

- 1 Table 1. Assessment criteria for parental anxiety levels

No	Score	Anxiety Level
1	0	Minimal Anxiety
2	5-9	Mild Anxiety
3	10-14	Moderate Anxiety
4	15	Severe Anxiety

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- 3 Table 2. Criteria for assessing the level of Holistic Transcendence Parenting

No	Score	Holistic Transcendence Parenting Level
1	0-18	Has a very low level of holistic transcendence
2	19-37	Has a low level of holistic transcendence
3	38-56	Has a moderate level of holistic transcendence
4	57-75	Has a high level of holistic transcendence

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- 5 **Table 1** Validity test result

No	Instrument	r-Count	r-Table	Conclusion
1	X ₁	0,093	0,001	valid
2	X ₂	0,136	0,001	valid
3	X ₃	0,138	0,001	valid
4	X ₄	0,144	0,001	valid
5	X ₅	0,117	0,001	valid
6	X ₆	0,141	0,001	valid
7	X ₇	0,130	0,001	valid
8	X ₈	0,017	0,001	valid
9	X ₉	0,030	0,001	valid
10	X ₁₀	0,024	0,001	valid
11	X ₁₁	0,043	0,001	valid
12	X ₁₂	0,054	0,001	valid
13	X ₁₃	0,060	0,001	valid
14	X ₁₄	0,052	0,001	valid

15	X ₁₅	0,224	0,001	valid
16	X ₁₆	0,238	0,001	valid
17	X ₁₇	0,172	0,001	valid
18	X ₁₈	0,278	0,001	valid
19	X ₁₉	0,330	0,001	valid
20	X ₂₀	0,325	0,001	valid
21	X ₂₁	0,399	0,001	valid
22	X ₂₂	0,356	0,001	valid
23	X ₂₃	0,528	0,001	valid
24	X ₂₄	1	0,001	valid
25	X ₂₅	0,564	0,001	valid
26	X ₂₆	0,318	0,001	valid
27	X ₂₇	0,283	0,001	valid
28	X ₂₈	0,266	0,001	valid
29	X ₂₉	0,210	0,001	valid
30	X ₃₀	0,293	0,001	valid
31	X ₃₁	0,160	0,001	valid
32	X ₃₂	0,475	0,001	valid

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7 **Table 2** Reliability test result

Cronbach's Alpha	Number of Items
.849	32

8

9 **Table 3** Data normality test

		X	Y
N		6634	6634
Normal Parameters ^{a,b}	Mean	8.69	50.95
	Standard Deviation	4.688	9.905
Most Extreme Differences	Absolute	.104	.056
	Positive	.104	.028
	Negative	-.041	-.056
Test Statistic		.104	.056
Asymp. Sig. (2-tailed) ^c		<.001	<.001

Monte Carlo Sig. (2-tailed) ^d	Sig.	<.001	<.001
99% Confidence Interval	Lower Bound	.000	.000
	Upper Bound	.000	.000

Table 4 The relationship between parental anxiety and holistic transcendent parenting

	X	Y
X		
Pearson Correlation	1	.199***
Sig. (2-tailed)		<.001
N	6634	6634
Y		
Pearson Correlation	.199***	1
Sig. (2-tailed)	<.001	
N	6634	6634

***. Correlation at 0.001 (2-tailed)

Table 5 Parental Anxiety Level

No.	Anxiety level	N	Percentage
1	Minimal	1276	19.23
2	Mild	2776	41.85
3	Moderate	1772	26.71
4	Severe	810	12.21
Total Amount		6634	100.0

Table 6 Holistic Transcendent Parenting level

No.	Holistic Transcendent Parenting Level	N	Percentage
1	Very Low	72	1.09
2	Low	1295	19.52
3	Medium	4878	73.53
4	High	389	5.86
Total Amount		6634	100.00