

MCAT Self-Efficacy Survey					
1 - If you are not at all confident that you can do the task. 2 - If you are only a little confident that you can do the task. 3 - If you are fairly confident that you can do the task. 4 - If you are very confident that you can do the task. 5- If you are totally confident that you can do the task.					
1. I am confident in my study skills to prepare for tests.	1	2	3	4	5
2. I am confident that I can perform well on tests.	1	2	3	4	5
3. I am confident that I can apply my test-taking skills to successfully answer MCAT (or MCAT- style) questions in the Biological Sciences.	1	2	3	4	5
4. I am confident that I can apply my test-taking skills to successfully answer MCAT (or MCAT- style) questions in the Chemical and Physical Sciences.	1	2	3	4	5
5. I am confident that I can apply my test-taking skills to successfully answer MCAT (or MCAT- style) questions in the Psychological, Social, and Biological Foundations of Behavior.	1	2	3	4	5
6. I am confident that I can apply my test-taking skills to successfully answer MCAT (or MCAT- style) questions in Critical Analysis and Reasoning Skills.	1	2	3	4	5
7. I am confident that I can prioritize time to come to the MCAT preparation sessions when there are other interesting things to do.	1	2	3	4	5
8. I am confident that I can work through difficult or challenging MCAT (or MCAT-style) problems.	1	2	3	4	5
9. I am confident that I can motivate myself to prepare for these MCAT sessions.	1	2	3	4	5
10. I am confident that I can learn the MCAT test-taking strategies presented in this course.	1	2	3	4	5
11. I am confident that I can perform well on the MCAT (or practice MCAT) exam.	1	2	3	4	5

Supplemental 1. MCAT Self-Efficacy Survey questions.