

Tables

Table1. The top three factors of anxiety during pregnancy by the age groups

Years old (n=1987)	No 1	No2	No3
< 19y.o. (n=25)	Money or financial situation (17/25, 68%)	Is the baby born safely? (13/25, 52%)	My health and physical condition (9/25, 36%)
20 - 29 (n=744)	Is the baby born safely? (474/744, 63.7%)	Money or financial situation (324/744, 43.6%)	Is the baby normal? (312/744, 41.9%)
30 – 39 (n=1149)	Is the baby born safely? (688/1149, 59.9%)	Is the baby normal? (576/1149, 50.1%)	My health and physical condition (408/1149, 35.5%)
40 y.o.< (n=69)	Is the baby normal? (44/69, 63.8%)	Is the baby born safely? (44/69, 63.8%)	Money or financial situation (25/69, 36.2%)

Question:

Are you feeling uneasy during pregnancy? If you have anxiety, please choose three most anxious things (from 23 items).

Table2. The odds ratios for raising the baby's safety as anxious thing during pregnancy

		Odds ratio	95% CI	
Age (years old)				
	< 19	0.64	0.27	1.52
	20-29	1 (Reference)		
	30-39	0.92	0.75	1.12
	40 <	1.04	0.61	1.76
Occupation				
	Office employee	0.94	0.74	1.12
	Housewife	1 (Reference)		
	Public employee	1.67	1.08	2.59
	Self-employed	0.9	0.47	1.73
	Part-time worker	0.74	0.56	0.98
	Student	0.96	0.21	4.27
	No occupation	1.54	0.77	3.07
	Others	0.73	0.37	1.45
Past birth experience				
	First pregnancy	1 (Reference)		
	Have pregnancy experience (with abortion or miscarriage)	1.06	0.78	1.44
	Have birth experience (no abortion or miscarriage)	0.68	0.52	0.88
	Have birth experience (with abortion and miscarriage)	0.75	0.57	0.99
Self-assessment risk on PD (%)				
	0	1 (Reference)		
	10-30	1.3	0.93	1.81
	30-50	1.29	0.92	1.8
	50-70	0.94	0.65	1.37
	70-90	0.76	0.44	1.28
	100	0.4	0.18	0.88

*Odds ratio based on a self-rating risk of PD 0% aged 20 - 29, occupation of housewife, first pregnancy.

Table 3. The top three factors of anxiety after the childbirth for the pregnant women by the age groups

Year old (n=1987)	No 1	No2	No3
< 19y.o (n=25)	Money or financial situation (21/25, 84%)	Baby care (13/25, 52%)	Return to work (6/25, 24%)
20 -29 (n=744)	Baby care (420/744, 56.5%)	Money or financial situation (372/744, 50%)	Baby's health and illness (172/744, 23.1%)
30 – 39 (n=1149)	Baby care (512/1149, 44.6%)	Money or financial situation (485/1149, 42.2%)	Return to work (296/1149, 25.8%)
40y.o < (n=69)	Money or financial situation (32/69, 46.4%)	Baby care (26/69, 37.7%)	Kindergarten and nursery school (22/69, 31.9%)

Question:

Do you feel uneasy about postpartum? If you have anxiety, please choose three most anxious things.

Table 4. The odds ratios for raising the baby care as anxious after childbirth

		Odds ratio	95% CI	
Age (years old)				
	< 19	0.66	0.28	1.57
	20-29	1 (Reference)		
	30-39	0.72	0.59	0.89
	40 <	0.56	0.33	0.98
Occupation				
	Office employee	0.94	0.75	1.2
	housewife	1 (Reference)		
	Public employee	0.96	0.64	1.43
	Self-employed	0.83	0.43	1.6
	Part-time worker	0.86	0.64	1.14
	Student	0.56	0.13	2.38
	No occupation	0.94	0.49	1.81
	Others	0.57	0.13	2.38
Past birth experience				
	First pregnancy	1 (Reference)		
	Have pregnancy experience (with abortion or miscarriage)	0.85	0.63	1.15
	Have birth experience (no abortion or miscarriage)	0.31	0.24	0.41
	Have birth experience (with abortion and miscarriage)	0.29	0.21	0.39
Self-Assessment of PD (%)				
	0	1 (Reference)		
	10-30	2.08	1.44	2.99
	30-50	2.77	1.92	3.99
	50-70	3.02	2.01	4.58
	70-90	4.19	2.37	7.4
	100	1.97	0.87	4.46

*Odds ratio based on a self-rating risk of PD 0% aged 20 - 29, occupation of housewife, first pregnancy.