SEMI-STRUCTURED INTERVIEW GUIDE FOR NURSES

Researchers at the Faculty of Medicine, Vilnius University, are conducting a study on nurses' experiences in creating a safe environment for people with dementia. We would be grateful if you could spare 30–40 minutes to answer the questions provided. Our conversation will be recorded and transcribed. Your anonymity and confidentiality will be maintained during the analysis of the research results. The study is being conducted in accordance with research ethics guidelines.

SEMI-STRUCTURED INTERVIEW OUTLINE	
Interview questions	**Sources**
I. Demographic data	
1. How old are you?	
2. How many years have you been working with people with dementia?	
3. What is your educational background?	
II. Factors influencing the creation of a safe environment and the methods used.	
4. In your opinion, what constitutes *a safe environment* when caring for people with dementia?	
5. Please share an experience where your idea or actions helped to create a safe environment. (Perhaps you came up with an idea to help a patient remember where their room is? Or do you have any suggestions, as yet not implemented, on how to help someone with dementia?)	
6. How do you help newly arrived patients find their bearings, get to know other residents or involve them in community life? Please tell us about it.	Chaudhury, H., Cooke, H. A., Cowie, H., & Razaghi, L. (2018).
7. Please tell us how you manage to build a rapport with patients. What tactics or methods do you use to get to know them?	Baranauskienė, I. (2020). *The paradox of the right to healthcare*.

8. Do you organise activities or sessions for patients? Please describe what patients' daily lives are like at your facility?	Vaikasienė, V., and Gerikienė, V. (2021).
9. What methods do you use to calm an agitated or aggressive patient? What non-pharmacological interventions do you use when trying to calm a patient? (Do you use medication prescribed by doctors in such cases?)	Kairiūnienė, E., Valiulienė, Ž., and Stalnionienė, L. (2024).
10. Please describe how patients' relatives contribute to creating a safe environment for patients. Do they maintain close contact with staff and the patients themselves?	Lapinskienė, L. and Kevišienė, V. (2023).
11. In your opinion, are the premises at your institution adapted for people with dementia? Please describe what makes these premises unique and how they help patients?	Order of the Minister of Health of the Republic of Lithuania No. V-76 of 22 July 2024. Vilnius.
12. In your opinion, what measures or methods could help to create a safe environment for people with dementia?	Bennett, K., Fleming, R., et al. (2020).
III. Challenges in creating a safe environment	
13. Please describe the challenges you face when working with patients with dementia.	Allen, A. P., Buckley, M. M., Cryan, et al. (2020)
14. How do you recognise changes in a patient's health, such as pain, if the patient finds it difficult to express their feelings in words?	Kairiūnienė, E., Valiulienė, Ž., and Stalnionienė, L. (2024). World Health Organisation. (2017).
15. Please describe the feelings you experience when working with patients with dementia. In your opinion, what personality traits are most important for staff?	

IV. Training needs for carers	
16. What additional training or courses have you undertaken relating to the care of people with dementia? How many hours?	Jokubaitytė, K., Grigaliūnienė, V. (2024).
17. Please tell us whether the courses you attended were useful. Have you applied the knowledge you gained in practice in your work?	Jokubaitytė, K., Grigaliūnienė, V. (2024).
18. In your opinion, would you like to take part in courses on the care of people with dementia? Please list the topics on which you would like to deepen your knowledge.	