbreviations: aRR, adjusted risk ratio; CI, confidence interval.

¹Mobilization-related adverse events included falls, syncope, or knee buckling occurring during or immediately after mobilization.

Propensity score matching was performed using a 1:1 nearest-neighbor algorithm with a caliper width of 0.2 of the standard deviation of the logit of the propensity score.