

Supplementary 1: Semi-structured Interview Guide

Title: “Caring under Constraint: Experiences of Family Caregivers of Paediatric Stroke Survivors in Ghana – A Qualitative Study.”

Dear Participant,

You are welcome, and thanks for taking the time to understand information about this research and your decision to voluntarily participate. Again, thanks for signing or thumbprinting. You are informed that the purpose of this research is to explore the experiences of family caregivers of paediatric stroke survivors in Ghana, focusing on the Kumasi Metropolis. The interview is only about your experiences with the children who have survived with stroke. I therefore humbly request that you share with me your experiences of raising the child

Participant number.....

Date/time of interview.....

Interview number.....

Section A: Demographic data of the Survivors

1. Age (year)

6– 9

10 – 13

14– 17

2. Gender

Male

Female

3. Duration of surviving with the stroke since

1 – 3

4 – 6

7+

Background information form /Demographic Characteristics family caregiver

Age (years).....

Gender (male or female)

Religious Affiliation

Nationality.....

Number of years of caregiving

Number of children

Relation of family caregiver to the paediatric stroke survivor.....

Section B: Experiences of Family Caregivers in caring for paediatric stroke survivors

1. Please share with me your experiences of caring for a child with a stroke.
2. Describe your socio-economic background and its effect on your role as a family caregiver to the child you are caring for?
 - Level of education
 - Current Occupation
 - The Family's income

3. Describe the characteristics you observe in paediatric stroke survivors?

Probe

- Movement (Motor) severity
- Brain (Cognitive) functionality
- The activities of daily living
- Other available medical problems

4. How do you feel about the behaviour observed in the child with a stroke?

Probe

- Conduct behaviour
- Hyperactivity
- Emotional disorder
- Somatisation

5. Can you please tell me the demands in caring for the child with a stroke?

Probe

- Daily demands of care
- Caregiving role
- Occupational role
- Role's conflict

6. Describe the challenge you face caring for a paediatric stroke patient?

Probe

- Physical
- Psychological

7. What is your perception of the care you give to the child you are taking care of and how are you coping with the situation?
8. Please share with me how you are supported during the care of the child who has a stroke?

Probe:

- Family support
- Friends support
- Neighbours/ community support

9. How are you able to cope with the experience?

Probe

- What are your strategies?
- What practices do you engage in?

10. How did the family function as a unit in caring for the paediatric stroke survivor?

Thank you for your time