



„Studying and Staying Mentally Healthy: Universities in Dialogue“

- Survey for University Staff -

Thank you very much for taking the time to participate in our survey on promoting mental health at universities!
Please go through the questions one by one and complete the entire survey based **on your personal perspective**.
Unless otherwise indicated, please select only one option.

Generally, you should provide your answers by:
checking the box: ☐
or entering a number or text in the appropriate lines.

1. General Information

1	How old are you?	_____	years
2	How long have you been working at this university?	_____	years
3	How long have you generally been working in higher education?	_____	years
4	What is your gender?	O ₀ female	O ₁ male O ₂ diverse
5	In which area do you work at your university? (Multiple answers are allowed)		
5.1	O ₁ Student Services	5.6 O ₁ Executive Management	5.11 O ₁ Teaching & Research
5.2	O ₁ Examination Office	5.7 O ₁ Property Management & Maintenance	5.12 O ₁ Psychosocial Counseling
5.3	O ₁ BAföG-Office	5.8 O ₁ Library & Information Management	5.13 O ₁ Inclusion/Equality Officer
5.4	O ₁ Central Student Advising Office	5.9 O ₁ Fundraising & Alumni Relations	5.14 O ₁ Another one, namely:
5.5	O ₁ University Sports & Recreation	5.10 O ₁ Administration (Finance, IT)	_____

2. University and Mental Health Promotion

6.1	Do you see your role at the university as involving efforts to promote students' mental health?
	O ₁ Yes (continue at 6.2) O ₀ No (continue at 7)
6.2	If so, please briefly describe the role you see yourself playing (based on your professional position) in promoting students' mental health (e.g., mentor, educator, support provider).
	[Add free text here]

3. Personal Knowledge and Skills

7	How confident do you feel when interacting with students who are experiencing a mental health crisis?
	[Add free text here]
8	How do you deal with students who are experiencing a mental health crisis, or how would you deal with them?
	[Add free text here]
9	In what areas would you like to receive support in dealing with students experiencing mental health crises?
	[Add free text here]

4. Attitudes and Stigmatization

There are many different views on people with mental illnesses. We'd like to know what you think the majority of the population or most people believe.

[continue on the next side]



10	Please answer the following questions using the 5-point scale provided below. Please check the box that indicates how strongly you agree or disagree. Please answer every question; do not skip any.	[SSMIS-SF1]				
		<i>Strongly disagree</i>		<i>neither</i>		<i>Strongly agree</i>
I think the public believes...						
10.1.	...most people with mental illness cannot be trusted.	O ₀	O ₁	O ₂	O ₃	O ₄
10.2.	... most people with mental illness are disgusting.	O ₀	O ₁	O ₂	O ₃	O ₄
10.3.	...most people with mental illness are unable to find or keep a steady job.	O ₀	O ₁	O ₂	O ₃	O ₄
10.4.	...most people with mental illness are dirty and unkempt.	O ₀	O ₁	O ₂	O ₃	O ₄
10.5.	...most people with mental illness are to blame for their problems.	O ₀	O ₁	O ₂	O ₃	O ₄
10.6.	...most people with mental illness have below-average intelligence.	O ₀	O ₁	O ₂	O ₃	O ₄
10.7.	...most people with mental illness are unpredictable.	O ₀	O ₁	O ₂	O ₃	O ₄
10.8.	...most people with mental illness will not recover or get better	O ₀	O ₁	O ₂	O ₃	O ₄
10.9.	...most people with mental illness are dangerous.	O ₀	O ₁	O ₂	O ₃	O ₄
10.10.	...most people with mental illness are unable to take care of themselves.	O ₀	O ₁	O ₂	O ₃	O ₄

11	Now that we've asked what others might think, we'd like to know what you think. We're interested in which statements you agree with and which you disagree with. Please answer the following questions again on a 5-point scale. Please answer every question and don't skip any.	[SSMIS-SF2]				
		<i>Strongly disagree</i>		<i>neither</i>		<i>Strongly agree</i>
I think...						
11.1.	...most people with mental illness are to blame for their problems.	O ₀	O ₁	O ₂	O ₃	O ₄
11.2.	...most people with mental illness are unpredictable.	O ₀	O ₁	O ₂	O ₃	O ₄
11.3.	...most people with mental illness will not recover or get better.	O ₀	O ₁	O ₂	O ₃	O ₄
11.4.	...most people with mental illness are unable to find or keep a steady job.	O ₀	O ₁	O ₂	O ₃	O ₄
11.5.	...most people with mental illness are dirty and unkempt.	O ₀	O ₁	O ₂	O ₃	O ₄
11.6.	...most people with mental illness are dangerous.	O ₀	O ₁	O ₂	O ₃	O ₄
11.7.	...most people with mental illness cannot be trusted.	O ₀	O ₁	O ₂	O ₃	O ₄
11.8.	...most people with mental illness have below-average intelligence.	O ₀	O ₁	O ₂	O ₃	O ₄
11.9.	...most people with mental illness are unable to take care of themselves.	O ₀	O ₁	O ₂	O ₃	O ₄
11.10.	...most people with mental illness are despicable.	O ₀	O ₁	O ₂	O ₃	O ₄