

TABLE 1. PwO's grade of satisfaction about the quality of life (PwO: Patients with Obesity, Group A: BMI 30-34,9 kg/m² , Group B: BMI $\geq$ 35 kg/m²)

	<i>PwO (%)</i>	<i>Group A (%)</i>	<i>Group B (%)</i>	<i>p value</i>
Very satisfied	2	2	1	.004
Quite satisfied	38	49	25	
Neutral	36	31	42	
Not really satisfied	16	16	15	
Not satisfied at all	8	2	17	

TABLE 3. Group B's adverse opinion on BMS (Gruppo A: BMI 30-34.9 kg/m²; Gruppo B: BMI $\geq$ 35 kg/m²)

	<i>Group B (%)</i>	<i>95% CI</i>
Collateral effects	51	45-57
Unexpected issues during surgery	50	44-57
Belief that it was not suitable	27	22-32
Costs entailed	26	21-31

TABLE 2. PwO's opinion regarding obesity, lack the motivation to lose weight, remedies to lose weight and knowledge of BMS (PwO: Patients with Obesity, Group A: BMI 30-34,9 kg/m² , Group B: BMI $\geq$ 35 kg/m²)

	<i>PwO % (CI 95%)</i>	<i>Group A % (CI 95%)</i>	<i>Group B % (CI 95%)</i>	<i>p-value</i>
Obesity consideration				
Aesthetic discomfort	60 (54-65)	52 (44-59)	71 (62-78)	0.0006
Physical efficiency problem	59 (53-64)	52 (44-59)	69 (60-76)	0.002
Health issue	59 (53-64)	58 (50-65)	60 (51-68)	0.72
Psychological distress in their relationship with themselves	47 (41-53)	39 (32-46)	57 (48-65)	0.001
Distress in social relationships	42 (36-47)	36 (29-43)	49 (40-57)	0.02
Motivation to lose weight				
Lack of will	46 (30-53)	51 (42-61)	39 (29-51)	0.10
Inefficacy of remedies taken in the past	38 (31-45)	35 (27-45)	43 (31-54)	0.26
'I'm feeling well in my current situation'	14 (9-20)	15 (9-23)	11 (5-19)	0.43
No efficient remedies to lose weight	9 (5-14)	8 (4-15)	10 (4-18)	0.62
Remedies to lose weight				
'Selfmade' diet	51 (43-58)	57 (48-67)	44 (33-55)	0.0001
Tailored diet under medical surveillance	35 (30-41)	29 (20-38)	42 (31-56)	0.05
Regular Physical Activity	29 (24-34)	31 (22-40)	27 (18-38)	0.54
Supplements	12 (9-16)	14 (8-22)	9 (3-16)	0.28
Antiobesity Drugs under medical surveillance	3 (1-5)	1	5 (1-10)	0.09
Surgical Treatment	2	-	4 (1-10)	
Psychological therapy	2	1	3	0.30
Knowledge of BMS				
Never heard about it	12 (8-16)	10 (6-15)	15 (10-22)	0.18
Knew about it	88 (84-91)	90 (85-94)	85 (80-90)	