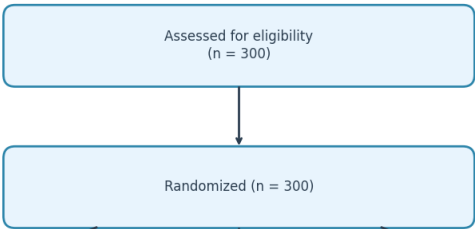
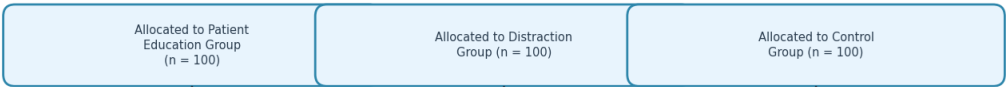


CONSORT Flow Diagram

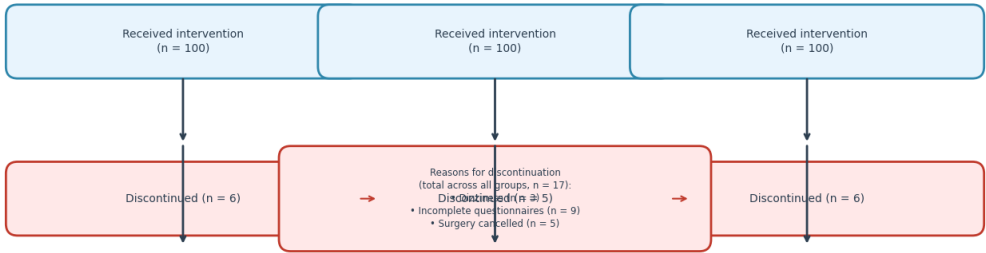
Enrollment



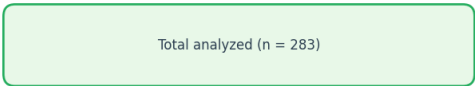
Allocation



Follow-up



Analysis



*Note: This randomized controlled trial enrolled 300 patients scheduled for elective laparoscopic cholecystectomy. Patients were randomly assigned to three groups: patient education (n = 100), distraction (n = 100), and control (n = 100). Seventeen participants were discontinued across all groups: dizziness (n = 3), incomplete questionnaires (n = 9), and surgery cancellation (n = 5). Final analysis included 283 participants.*