

CARE Checklist of information to include when writing a case report

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Topic	Item	Checklist item description	Reported on Line
Title	1	The diagnosis or intervention of primary focus followed by the words "case report"	-1-2
	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	26-27
	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	20-21
	3b	Main symptoms and/or important clinical findings.	20-21
Key Words	3c	The main diagnoses, therapeutic interventions, and outcomes	22
	3d	Conclusion—What is the main "take-away" lesson(s) from this case?	23-25
	4	One or two paragraphs summarizing why this case is unique (may include references)	69-70
Abstract (no references)	5a	De-identified patient specific information.	75
	5b	Primary concerns and symptoms of the patient	78-79
Introduction	5c	Medical, family, and psycho-social history including relevant genetic information	76-77
	5d	Relevant past interventions with outcomes	76-77
Patient Information	6	Describe significant physical examination (PE) and important clinical findings.	98-99
	7	Historical and current information from this episode of care organized as a timeline	
Clinical Findings	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys)	
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	
Timeline	8c	Diagnosis (including other diagnoses considered)	82-83
	8d	Prognosis (such as staging in oncology) where applicable	
Diagnostic Assessment	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	80-81
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	100
Therapeutic Intervention	9c	Changes in therapeutic intervention (with rationale)	
	10a	Clinician and patient-assessed outcomes (if available)	
Follow-up and Outcomes	10b	Important follow-up diagnostic and other test results	124-125
	10c	Intervention adherence and tolerability (How was this assessed?)	
Discussion	10d	Adverse and unanticipated events	
	11a	A scientific discussion of the strengths AND limitations associated with this case report.	135-208
Patient Perspective	11b	Discussion of the relevant medical literature with references.	
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	
Informed Consent	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion.	210
	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received.	274
	13	Did the patient give informed consent? Please provide if requested	Yes ☒ No ☐