Government of Nepal
Nepal Health Research Council (NHRC)
Estd. 1991

Ref. No.: 1536

21 January 2025

Mr. Birkha Bahadur Bist

Principal Investigator

Pokhara University, Pokhara

Ref: Approval of thesis protocol

Dear Mr. Bist,

This is to certify that the following protocol and related documents have been reviewed and granted approval through the expedited review process for its implementation.

Protocol Registration No/ Submitted Date	39_2025 11 JAN 2025	**Sponsor Protocol No**	NA
Principal Investigator/s	Mr. Birkha Bahadur Bist	**Sponsor Institution**	Royal Society of Tropical medicine and hygiene(RSTMH) in partnership with NIHR
Title	Knowledge, Attitudes, and Practices About Sickle Cell Anemia in the Tharu Communities of Kailali District, Nepal		
Protocol Version No	NA	**Version Date**	NA
Other Documents	1. Data collection tools 2. Informed Consent Form 3. Sponsor agreement letter 4. Institutional recommendation letter of Pokhara University 5. Approval letter study site 6. Supervisor recommendation letter 7. Cover letter 8. Role of Investigator 9. Conflict of Interest (CoI) 10. Training Certificate 11. Work plan	**Risk Category**	Minimal risk
Co-Investigator/s	1. Hari Prasad Kaphle		
Study Site	Kailali District, Nepal		
Type of Review	√ **Expedited** ☐ Full Board **Review Date:** 21 January 2025	**Timeline of Study** 21 JAN 2025 to DEC 2025 **Duration of Approval** 21 JAN 2025 to 20 JAN 2026	**Frequency of continuing review** NA

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		This approval will be valid for one year	
Total budget of research	**NRs 7,21,937.00**		
Ethical review processing fee	**NRs 10,000.00**		

Investigator Responsibilities

- Permissions from the study sites is required before initiating the study.
- If you do not start the project within 3 months of this letter, please contact the Ethical Review M & E Section at NHRC.
- Any amendments shall be approved from the ERB before implementing them
- Submit progress report every 6 months
- Submit final report after completion of protocol procedures at the study site
- Comply with all relevant international and NHRC guidelines
- Abide by the principles of Good Clinical Practice and ethical conduct of the research

If you have any questions, please contact the Ethical Review M & E Section at NHRC.

Thanking you,

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Dr. Pramod Joshi

Member Secretary

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