

Patient Interview

Hello!

We would like to invite you to participate in the “Implementation Study on Weight Management for Patients with Overweight/Obesity Complicated by Dyslipidemia.” This project has been reviewed and approved by the Scientific Ethics Committee of the Seventh Affiliated Hospital of Southern Medical University. This interview will be conducted anonymously, and your personal information will be kept strictly confidential. However, we will record the interview content to facilitate the organization and analysis of the interview data by our researchers. The interview content will be used solely for research purposes.

Before the formal interview begins, please take a moment to read the Informed Consent Form for this project. Please answer the following questions based on what best reflects your actual situation or genuine feelings. We deeply appreciate your valuable time! Wishing you good health and smooth sailing in your work!

Basic Information:

Gender: ① Male ② Female

Age: _____ **Occupation:** _____

Education Level: ① Middle School and Below ② Junior College ③ Bachelor's Degree ④ Postgraduate Studies

Marital Status: A. Single B. Married C. Divorced or Separated D. Other Main

Contents:

- 1.Are you paying attention to your weight?
- 2.Do you think being overweight or obese affects health?
- 3.Are you familiar with what the normal weight range is?
- 4.Do you have any thoughts about losing weight?
- 5.Have you ever received training on how to lose weight? If so, what was the method of instruction?
- 6.Have you ever tried to lose weight in the past? Was your weight-loss attempt successful or unsuccessful at the time? And how did you go about losing weight then?

7.What do you think is the single most critical reason for your failure (or success) in losing weight?

8.Do you currently want to lose weight? If so, how would you like us to help you?

9.Would you like to work together with our medical staff to develop a weight-loss plan that's right for you?

10.Are you willing to overcome difficulties and stick to the established plan?