

Additional file 9. Morning forums

Summer Institute 2025: Morning forum topics and questions

Conversations and Connections (May 27)

1. What initially drew you to health research, and has that reason changed over time?
2. Who do you aim to serve through your research, and what kind of impact do you hope to make in their lives?
3. Do you have any practices or rituals that ground you in your personal or professional life?
4. What is the most rewarding and/or challenging part of your research?
5. If funding and time weren't an issue, what research project would you pursue tomorrow?
6. What would a truly equitable and compassionate health system look like to you?
7. What is a non-academic skill that makes you a better researcher?
8. What is a time a peer or supervisor made you feel seen and supported during grad school?

Knowledge Dissemination Beyond Scientific Journals (May 28 and May 29)

The proposed activity is to review knowledge dissemination outlets outside traditional academic publishing in scientific journals. Trainees were invited to explore the publication process in *The Conversation*, and review Dr. X's articles published in *The Conversation*. A document with information *The Conversation* and two additional outlets, *Stanford Social Innovation Review* and *Policy Options*, was provided to trainees.

Dr. X joined the trainees for the Morning Forum on May 29 to continue the discussion on knowledge dissemination.

Conversations and Reflections (May 30)

1. What is one thing you learned that changed the way you think about sex and gender in research?
2. What is something you felt was missing or could have been explored further in the Summer Institute?
3. What questions are you leaving with?
4. Which session from the Summer Institute impacted you most? Why?
5. What is one commitment you want to make (to yourself, your research, your community, etc.) after this week?
6. Do you see your own research in a new light? Why or why not?
7. What is one thing you plan to do differently in your research or practice from now on?
8. Who or what made you feel a sense of belonging this week, and how can we carry that forward as a research community?