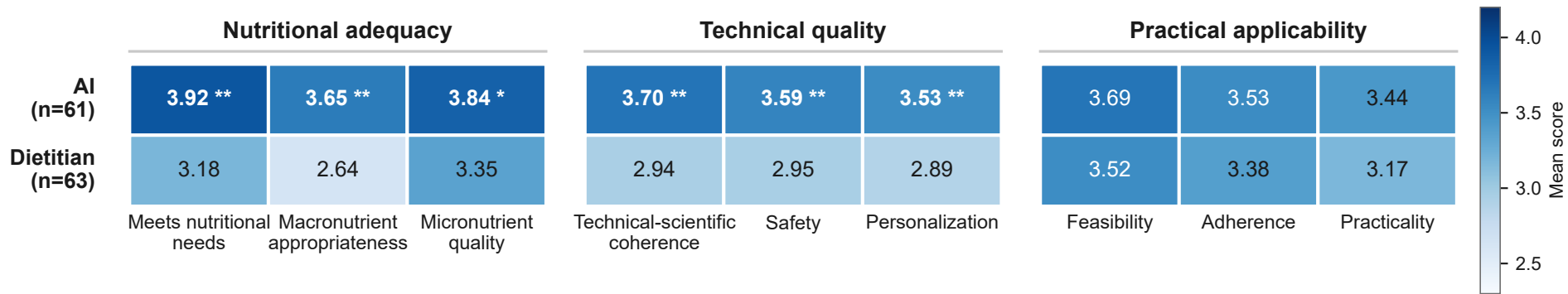


## Mean item scores by plan origin (1-5 scale)



Higher (darker) = higher mean rating. \*\*  $p < 0.01$ , \*  $p < 0.05$  (Mann-Whitney U, two-sided).  $n = 130$  evaluations (64 AI-generated, 66 dietitian-designed).